

GRACE UNDER FIRE



**Application for 200 Hour Yoga Teacher Training
Appleton, WI**

How to submit your application: Please print and complete this form, save a completed copy, and send to:

Attn: Lauren Quella

Grace Under Fire Yoga, LLC

201 S. Riverheath Way, Suite 1200

Appleton, WI 54915

Early application is highly recommended.

A non-refundable \$100 application fee must be sent via form of check made to Grace Under Fire Yoga. The \$100 application fee will be applied to your tuition if accepted.

Personal Information:

Name: _____

Mailing Address: _____

Website/Social Accounts (optional): _____

Email address you check regularly: _____

Mobile phone: _____

Home phone: _____

~The following information will help us to get to know you and guide your training~

Your Educational Background (Include institutions, degrees, and attendance/graduation years):

Professional Background and Current Employment:

Yoga Educational Background for Yoga Teachers:

Are you registered with Yoga Alliance: Yes ___ No ___ If yes, please specify the designation: (ex: RYT-200) _____

Please complete any of the following sections that are applicable to your yoga educational background and experience:

School Program/ Name	Dates Attended	Number of Hours	Yoga Alliance Registered
			Yes ___ No ___
			Yes ___ No ___
			Yes ___ No ___
			Yes ___ No ___

Did you receive Yoga Teacher Training before Yoga Alliance registration of training programs? Yes ___ No ___

Yoga Practice & Teaching Experience

When did you start practicing yoga? What type of classes do you take? Have you had a consistent practice over the last year?

If applicable, how long have you been teaching yoga? What type(s) of classes do you teach?

What are your yoga interests and goals? What do you hope to obtain from participating in the yoga teacher training? Are you interested in becoming a yoga teacher or are you choosing the training to enhance your yoga practice, or both!?
