

**Johnston Parks and Recreation Department
COVID-19 Illness Policy for Youth Track and Field**

COVID-19 Illness Policy:

Any person(s) exhibiting any sign(s) and/or symptom(s) of COVID-19, as set forth in CDC guidance, when they develop over a period of hours to days and cannot be explained by allergies or other noninfectious disease should not attend or gain access to a group program, per RIDOH document 216-RICR-50-15-7.

Child, Staff, Coach, and Visitor Illness Detected at Arrival:

The Johnston Recreation Department Youth Track and Field Program will collect completed self-attestation forms for all staff members, coaches, and participants at the time of arrival at the Johnston Senior High School Athletic Complex. The self-attestation form will include a temperature recording (self-attestation form can be seen on page 4).

Should a child, staff, and/or coach be observed upon arrival to have any sign(s) and/or symptom(s) of COVID-19, as set forth in CDC guidance, they will not be allowed to participate in the program.

- CDC symptom guidance includes: fever (temperature reading of 100.4°F or higher) or chills, cough (new), shortness of breath or difficulty breathing, fatigue, muscle or body aches, headache, sore throat, new loss of taste or smell, congestion or runny nose (new), nausea or vomiting, and/or diarrhea.

Child, Staff, and Visitor Illness Detected at While at Youth Track and Field:

- If any player, coach, or staff member is observed at any time during the Youth Track and Field session to have developed any sign(s) and/or symptom(s) of COVID-19, as set forth in the CDC guidance, they will immediately be sent home.
- The individual will be required to leave the Athletic Complex immediately.
 - We have asked that one parent/guardian/emergency contact for each child remains at the Athletic Complex (either in the bleachers or in their vehicle in the parking lot) for the entirety of the session and be available to leave with a sick child immediately.
- An individual, or an individual's parent/guardian, must schedule a COVID-19 test within 48 hours and notify Johnston Recreation of the test results.
 - The Johnston Recreation Department will report all positive cases to the Rhode Island Department of Health.
- Should a child, coach, or staff member be observed to require medical attention per CDC guidelines, 911 will be called as well as the parent/guardian/emergency contact.
 - Emergency medical attention will be triggered upon any of the following emergency warning signs: difficulty breathing, persistent pain or pressure in the chest, new confusion, inability to wake or stay awake, bluish lips or face.

Clearance Protocol:

According to the RIDOH, the individual's symptoms indicate whether there is a probable case of COVID-19. The RIDOH's chart of symptoms and probable case can be seen on page 3 of this document. A symptomatic child/coach/staff will not be permitted to return to Youth Track and Field until the following requirements are met.

- *If an individual has symptoms of COVID-19 but does not meet the CDC definition of a probable case...*
 - The individual will be sent home (no quarantine recommended for close contacts). It is advised that the symptomatic individual seek medical advice and get a COVID-19 test if recommended by their health care provider.

- An individual may return to Youth Track and Field after being sent home as long as the individual or child's parent/guardian has completed the Self-Attestation Form for Returning to Youth Track and Field (form can be seen on page 5) and one of the three scenarios occurred.
 - a) The individual was not tested but has been fever free for 24 hours without fever-reducing medications and symptoms have improved (back to usual health).
 - b) Individual tested negative for COVID-19 (PCR test), has been fever free for 24 hours without the use of fever-reducing medication and symptoms have improved (back to usual health).
 - c) Individual tested positive for COVID-19 (PCR or Antigen test) and has since met RIDOH guidelines for ending isolation.
- *If an individual has symptoms of COVID-19 that meet the CDC definition of a probable case...*
 - The individual will be sent home (quarantine recommended for household contacts of a pending probable case COVID-19 test result). It is advised that the symptomatic individual seek medical advice and obtain a COVID-19 diagnostic test.
 - Quarantine of additional close contacts pending probable case test results may be advised by RIDOH. RIDOH may also recommend testing for others in certain situations.
 - An individual may return to Youth Track and Field after being sent home as long as the individual or child's parent/guardian has completed the Self-Attestation Form for Returning to Track and Field (form can be seen on page 5), provides a copy of the COVID-19 test results, and one of the two scenarios occurred:
 - a) The individual tested negative for COVID-19 (with a PCR test), has been fever free for 24 hours without the use of fever-reducing medication and symptoms have improved (back to usual health).
 - b) The individual tested positive for COVID-19 (with a PCR or Antigen test) and has since met CDC/RIDOH criteria for ending isolation.
- *If an individual tests positive for COVID-19 (PCR or Antigen test) regardless if they are symptomatic or asymptomatic...*
 - An individual may return to Track and Field after testing positive for COVID-19 once the individual or child's parent/guardian has completed the Self-Attestation Form for Returning to Track and Field (form can be seen on page 5) and one of the two scenarios occurred:
 - a) RIDOH recommends the symptom-based strategy for ending isolation. Isolate until individual:
 - I. Has been fever free for 24 hours without the use of fever-reducing medication and
 - II. Symptoms have improved and
 - III. 10 days since symptoms first appeared (20 days if severely immunocompromised)
 - b) Time-based approach is asymptomatic when tested positive. Isolate until:
 - I. The individual must isolate for 10 days (20 days if severely immunocompromised) from date of specimen collection.
- *If a close contact tests positive for COVID-19 with PCR or Antigen test ...*
 - An individual whose close contact tested positive for COVID-19 may return to Youth Track and Field once the individual or child's parent/guardian has completed the Self-Attestation Form for Returning to Track and Field (form can be seen on page 5) and had met the RIDOH guidelines for isolation.
 - a) Close contacts of a positive individual are to follow RIDOH guidance for isolation.

