



Lake County Soccer Club
Travel Team
Handbook

The intention of this handbook is simply to provide information to the Travel Team coach which can be of use in the seasonal operation of a travel team. Coaches who have several years of experience will likely know much of what is presented. Coaches who are new to the travel team process will hopefully find information which is both concise and useful.

The handbook is not intended to be read from start to finish, but rather to be opened to a topic of interest. Question and clarifications should be addressed to the travel team coordinator by e-mail at teamcoordinator@lakecountysc.com



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I. Soccer organizations defined.

A. F.I.F.A.

Federation of International Football Associations is the world organization which governs soccer at both the professional and amateur level.

B. U.S.S.F.

United States Soccer Federation, sometimes called U.S. Soccer, governs soccer in the United States, by F.I.F.A. regulations, at both the professional and amateur level.

C. F.Y.S.A.

Florida Youth Soccer Association governs youth soccer in the State of Florida, by F.I.F.A. regulations at the amateur youth level.

D. L.C.S.C.

Lake County Soccer Club is the club which operates in central Lake County Florida. It is sanctioned by F.Y.S.A. and is in good standing.

LCSC has two main programs.

1. The Developmental Program, sometimes called the recreational program
2. The Travel Team Program, sometimes called the competitive program.

II. Other Soccer Organizations.

A. U.S. Club Soccer is an alternate American soccer association which **is** affiliated with U.S.S.F.

B. A.Y.S.O.

American Youth Soccer Association. Founded in 1964, the A.Y.S.O. is an alternate American soccer association **not** affiliated with U.S.S.F. or F.I.F.A.

C. U.S. Soccer Foundation. Founded in 1994, it is a sport based youth development program for children in underserved urban communities.

D. N.S.C.A.A.

The National Soccer Coaches Association of America. Founded in 1941, the organization focuses on the education of soccer coaches.



I. Creating a Travel Team.

Travel teams can be created in two ways.

A. Using an existing team of the appropriate age, sometimes adding additional players.

B. Conducting an open tryout.

A. When using an existing team, which may have simply moved into the Travel Team program from the Developmental program, the coach may decide to ask other Developmental Team coaches if they have any prospective candidates who may be too old for their team in the upcoming season. Another method is to contact the Travel Team coordinator to see if he is aware of possible candidates for an age appropriate travel team. **It is important that contact be made with either a coach or the coaching coordinator rather than speaking directly to players or parents, to avoid the appearance of poaching. All coaches are naturally possessive of their team and should never feel that decisions are being made without their input.**

B. Conducting an open tryout is the more traditional way of creating or adding to a Travel Team. The tryout should be posted on the LCSC website and include dates, time and field. Players should not wear shirts or jerseys which identify them with a certain club, as players who are not selected could feel that bias was given to players from a known club. Have all players wear a large number on their jersey for identification. Coaches conducting tryouts should have a well planned series of drills, small sided, and full sided games.

Travel team tryouts are conducted at the end of the regular spring season, usually in May or early June. At that time all players are released from their previous team and are allowed to try out for any team from any club. Of course they may choose to remain with their team assuming they are in good standing with the team. Coaches should make it clear whether they expect players from their existing team to tryout. Some may think they will automatically be placed on the roster.

A Travel Team coach would be well advised to conduct a meeting with prospective players and their parents **before** the try out. The expectations of the coach and



requirements for membership to the team should be explained thoroughly so that all candidates and their parents know what to expect. It could be that they have conflicting activities and that should be brought out before the tryout. A candidate might be eliminated without touching a ball, leaving an opening for another candidate who has no conflicts. It would be good to ask parents to go over the parent/player handbook which is on-line at the LCSC website.

The registration dates and dead lines can be found at: www.lakecountysc.com
Remember to communicate with our league registrar, development league directors, and other coaches in your age group.

