

# Parma Family Martial Art Center

October 1<sup>st</sup>, 2016 – May 31<sup>st</sup>, 2017

Updated October 2016

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
Private lessons are available from 3-6pm (by appointment only)		Private lessons are available from 3-6pm (by appointment only)		Private lessons are available from 3-6pm (by appointment only)	Black Belt Training 10am-11am	Private lessons are available from 1-5pm (by appointment only)
	Tiny TKD and Kids Sparring 4:15-5pm		Tiny TKD and Kids TKD 4:15-5pm		Kumdo Class 11am-12pm	
	Family TKD Sparring Class 5-6pm		Family TKD Class 5-6pm		Family TKD Class 12-1pm	
Tiny TKD Class 6-6:45pm	Tiny TKD Sparring Class 6-6:45pm	Tiny TKD Class 6-6:45pm	Tiny TKD and Kids TKD Class 6-6:45pm	Tiny TKD Sparring Class 6-6:45pm	Advanced TKD Class 1-2pm	
Kids TKD Class 6:45-7:45pm	Kids TKD Sparring Class 6:45-7:45pm	Kids TKD Class 6:45-7:45pm	Family TKD Class 6:45-7:45pm	Kids TKD Sparring Class 6:45-7:45pm	Private lessons are available from 2-5pm (by appointment only)	
Teen and Adult TKD Class 7:45-8:45pm	Teen and Adult Sparring Class 7:45-8:45pm	Teen and Adult TKD Class 7:45-8:45pm	Advanced and Adult TKD 7:45-8:45pm	Teen and Adult Sparring Class 7:45-8:45pm		

## OUR STUDENT CREED IS:

1. I will honor and respect my parents and all those thing involved in my life.
2. I will be positive in the face of difficult times.
3. I will pursue a healthy self-discipline of mind and body.
4. I will be humble in my accomplishments.
5. I will be strength to those less fortunate.
6. I will only use my skills in defense of myself or others, never to be abusive or offensive.
7. I will always do my best.
8. I will always focus.
9. I will never give up.
10. I will uphold justice.
11. I will be courageous.
12. I will always work harder.

*The Student Creed is a code that we, and our students are expected to live by. The Creed emphasizes discipline, respect, honor, humility, and compassion.*