

Rinn Newsletter 11/6/25-11/12/25

Have a Blessed Veterans Day!

From the Minister's Mac

"The Power of an Hour"

I feel revived! Reborn! Renewed! I wake up in the morning and I'm ready to get up and go. The reason I'm so energized? Daylight Saving Time is done and I got my hour back! They took that hour away in the spring and I have felt tired ever since. Now, I wake up to sunshine and can't wait to start the day. Hallelujah! The time change is over!

Now, I realize some folks hate reverting to Standard Time because it gets dark so early. Those folks, like my beloved, prefer Daylight Saving Time summers of sitting outside on warm nights and watching the sunset, gardening, going for a walk, or even having dinner out on the deck.

Science is on my side, however, with studies showing that the change to Daylight Saving Time can be detrimental to your health. According to a study by Stanford Medicine researchers, "Either permanent standard time or permanent Daylight Saving Time would be healthier than our seasonal waffling, with permanent Standard Time benefitting the most people." Their findings suggest that "permanent Standard Time would prevent some 300,000 cases of stroke per year and result in 2.6 million fewer people having obesity. Permanent Daylight Saving Time would achieve about two-thirds of the same effect."

So, the results of the study are not a matter of one timeclock over another, but rather picking a zone and staying in it. I'm all for that. Even if I have to give up my hour and never get it back, I would rather do that than keep going back and forth. A few last words about our time change:

1. It's Daylight Saving Time, not Savings Time;
2. The farmers are NOT the reason we moved to Daylight Saving Time; it was the retailers who wanted more time for shoppers to shop;
3. Although DST expanded in 2005 to conserve energy, because of LED Lightbulbs it might not save us as much energy now as it did 20 years ago.

I pray we find a way to agree on this issue without chewing each other to bits or refusing to live with the results. In the meantime, be sure and get morning sunshine to help your body recover from the time change, especially next spring. And may you find restful sleep, in spite of our crazy clock management!

See you in church,
Lin

“The heart of man plans his way, but the Lord establishes his steps.”
Proverbs 16:9



Veterans Day
November 11, 2025

Thank you to all those who have
served.

~ Rinn Worship Service ~

In Person and Livestreamed on Facebook

November 9, 2025 ~ 9:30am

Scripture

Joshua 1:7-9

Message

“Honor Flight”

Mike Carr and Bill Smith

Livestreamed on Facebook:

To access our Facebook page, click [HERE](#).

To follow along with the service, the Order of Worship is
on the church [website](#)

Update on Noah's Community Outreach

"In worship last Sunday, we prayed over the filled backpacks, and asked God's blessings on those who will receive them. Please take a backpack (or more) and keep it in your vehicle to distribute when you see someone in need. Justin will soon begin distributing them in larger numbers as the weather turns colder. The backpacks with scarves on them contain women's clothes; those without scarves contain men's clothes.

Looking forward - for remaining backpacks, we need:

- *toothpaste
- *toothbrushes
- *gloves for men
- *boxers for men
- *and - backpacks! If you go to thrift stores, take a look. Last year ALL our backpacks came from thrift stores, and we need to re-stock.



We will also be part of the downtown Denver Thanksgiving dinner event on **Saturday, November 8.** If you want to volunteer, convoy leaves Justin's house at 10 am and will return about 2 or 3 pm. If you want to donate food, please drop it off at Justin's by 9:45 am. Justin will be cooking turkey breasts; desserts are needed.

Thanks so much to all who donate, stuff, carry, and pray over this project. We also really appreciate the grant funding from Rinn UMC that helps move this project forward. Justin estimates we will be able to distribute about 75 backpacks this year!

Betsy

bfoushee@hotmail.com

757-423-3332 cell and text

Refreshments After Worship

- November 9-Potluck
- November 16-Karen & Terry
- November 23-Aleta & Mila
- November 30th



Please consider signing up for a date.

The sign-up board is in the narthex at the welcome table. **Note that you don't need to provide a full spread that can double as brunch for everyone in the church; some cookies, along with one or two options for those trying to cut down on sweets, is sufficient.**

If you have any questions, or need to change your date, please feel free to call or text Mary Margaret at 573-368-1390 or call the church office at

303-776-1578 (Church Office Hours: Tuesday, Wednesday, Thursday 9am-noon)

Stewardship Campaign

Our 2026 Stewardship Campaign begins this Sunday and continues for three Sundays. Each week carries a theme that reaches beyond our bank accounts and into our daily lives, focusing on Service, Endurance, and Hope. Pledge cards will be available for you to fill out, after you prayerfully consider how much money you will give to Rinn's mission and ministry next year, and where you might like to increase your service to Rinn and the community around us.

You can turn in your completed pledge card any Sunday by placing it in the offering plate or in the red lock box in the Narthex (just outside the sanctuary). The pledge cards will be collected and given to Steve Sterkel, our Financial Secretary, who together with Sue Mercer, our Treasurer, sets the budget for next year. **NO ONE ELSE WILL LOOK AT OR MAKE NOTE OF YOUR PLEDGE.** It is really for you to have a target to aim at in your own budgeting for the coming year. Thank you so much for your faithful giving and for being a church that truly values the mission we do in our community!

Potluck for Bill Smith's 90th Birthday!

Please join us on **Sunday Nov. 9th** after worship to celebrate Bill Smith's 90th Birthday! We will be having a potluck to celebrate. **Cake will be furnished.** Food assignments by the first letter of your last name:

A-H-Dessert (cake provided-feel free to bring other types of dessert)

I-R-Side dish

S-Z-Main Dish

If you are not able to bring food—don't worry! We always have plenty.