Checking the ages of your players should be done before the tryout begins. A player may be too old or too young for your team. The following is the new Age Group Matrix which will be used starting in the fall of 2016:

Birth Year	2016-2017	2017-2018	2018-2019	2019-2020	2020-2021	2021-2022	2022-2023
2015					U-6	U-7	U-8
2014				U-6	U-7	U-8	U-9
2013			U-6	U-7	U-8	U-9	U-10
2012		U-6	U-7	U-8	U-9	U-10	U-11
2011	U-6	U-7	U-8	U-9	U-10	U-11	U-12
2010	U-7	U-8	U-9	U-10	U-11	U-12	U-13
2009	U-8	U-9	U-10	U-11	U-12	U-13	U-14
2008	U-9	U-10	U-11	U-12	U-13	U-14	U-15
2007	U-10	U-11	U-12	U-13	U-14	U-15	U-16
2006	U-11	U-12	U-13	U-14	U-15	U-16	U-17



2005	U-12	U-13	U-14	U-15	U-16	U-17	U-18
2004	U-13	U-14	U-15	U-16	U-17	U-18	U-19
2003	U-14	U-15	U-16	U-17	U-18	U-19	U-20
2002	U-15	U-16	U-17	U-18	U-19	U-20	U-21
2001	U-16	U-17	U-18	U-19	U-20	U-21	
2000	U-17	U-18	U-19	U-20	U-21		
1999	U-18	U-19	U-20	U-21			
1998	U-19	U-20	U-21				
1997	U-20	U-21					
1996	U-21						

Birth Year | 2016-17 2017-18 2018-19 2019-20 2020-21 2021-22 2022-23

Team Names: Will be based on the age and level of the team (Neon is the 1st team, Navy is the 2nd team) ie. Lake County Soccer 03/04 Neon.
 Teams are allowed to also add a unique name to their team name- ie. Lake County Soccer 03/04 Neon-Strikers.

While coaches often like to retain players on their team, it is not the goal. In order to further develop, players may see the need to change teams and coaches as they improve. Coaches should know and understand that this will happen. It should be accepted and sometimes encouraged.

Concerning passes and rosters:
 They are generated by the LCSC registrars.
 They are printed by the coach and or team manager.



3. You will be required to present a copy of the roster and all player and coach passes to the refs. before each game. (including tournaments)
4. Passes must be laminated.
5. NO PASS, NO PLAY
6. Changes to your roster during the season need to be sent to the registrar by the Wednesday before your game.

7. Passes and rosters must be updated by the registrar and cannot be changed by the coaches.

8. Follow these directions to access the passes and rosters:

TEAM LOGIN

1. Go to <https://www.gotsport.com/asp/teams/login.asp>
2. Login using your username and password provided by the registrar
3. Click on TEAM PROFILE and then DOCUMENTS
4. Now you can see the official roster and player ID cards which are PDF files and can be downloaded and printed.

Team Rules. A complete set of rules for Team Membership should be compiled with clear meanings and exact consequences for breaking those rules. These rules should be handed out and read at the first meeting of prospective players.

For instance:

“All players must attend every scheduled practice and game. A player who is late for a **practice** will complete an exercise designed to improve his fitness or skill. These are sometimes called O.S.I.'s (Opportunities for Self-Improvement)

A player who is late for a **game** will miss the first half of that game.

The coach will decide if a tardy or absence is excused only if the player has contacted the coach personally **before** the event. If there is no prior contact it is unexcused.”

Travel Team players are required to commit to the entire seasonal year; two seasons- a fall and a spring season. During the time a player is registered to a club team, other coaches who may admire his skills are not allowed to speak to that player or his parents about the possibility of changing teams. This is a regulation. After the spring season is completed, players are released and coaches may speak to the player and his parents concerning changing teams.



II. Team Manager/Team Mom

A. Choosing the right person for this job can allow the coach's responsibilities to focus on preparing the players to play.

