



DIGITAL SKILLS FOR LIFE AND WORK FOR LEARNERS AGED 19 +

A course to develop the digital skills you need for everyday life and work.

When: Enrolment and advice sessions – Booking required in advance

Where: South Mitcham Community Centre
Cobham Court
Haslemere Avenue
Mitcham
CR4 3PR

Course Commencing from January 2025 on various dates

For days and times please contact 07564770791 / 07865240391 for further information

For other courses information, please email steluta@adult-training.org.uk.
taranjitpanesar@adult-training.org.uk

Course content

- How to use online video packages such as Zoom
- Job searching and online applications, shopping online, booking appointments or services, safe internet browsing, using emails and social media -- contacting family and friends helping to keep connected and reduce isolation, managing information

Contact us now at ATN to book your information/enrolment sessions and course dates

Web: www.adult-training.org.uk

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