



THE UNRECABLES

VOLUNTEER INFORMATION FORM 2024-25

This form only needs to be filled out once per season, unless your information changes. If you are a family member or friend of the volunteer and wish to ski with us but not volunteer, you do not need to fill out this form. You will however need to sign and submit waiver forms that are on the unrecables.org website, preferably in advance, otherwise they may be completed at Mammoth.

Thank you for volunteering! Below is a description of a typical weekend trip:

Prior to the trip: Arrange carpools to Mammoth if possible. Sunshine Condos are assigned; condo info and lock box codes are provided about a week before the trip. If possible, contact your condo mates to exchange contact info and share approximate arrival times. Bring your checkbook to pay for lodging. PayPal will also be accepted, but with an additional fee.

Thursday evening/night: Arrive at your assigned condo, check in time is after 4PM. If you arrive before your condo mates, go to the Sunshine office and get the condo key from the lock box.

Friday: Leave the condo early enough to arrive at the main lodge and make it to Roma's Room on the 3rd floor by 8:30AM. Submit any remaining forms and obtain a 3 day lift pass (unless you have an Ikon pass). Free ski for the day. Be sure to check conditions on the beginner slopes, Stump Alley, and Mambo as these are runs that the group tends to use. Don't wear yourself out. Friday skiing is optional.

Saturday: Leave the condo early enough to get to the Main Lodge area, take care of equipment and make it to Roma's Room on the 3rd floor no later than 8:30AM. Introductions are made, a short meeting is held, the time and location of the group dinner is announced, and volunteer and student assignments are given. A group picture on the stairs is taken (or on Sunday morning). Groups get ready and head out. Ski until 11:30-11:45AM and head back to Roma's Room for lunch. Lunch may be purchased or brought (items stored in Roma's room are at your own risk). Two microwaves are available for use in Roma's Room. After lunch, groups head out again and return to the pile no later than 3:30PM. Volunteers tend to the students, then help clean and load equipment. If there is remaining time, volunteers can head back up the hill, but bibs need to be removed (but kept for Sunday). At the announced time, meet at the condo hosting dinner. Food and desserts are provided by the club, BYO beverage (people often bring extra to share). Pay for lodging. Festivities end around 9:00-9:30PM.

Sunday: Leave the condo early enough to check out, arrive at the Main Lodge area, take care of your equipment and make it to Roma's Room on the 3rd floor no later than 8:30AM. Different volunteer assignments may be given. Head out for skiing, returning to the pile by 11:30-11:45. Volunteers tend to the students, then help clean and load equipment. Bibs are returned. The rest of the day is free skiing. Coordinate with others if carpooling.

Volunteers are typically assigned by the Ski Director to one of two categories with the following roles:

- 1. Primary (or Lead) Instructor.** One Primary per student, usually for the weekend. Responsible for the safety and instruction of the student. Informed of the student's disability and works with the student to determine the lesson plan and goals. Fills out summary and evaluation forms. A volunteer will rarely be assigned a Primary role until experienced volunteering with the Unrecables.
- 2. Shadow.** Usually 2-3 assigned per student, may be assigned to a different student for different sessions to gain a variety of experience. Follows the student on the slopes to prevent other skiers and snowboarders from getting too close or hitting the student. Assists where needed and requested by the Primary, for example helping a student up after a fall. The skiing and lifting abilities of shadows is taken into account when assigned to a student.

Fill out (electronically is preferred) and email (preferred) this form to Trip Director:
Victor Chan trips.unrecables@gmail.com or mail to 12495 Pathos Ln, San Diego, CA 92129

Initial **Please acknowledge the following:**

- Club lodging at Sunshine Village Condos is \$90 per night per person (cash/check/Venmo/Zelle). \$93/night for PayPal. It is not mandatory that you use club accommodations.
- IF YOU CANCEL**, the amount you will be charged is determined by the board on a case by case basis taking into account possible factors beyond our control. PLEASE stay home if you have or suspect you may have a contagious illness.
- To participate, membership is required.** Annual membership is \$40 per person. Lifetime memberships (\$320), and Family (\$60/yr, \$480 lifetime) are available. If you are an active PSIA-AASI instructor membership fees are waived.
- Helmets are required. Please provide your own. (Club has loaners, but students have priority)
- Contact the Winter Trip Director (email trips.unrecables@gmail.com , call or text 858-208-6088) 21 days or more prior to the trip and provide the following: Names of people in need of lodging, number of nights, transportation needs and carpool availability. If not using club lodging, provide names of people who are volunteering.
- If you agree to volunteer, you are obligated to volunteer as needed all day Saturday and Sunday morning.
- Requesting single occupancy in a bedroom that accommodates 2 or more may result in a \$120/nt condo fee and will be determined on a case by case basis. A \$60/nt rate is offered to those who are asked to or request to sleep on a couch.

Name _____ Mobile _____
Address _____ Alternate Phone _____
City, State, Zip _____ Email _____
Height _____ Weight _____ Birthdate _____ Do you have an IKON pass? _____

Type and ability: Skier Beginner Intermediate Advanced
Trail Preference: Green Blue Black Any
 Snowboarder Beginner Intermediate Advanced
Trail Preference: Green Blue Black Any

PSIA-AASI: Level: _____ Specialty _____ Years Teaching: _____

Other Information (Food Allergies, Medications, disabilities, preferences) _____

If you have teaching experience, list type(s) (VI, stand up, mono-ski, tethering a bi-ski, etc) otherwise write "none" _____

I am willing and able to (check all that apply)

Primary Instruct Shadow Help Lift a Bi-skier (up to 200 lb skier) Tether (good knees req.)