B. The Manager needs to be someone who is a responsible person and likes to keep things organized. Making sure that necessary information is conveyed to all parents and players will ensure everything runs smoothly. Having a list of things you would like to have a manager handle will help that person know what they are getting into. Some duties could include:

1. Collecting copies of Birth Certificates
2. Collecting appropriate size pictures to be attached to player passes.
3. Laminating player passes
4. Securing player passes in a sealed plastic bag.
5. Collecting fees for tournaments and other activities.
6. Helping parents navigate websites to find schedules and directions to fields.
7. Reminding parents and players of upcoming events.
8. Arranging for team pictures with dates and times.
9. Creating a medical kit with basic supplies to be kept on the field.
10. Creating a roster with names and jersey numbers to be given to referees upon request.
11. Creating a roster with emergency telephone numbers for players along with special needs such as allergies.
12. Checking to see that players have a filled water bottle at practice and games.
13. Making sure there is ice available for injuries and plastic bags to hold the ice.
14. Contacting opposing coaches to confirm game times and field, along with confirming referees.
15. Making arrangements for players who need a ride to the game.

C. As can be seen, a manager can help a coach quite a bit. So it may even be a good idea to divide the chores into paperwork and fieldwork. If two parents share the job, they may feel less burdened, just like the coach. Keep the chores simple and well-defined.



III. Contacting prospective players.

A. Prospective players or their parents may not be contacted until the spring season has ended, usually at the end of May, when all players are released from their team. If a player is **not** currently registered to a team, he may be contacted. The following is an example of an e-mail that could be sent to players and parents who are considering joining your travel team:

Parents,

There is an opportunity for your son/daughter to play on a travel team next season. Please review the information below.

Coaches will be: _____ and _____

Roster: Mix of U-9 and U-10 girls

Division: The team will most likely play in a lower division for the first season,

with plans to move up when they are ready.

Practices: To be held at the Sorrento fields two days each week, on Mondays and Wednesdays from 6:00 p.m. until 7:30 p.m.

Games: The travel Team games are played on Saturdays. Sometimes a game is scheduled for Sunday.

We would also encourage the girls to play in the Sorrento League games on Friday night. There would not be any additional practices for the Sorrento League games.

Typically the players and parents have the option to decide how much soccer they can commit to. Some of the girls to whom we are offering a spot on the Travel Team may decide that it would be a better fit for their family if they just play Friday night soccer. Some will choose to play on the Travel Team and not on Friday nights. It is okay either way.

We want players and parents to make it work for their schedules. We are fortunate enough to have some really good options for this age group.

Feel free to call or e-mail the coach if you have questions or concerns. Please let us know in the next few days what you plan to do .



B. Here is some more information about the travel team commitment and a parent letter with info about registration.

LCSC info for Travel Teams:

- 1 year commitment from coach and players, August to July
- Registration opens on June 1st, late fee starts in July
- If you practice off-site, the team is to cover that expense
- Fall and spring league fees are included in registration
 - 10 fall games
 - first game is weekend after Labor Day and goes until mid November
 - 5 home, 5 away
 - 8 spring games, March through April
 - 4 home 4 away
- U9/U10 will play 6v6, max roster size is 12
- U11/U12 will play 8v8, max roster size is 14
- U13 & above will play 11v11, max roster size is 22
- All home games are played at Hickory Point
- Away games are at various locations around Central Florida

- Tournaments are at the discretion of each coach/team
 - Paid for by team
 - Scheduled by coach
- Player registration fees
 - U12 & under--\$275/year; payment plans available over 4 months
 - U13 & over -- \$375/year; payment plans available over 4 months
- Uniform fee for youth sizes \$106.00
 - replaced every 2 years
- Scholarships are available to any family that shows the need

C. Example of a Letter to returning Travel Team Parents:

We were all very excited to see Lake County soccer Club grow to almost 1,000 players this year. We are sharing the beautiful game with more lake County area kids and families than ever and we are thrilled to see that continue next season.



The Travel Team coach list was released earlier this month and is available on the club website. If you are a new or returning player, contact your coach for details about the upcoming seasonal year.

Registration for 2016-2017 travel teams opens today, June 1, 2016 and will once again be available using the GOTSOCCKER system from our Club website www.LakeCountySC.com.

Your player's login information is at the bottom of this email.

Our club fees will see a slight increase this year. U-12 and under players are \$275 and U-13 and older players will now be \$375/year. Payment plans are available and we are able to accept online payments by e-check and credit card.