Can You Help Donate to Carbon Valley Help Center?



We are asking for your support for Carbon Valley Help Center by bringing anything non-perishable in honor of Veterans Day and Bill Smith's 90th birthday. Here are suggestions from the Help Center. Pasta, Rice, Tomato Products, Peanut Butter, Canned Meats, Canned Vegetables and Fruits, Dry or Canned Beans, Cereal, Mac & Cheese, Canned Soup. Please place items on the table in the narthex. Thank you so much for your help!

Movie Night at Rinn



Please join us for Movie Night at Rinn! We will meet every 2nd and 4th Thursday of each Month at 7:00pm. November will have one meeting on November 13, 2025. If you have any questions, Please contact Shelly Anderson.

“Brunch Bunch” Bible Study

Wednesdays

Breakfast at Doug’s Diner(hwy 66) at 8:45 a.m.

Study at Bev Ramsey’s house at 10:30 a.m.

Join us weekly for breakfast and a discussion of our faith.

Rinn Cowboy Christian Fellowship

Wednesday Nights at 7:00pm

November 12th:

Steve and Rhonda Desmond



THANK YOU — THANK YOU — THANK YOU

I can’t thank you enough for the love and generosity Rinn has shown me in our 2 ½ years together. The gift card and personal cards I received for Pastor Appreciation Month in October and now the Birthday cards, cake and well-wishes are all evidence of your warm and generous hearts. Thanks for thinking of me and caring so well for me and my family. We love you!!

Lin

In Our Prayers

COMFORT

- Wayne's Aunt Linda, who is approaching the end. May it be swift and gentle.
- For Michelle's friend who lost their baby in pregnancy.
- For all who are grieving.
- For those affected by floods and fires.
- For those in war torn areas.
- Travel mercies for those on the road
- For those who will lose snap benefits

HEALING

- For Rob who has throat cancer and prayers that God will take cancer out of this world completely.
- For Janice's daughter-in-law Sue, a double lung transplant recipient having other health troubles.
- Healing prayers for Justin's Mom Janet, who has a spot on her lung. Prayers also for comfort and strength for the family.
- Margaret's brother-in-law Rick, who has cancer
- Steve and Michelle's neighbor Rocky, who had a massive heart attack.
- Healing for fractured families.
- Barb, who is in the hospital with multiple issues.
- For Wayne's father who has vertigo.
- For Elaine, who fell.
- For Hunter.
- For Annie and her digestive issues
- For Chuck who has a brain bleed
- For Rob who is battling throat cancer.
- Healing for fractured families

THANKSGIVING

- Terry gives thanks that Shane's heart surgery was successful.
- For reconciliation with family.
- Diana thanks the church for all their love and support during her time of grief.
- Barry thanks the church and the UWF for the wonderful memorial given for Jessica, and thanks to all who prayed for her.
- Ginny gives thanks for Mike being home now and that Grayson is doing better and will be coming home.
- Ashley give thanks for her new job!
- Salem is driving now!
- Brendan has been hired as accompanist! He will start training on November 2, 2025.

If anyone needs to be taken off or added to this list please fill out the form on the back of this sheet, or email the church office at Info@rinnumc.org.

Adult Bible Study

Sundays at 8:00 am

We are currently studying Adam Hamilton's Making Sense of the Bible and Karen Armstrong's A History of God. Please join us for engaging conversations each Sunday. All are welcome!

Via Mobility for Life

Providing rides for residents:

Seniors 60+, disabled, and income qualified.

Dacono, Frederick & Firestone

303-444-3043

This Week at Rinn

For more upcoming events, see our online calendar [HERE](#).

Wednesday 11/12

8:45am Breakfast Fellowship at Doug's Diner(hwy 66)

10:30am Wednesday Brunch Bunch Bible

Study at Bev Ramsey home

7:00pm Cowboy Fellowship

Thursday 11/13

7:00pm Movie Night at Rinn

Friday 11/14

7:00pm New Hope AA

Saturday 11/8

9:00am UMW Meeting

Sunday 11/16

8:00am Adult Bible Study

8:15am Men's Koffee Klub

9:30am Worship Service

November Birthdays



3 John Martin	11 Mary Ann Barnes
4 Rev. Lin Cheek	14 Michaela Boisen
4 Katleyn Addy	18 Mike Abney
6 Tim Kemnetz	18 Cathy Billings
7 Colin Peterson	18 Suzanne Gallagher
8 Renee Peterson	21 Sharon Goldade
8 David Grabowski	21 Mitch Hollingsworth
10 Bill Smith	29 Sheila Legler

Happy November Anniversary To...

3 Jim & Jan Nelson (1968)
18 Dan & Aleta Purcell (1978)
27 Larry & Sharon Thompson

Rinn United Methodist Church Leadership

The Administrative Council meets on the third Thursday of every month. Everyone is welcome to attend. Our leaders who keep your church running smoothly are listed below:

Chair of Church Council: Shelly Anderson
Lay Leader: Bonnie Clark
United Methodist Women: Sharon Goldade
Treasurer: Sue Mercer
Finance Secretary: Steve Sterkel
Nominations: Rev. Lin Cheek
Worship Committee: Betsy Foushee
Members: Janice Bachman, Eric Presnall, Rusty Goetz, Linda Rinn