



CAREER ENRICHMENT Holistic Nursing Journey



Ireland: Dublin & Cork

September 16-24, 2023 (7 Nights/9 Days)

\$5,499 (based on double occupancy)

\$999 (single supplement)

BOOK NOW 888.747.7501

Visit Ireland on this customized holistic nursing journey where you will explore the many mystical and energy centers of Ireland while also learning about Holistic Nursing and alternative healthcare practices in Dublin and Cork. A place of gorgeous natural beauty and its equally charming locals, they have a dynamic cultural history and strong sense of community.

Focus on Nursing & Nursing Education

- Meaningful interaction and collaboration between program participants and professionals in Ireland will include meetings with **holistic nursing professionals** in Dublin and Cork like UCD College of Naturopathic Medicine and the Cancer Support House.
- Discuss topics of mutual interest including the inroads they are making to spread awareness around **holistic and traditional care** and how they can complement Western medicine.
- Learn what programs are available for **training and advancement of holistic medicine** in Ireland today. What holistic principles, presence and teaching/learning strategies do they have?
- Enjoy a guided meditation & tour at the mystical **Hill of Uisreach**, one of the most sacred & historical sanctuaries in the world as well as exploring mystical **energy line sites** including New Grange and the **Hill of Tara**.

Focus on the Community & Culture

- Explore some of the iconic sites of Ireland, including the **historic Dublin, Ring of Kerry, and Lough Gur**, rich in folklore and archaeology.
- Put on your dancing shoes for a visit to **O'Shea's Merchant Pub** where you can learn Irish dancing and enjoy traditional music.
- **Cahir Castle** one of Ireland's largest and best-preserved castles.
- Visit Muckross Traditional Farm and Enjoy a butter and scone making demonstration and learn all about traditional rural life in Country Kerry during the early 1900's.

Guests Welcome – Optional Extension

- **Accompanying guest program** – *alternate activities will be provided for those who do not wish to attend the meetings.*
- Optional post-program **extension to County Clare & Limerick.**

Program Leader: Carole Ann Drick, PhD, RN, AHN-BC

Carole Ann Drick RN, PhD, AHN-BC is an early advocate of holism and self-care. A past president of the American Holistic Nurses Association, her private practice, Conscious Awareness, provides support for lay and professionals including end-of-life support locally and at a distance. Carole Ann is a two-time recipient of the American Journal of Nursing prestigious Book of the year Award for seminal work in end-of-life. With numerous articles plus five books, her latest book is The Last Journey – the Roadmap for Ending-of-Days. Her gentle presence and depth of understanding are evident in her words and actions making her presentations inspiring on that which she speaks so eloquently.



Sculpture Hill of Uisneach



Famine boat, River Liffey



Ring of Kerry

Why Nanda Journeys?

*Travel for people with purpose and passion.
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travel makes.*

Ready to go?

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