There will be a \$50 late fee for players that register in July, and a \$100 late fee for players that register in August or later. Most importantly, we will have a registration deadline of July 15 for a player to be able to participate in the first game of the season. As always scholarships are available but the application must be submitted by July 15. Scholarship applications are available in the documents section of the club website.

We are in our 2nd of a 2 year agreement to use the Neon/Navy Adidas uniforms. Returning players can re-use their uniform kit from last year. New Players will order online at www.soccer.com by the parents. It will be shipped directly to your homes.

After you register your player on the club website, you will receive an email with detailed uniform ordering instructions and other information. You will need to place your child's uniform order by July 15 for them to be guaranteed to have the uniform before the first game.

The LCSC travel teams require a one year commitment, from August through July, although most of our teams will end their seasons in May. We will keep registration open throughout the year, but we can not guarantee that spots will be available on the teams at all age groups and the fee will remain the same whether your child plays all year or just the spring season.

We are looking forward to another great year. If you have any registration questions, feel free to contact us at registrar@lakecountysc.com



IV. Things to do before your season starts.

A. Renew your Risk Management through FYSA:

1. Must be renewed in June every year.
2. Go to: <https://www.gotsport.com/asp/coaches/login.asp>
3. Sign into your COACHING account with GotSoccer.
4. Click BACKGROUND CHECKS on the top menu bar
5. Click SUBMIT NEW REPORT, on the middle left side
6. Follow the prompts from there and submit.
7. Your account should be updated within a day.
8. It is important that you tell the truth. Just because you had some legal issues in the past, does not mean that you will not be allowed to coach. The FYSA committee will make that decision, but if you do not disclose your past and then something shows up on your background check, your application to coach will be automatically denied by FYSA until the following year. If you have questions about this, do not submit your report as you will only have 1 shot at it. LCSC and its board members do not make the decision on who passes and who does not. FYSA will make the final decisions on these matters.

B. HEADS UP CONCUSSION COURSE.

1. The online course is good for 2 years and will need to be done if you are a new coach.
2. You will find this test in your Coach account on GotSoccer, in the Concussion Center next to Background checks.
3. Sign into your Coaches account, click on Concussion Center, select the Heads Up Concussion Test, and complete the course.
4. Be sure to save the certificate after completing the course just in case the approval doesn't automatically sync to your coach account.

C. Roster.

1. Before June 15, send the LCSC Registrar a list of players that you expect will be registering for your team.
2. If your tryout is after June 15, send it as soon as you know.
3. Include jersey numbers for your existing and new players, as we cannot submit the order without that information.
4. To help your parents with registration, advise them that there are two steps:



- a. Register the player at LCSC website in the competitive division, including the coach's name in the "additional information" box.
- b. Upload the player's Birth Certificate, Medical release form, (found at LCSC documents) and a recent photo. Hint: Take a picture of these and upload them from your phone.

D. Monitor your team's player registrations:

1. Before the end of June, the Registrar will create the rosters so you can begin to monitor your team online.
2. Go to: <https://www.gotsport.com/asp/teams/login.asp>
3. Sign into your TEAM account with GotSoccer. It will be the same as last year. E-mail the Registrar if you need the login for a new team.
4. Click Roster on the middle of the gray menu bar.
5. Check back often and start contacting players to remind them to register using the link on the club website: www.lakecountysc.com.

E. Coaching Bio for website:

1. Write a short history of your coaching experience and e-mail it to the club treasurer with a current photo of you in your coach polo, if you have one.
2. Treasurer's e-mail is: treasurer@lakecountysc.com.
3. He will upload it to the website.

F. Scholarships:

1. If you know of any of your players that will need a scholarship for next season, please have them fill out the application ASAP.

G. Coach's Discount:

1. As a coach, your own child plays for free in the Travel Team Division.
2. Limit is one per team that you coach.
3. Use discount code sent to you by the registrar.
4. If you do not have a child that plays for our club, and you want to transfer your coach's discount to another player, they will still need to complete the financial aid application and go through that process.