- I. Close contacts must meet the guidelines for ending quarantine by completing one of the following quarantine options:
 - 14 days
 - 10 days
 - 7 days with a negative PCR or Antigen test result (test taken at least five days after you were exposed).
 - Test results must be turned in if a close contact is shortening their quarantine period.
 - II. Close contacts should continue to self-monitor for symptoms for a full 14 days.
 - III. RIDOH recommends all close contacts get tested on day 5 of quarantine or later.
- b) Close contacts that have tested positive in the past 90 days do not have to quarantine.
- c) Close contact that are fully vaccinated (14 or more days since the last recommended dose in the vaccine series) and have remained asymptomatic do not have to quarantine.

Symptom	Probable Case / Test Needed?
Cough (new)	**If an individual has any <u>one</u> of these symptoms, there is a probable case of COVID. A test is required and the individual must meet the clearance protocol listed in JRD's COVID-19 Illness Policy.
Shortness of breath	
Difficulty breathing	
New loss of taste or smell	
Fever (100.4°F or higher) or chills (rigors)	**If an individual has any <u>two</u> of these symptoms, there is a probable case of COVID. A test is required and the individual must meet the clearance protocol listed in JRD's COVID-19 Illness Policy.
Muscle or body aches (myalgia's)	
Headaches	
Sore throat	
Fatigue	**If an individual has only <u>one</u> of these symptoms, there is not a probable case of COVID. A test is not required but the individual must meet the clearance protocol listed in JRD's COVID-19 Illness Policy.
Congestion or runny nose (new)	
Nausea or vomiting	
Diarrhea	

Scenario	Type of Test Needed
Individual who has symptoms consistent with a probably case of COVID-19 and would like to return to school/activities after illness	PCR
Close Contact shortening quarantine	Antigen Test or PCR
Traveler shortening quarantine	Antigen Test or PCR

**Visit <https://covid.ri.gov/testing> in order to schedule a COVID-19 Test



Johnston Parks and Recreation Self-Attestation Form

SYMPTOMS

HAVE YOU HAD ANY OF THE FOLLOWING SYMPTOMS IN THE PAST 3 DAYS THAT ARE NOT EXPLAINED BY ALLERGIES OR A NON-INFECTIOUS CAUSE?	YES	NO
COUGH		
SHORTNESS OF BREATH OR DIFFICULTY BREATHING		
FEVER OR CHILLS		
MUSCLE OR BODY ACHES		
SORE THROAT		
HEADACHE		
NAUSEA OR VOMITING		
DIARRHEA		
RUNNY NOSE OR STUFFY NOSE		
FATIGUE		
RECENT LOSS OF TASTE OR SMELL		

Temperature: _____

RISK FACTORS

	YES	NO
Have you been in close contact (less than six feet) with anyone with COVID-19 or symptoms of COVID-19 in the past 14 days?		
Have you traveled anywhere outside the 50 United States in the past days?		
Have you been directed to quarantine or isolate by the RI Department of Health or a healthcare provider in the past 14 days? If so, when does/did your quarantine or isolation period end?		

IF YOU HAVE ANSWERED "YES" TO ANY OF THESE QUESTIONS, THEN YOU CANNOT BE AT THE ATHLETIC COMPLEX FOR THE SAFETY OF OTHERS.

Participant/Attendee's Name (Printed)

Participant/Attendee's Phone Number

**Required for contact tracing purposes*

Associated Track Team

Parent/Guardian/Attendee's Signature

Date & Time



Johnston Parks and Recreation Self-Attestation Form for Return to Youth Track and Field

Individual's name: _____

Date(s) of absence: _____

Check all symptoms that you/your child had:

Symptom	Qualifications to Return
Cough (new)	**If an individual has any <u>one</u> of these symptoms, there is a probable case of COVID. A test is required and the individual must meet the clearance protocol listed in JRD's COVID-19 Illness Policy.
Shortness of breath	
Difficulty breathing	
New loss of taste or smell	
Fever (100.4°F or higher) or chills (rigors)	**If an individual has any <u>two</u> of these symptoms, there is a probable case of COVID. A test is required and the individual must meet the clearance protocol listed in JRD's COVID-19 Illness Policy.
Muscle or body aches (myalgia's)	
Headaches	
Sore throat	**If an individual has only <u>one</u> of these symptoms, there is not a probable case of COVID. A test is not required but the individual must meet the clearance protocol listed in JRD's COVID-19 Illness Policy.
Fatigue	
Congestion or runny nose (new)	
Nausea or vomiting	
Diarrhea	

Date of first symptom(s): _____ Date symptom(s) ended: _____

Did you or your child have a COVID-19 test during this absence?

No

If no, why not? _____

Yes

Date of test: _____ Location of test: _____

Test result: _____

If positive result, isolation end date: _____

I attest that I am/my child is ready to return to JRD's Youth Track and Field Program and has:

Not had a fever (temperature higher than 100.4°F) in the last 24 hours;

Not taken any medicine for fever in the last 24 hours; AND

Improved symptoms and is back to usual health

Participant/Attendee's Name (Printed)

Associated Track Team

Parent/Guardian/Attendee's Signature

Date