



KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD
AUGUST- 2012 GNM EXAMINATION

1st year Paper - III Fundamentals of Nursing
(Fundamentals of Nursing, First Aid & Personal Hygiene)
SECTION - I

Max. Marks: 75

Time: 3 Hours

1x4=4

I. Fill in the blanks

- Phonation is another function of _____.
- Sterilization, steam under pressure is known as _____.
- Difficulty in swallowing is called as _____.
- Specific gravity of urine is measured by means of _____.

1x4=4

II. Differentiate between the following

- | | | |
|---------------------------|-----|-----------------------|
| a) Pediculosis capitis | and | Pediculosis Corporis. |
| b) Health | and | Illness |
| c) Active Exercise | and | Passive Exercise |
| d) Out patient department | and | In patient department |

3x4=12

III. Write short notes on any FOUR of the following

- Maintenance of Therapeutic Environment.
- Qualities of a Nurse.
- Body Mechanics.
- Comfort devices and their uses.
- Importance of maintaining records.

2+4+4=10

- IV.**
 - How will you admit a patient to the ward?
 - What observations are you expected to be made on admission?
 - What instructions would you give to the patient and his relatives at the time of admission?

- V.**
 - Define Mental Health.
 - List the Characteristics of mentally healthy person.
 - Discuss about promotion of mental health in old age.

1+3+4=8

SECTION - II

VI. Choose the correct answer and write

1x3=3

- | | | |
|--|-----------------------|-----------------------|
| a) Heat causes | ii) Vaso constriction | iii) Skin rashes |
| i) Vaso dilatation | | |
| b) The most suitable position for giving an enema is | ii) Right lateral | iii) Upright position |
| i) Left lateral | | |
| c) Lack of oxygen in the blood stream | ii) Anoxia | iii) Anorexia |
| i) Anoxemia | | |

VII. Write the formula to convert Celsius scale to Fahrenheit scale.

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VIII. State whether the following statements are TRUE or FALSE

1x4=4

- Sitz is a German word means seat.
- Normal quite breathing is called eupnoea.
- The temperature falls in zigzag manner is called crisis.
- One gram of fat yields 4 calories of heat.

IX. Write short notes on any FOUR of the following

3x4=12

- | | |
|--|------------------------------------|
| a) Nursing care of a patient with breathing difficulty | b) Characteristics of normal urine |
| c) Disinfection techniques | d) Types of Enema |
| e) Administering oral medication procedure | |

- X.**
 - Define Steam Inhalation.
 - List the purposes of Steam Inhalation.
 - Write the procedure for Steam Inhalation by using Nelson's Inhaler.

1+2+5=8

- XI.**
 - Define Bandaging.
 - List the aims of Bandaging.
 - Briefly explain the rules to be followed while applying Bandage.

1+3+4=8