H. Equipment:

1. Basic equipment is furnished by the club. Contact Brad Bailey 321-689-1599



I. Uniforms:

1. Returning players can reuse their existing kits from last year. If they want to purchase new items, the parents can order directly from Soccer.com using the SPIRT WEAR link on the club website.
2. Returning players can purchase new training jerseys from the snack bar at Hickory Point which is open on Friday nights during the 3v3 league games.
3. The club uniform policy will be strictly enforced:
 - A. Practice: Neon Training Jersey, Black Shorts, Black Socks
 - B. Home Games: Neon Jersey, Navy Shorts, Neon Socks.
 - C. Away Games: Navy Jersey, Navy Shorts, Navy Socks
 - D. Tournaments: Follow Home & Away games format.
 - E. Remind your players that shin guards are mandatory for games and practices.

J. Parent/Player Handbook:

1. Please review the club's player/parent handbook located at www.lakecountysc.com/documents.html.

K. To manage your GotSoccer Coach Profile:

1. Go to <http://www.gotsport.com/app/coaches/>
2. Enter your username and password:
As example: Username: testcoach Password: testpwd

L. Weather Policy.

It is the coach's responsibility to decide if practice should be cancelled due to bad weather.

It is the Ref/Field assignor's responsibility to decide if a game should be cancelled due to bad weather.

FYSA requires that all participants observe the "30/30" rule in regard to lightning. If lightning is seen and thunder is heard within 30 seconds, then the match or practice must be suspended immediately and all participants must seek appropriate shelter, (In your car, not under trees or the pavilion), until such time as no strikes are observed with thunder being heard within 30 seconds for a period of 30 min. No one should be allowed back onto the fields until this time has expired.



This policy applies to any other soccer related club activities.

Do not be tempted to skirt this policy. We all think we can judge lightning danger.

Some years back, I ordered a pizza and the man who delivered it noticed my soccer coach's polo. He said "Yeah, I used to coach soccer back in Ohio. One day we were playing a game and we saw lightning in the distance. I told the other coach that if the lightning got any closer we should call the game. He agreed. Two minutes later lightning struck and killed two players and a referee. I will never forgive myself."

Lake County is considered the lightning capital of Florida. There is a free phone app called "lightningCast". It will show how far away each lightning strike is from you and in what direction the storm is moving.

It is best to clear the field if you see lightning within ten miles. Having a parent monitor the skies, using the lightning app, will help you make the right decision.

M. Training Sessions. Each coach has his or her own system for running a training session. It is however, recommended that coaches continue to improve their sessions by constantly educating themselves on best practices for a training session. LCSC will often be offering written information, videos and hands-on coaching sessions to assist coaches in this endeavor. Coaches should be encouraged to "steal" drills which seem to work well for other coaches.

N. Scrimmages/Friendlies.

FYSA has requirements for inter-club scrimmages. This is only for scrimmages with teams from other FYSA clubs. If you pick up a game during practice against another LCSC team, the rules below do not apply.

You must use certified referees for your match. The names and e-mails below are all good options that you can contact directly. The price can be negotiated between you and the ref, but they will require you to pay at the field before the game starts. Normally the refs will not charge full price for scrimmages.



U-9/U-10 games can use 1 ref.
U-11 and up will require 3 refs.

Current roster and player passes are required and the referee will check in both teams before the game just like our league games.

If your game is at Hickory Point, schedule the field space by emailing treasurer@lakecountysc.com or calling (352) 742-7077 Ext. 101

Monday and Wednesday will be the best time for scrimmages. The fields should already be lined.

LCSC Referees:

Chris Angulo christopherangul@gmail.com
Walker Ford 47walkman@gmail.com
Key Hinerman keyhinerman@gmail.com
Wyatt Reed reed.wyatt@ymail.com
Edwin Vasquez vasquez.edwin@Knights.ucf.edu
Ben Winkler benjwinkler@gmail.com

V. Things to do before game day.

A. Have everything prepared before you head out to the game site so that you do not feel rushed and can therefore concentrate on doing your best at coaching the players.

B. Have your coach's bag ready with any items you think you may need.

This could include the following:

1. Rosters for the referee with players name, jersey number and position.
2. Player passes for every player including guest players. Passes must have the player's recent picture and is laminated. Keeping the passes in a zip-lock bag keeps them together and insures they are dry. Sometimes the ref likes to keep the cards during the game so the zip-lock allows him to keep them together in his bag.
3. A roster with home numbers and emergency numbers for every player including guest players.
4. A medical release for every player and guest player allowing emergency treatment by any emergency team or physician.



C. A separate bag could include:

1. An extra goal keeper jersey
2. An extra pair of keeper gloves
3. An extra field jersey, home and away
4. An extra pair of socks, home and away
5. An extra set of shin guards
6. Players should be responsible for showing up in full uniform....but.

D. A medical kit should be supplied with basic first aid supplies, including an asthma inhaler, band-aids, sunscreen, antiseptic wipes, blister patches and other items as deemed useful. Having an EMT put one together for you is always nice. Zip-Lock bags are useful for holding ice to place on a player's injury. Saran Wrap can be used to hold the bag in place.

E. A cooler on wheels that will roll on the field should be stocked with crushed ice for injuries and keeping a couple of extra bottles of water. Players should each bring their own water in a jug which holds enough water for warm up and the game. Water should be the preferred drink.

F. A bag of appropriate size balls for warm up and two game balls if required. All of them should be clearly marked with the team Name and Club. Count them when you arrive and when you leave. Have a ball pump.

G. A bag of training vests. (pennys) At least 4 each of different colors. Wash these regularly as players hate wearing pennys that smell and it is also sanitary.

H. Training cones. These should also be clearly marked

I. Contact should be made with the opposing team's coach the day before the match to confirm the time and location of the match and that referees have been assigned. Even though teams are fined for not showing up for a game, they continue to do so. You do not want your team's parents driving some distance to find out the other team decided not to show up. This can happen for home games as well. Keep a list of coach's names and phone numbers.

J. Field locations can be found on the GCF website. Having a handout at the beginning of the season with field locations will help with last minute calls from parents. Sometimes parents like to travel in a convoy and sometimes not. Parents who take other players besides their own should be conscientious of getting them home safely.



K. Having an assistant coach is quite beneficial. Dividing the coaching responsibilities makes the practices and games run more smoothly. You should discuss with your assistant what you would like him/her to do. Keeping the responsibilities to field activities will make better use of a knowledgeable soccer coach.

L. How to reschedule league games: Home and Away

1. Most importantly: Be sure to communicate with the opposing team's coach.
2. Be sure to get all requests to the Club's POC NO LESS THAN TEN DAYS BEFORE YOUR SCHEDULED GAME.
 - a. For home games (you are rescheduling)--Contact the coach of the visiting team directly, and together decide on three possible date/time combinations for your rescheduled game.
 - b. Email the Club's POC; Point of Contact, at poc@lakecountysc.com with your reschedule request. Your request must include the following:
 - The GCF game number, date and time of original game. (you can copy/paste the game from the schedule)
 - All three possible rescheduled game date/times
 - The POC will forward your request to the Field and Ref Assignor for availability and confirmation
 - Once a date/time are confirmed through the LCSC Assignor, POC will contact GCF to confirm the master schedule is updated.
 - You will be included in the communications
 - c. For away games (you are rescheduling)--Contact the coach of the visiting team directly, and together decide on three possible date/times for the reschedule
 - d. Email the Club's POC; Point of Contact at poc@lakecountysc.com with your reschedule request.. Again, your request must include the following:
 - The GCF game number, date and time of the original game. You may simply copy and paste this info from the master GCF schedule as shown below:



10/24/2015

Game	Time	Home Team	Away Team	Location
#769	2:30 PM	OCYS 03/04G PURPLE II	LAKE COUNTY SOCCER 03/04 NEON - ORANGE CRUSH	Seminole Soccer Complex 5B

- Include all three possible rescheduled game dates/times
- e. POC will forward your request to the home team's POC with the three possible date/times, and confirm for the POC that the two coaches have already been in contact and have agreed to the three suggested date/times.
- f. The home club's POC should email everyone involved once they ensure field availability and referee coverage. POC will also make sure you are notified.

M. Guest players:

- a. The first step in setting up a guest player for your team is to contact the other coach. This goes for players within or outside our club. (all of our coach emails are above and are also kept on the club website.
NEVER TALK TO THE PARENTS/PLAYERS UNTIL AFTER YOU HAVE ASKED PERMISSION TO THE PLAYER'S COACH.
- b. The player's primary team events (games, practices, tournaments) ALWAYS take precedence over the guest playing.
- c. If both coaches agree and the parent & player are available, then the coaches can request the roster change with the registrar.
- d. A new player pass will need to be printed and laminated for the guest player and an updated roster will need to be printed.
- e. Out of respect for everyone involved, this should be set up weeks, if not months ahead of the event. The last minute requests should be the exception, not the rule.

VI. Tournaments:

A. Most Travel Teams will enter some tournaments either in, or out of state.

The decision to enter a tournament should be made before the season begins. Many tournaments can be found online. Parents need to be involved in this decision as



there are naturally family activities that may conflict. There is also the extra cost to consider which must be paid for by the team. If the tournament is more than one day and at a distance, there is the cost of lodging to consider. Finding a team discount for good rooms and a continental breakfast is another task that can be assigned to a parent.

B. Deciding early also gives time to raise money for the tournament. All fundraising must be approved by the LCSC board. The coach should contact the club treasurer at treasurer@lakecountysc.com before planning a fundraising event. There may be a parent on your team who has experience with fundraising and can organize it for the team. Full team participation is important.

C. Entering tournaments can be a good bonding activity for both parents and players. It will make your team seem more like a family. A recreational activity such as beach time or a boat ride gives the parents and players time to get to know each other away from the field. Cost should always be considered.

D. If you have organized your team well, all the paperwork should be in order so that when it is time to check in with the tournament director it will run smoothly. It is very important to have this paperwork in order as it would be a very unhappy experience to make all the arrangement, travel to the tournament and be denied entry due to an omission. Learn the system.

VII. Continuing Education

A. The Lake County Soccer Club is dedicated to doing the best job possible of training players to become better with their skills and knowledge of the game, while also providing an enjoyable learning experience. One of the best ways to train better soccer players is to train better coaches. Regardless of how much experience a coach has, he or she can always learn more.

B. A licensing process has been provided by the U.S.S.F which offers certificates starting at the F level and increasing in course work to the A level. F thru D level licenses are usually considered state level and C through A are considered national licenses.

C. The LCSC board has offered to pay for coaches to attain their licenses up to and including the D level. An instructor can be brought in to Hickory Point to conduct the classes which include classroom and field work. All coaches who have an interest in attaining a license should contact the Travel Team coordinator. A minimum number of coaches are required to bring in a licensing instructor.

D. If the Lake County Soccer Club is to compete with the surrounding counties and clubs around the state, then we should establish a goal of having all Travel Team coaches attain at least a D level license. While a license does not insure that a coach will be a



good coach, it will definitely improve a coach's ability to run a more professional training session and make better game decisions.

E. From time to time, other educational sessions will be conducted on various subjects. These would not count toward a license but would enhance a coach's knowledge. These sessions would be conducted by licensed coaches who are experienced and have respected credentials. Coaches will be notified when and where these sessions are to take place. Along with these educational sessions will be e-mails, hand-outs, and videos with tips on different subjects which coaches may find useful in their everyday coaching sessions. All coaches are encouraged to share their knowledge with other LCSC coaches whenever possible. Let's learn from each other.

F. Remember as coaches, we often tell our players they must practice on their own as well as come to training sessions. If we expect our players to improve themselves with extra practice, shouldn't we make the effort to improve our own knowledge so that we can enhance their learning experience and have a better chance of competing with the best teams? Be a willing student as well as an instructor.

IX. The information contained in this handbook is for the benefit of all LCSC parents, players and coaches. If you find errors, conflicting or missing information, typos, or just plain mistakes, please contact the club's travel team coordinator at teamcoordinator@lakecountysc.com

Thank you for your dedication to the children of your community.

Lake County Soccer Club