



## CAREER ENRICHMENT



## Speech-Language Pathology Journey to India

Mumbai, Delhi & Agra

11 days / 8 nights

December 1-11, 2018

\$6,499 (Based on double occupancy)

\$1,299 (Single supplement)

Enjoy the unique culture and traditions of India while you spend time with the locals. This adventure includes a very special experience giving back to a local nonprofit.

**BOOK NOW 888.747.7501**

### India Highlights

- ✓ Check a visit to the **Taj Mahal** off your bucket list! A mausoleum built by Shah Jahan for his queen Mumtaz Mahal, the Taj Mahal is said to have taken 22 years and 20,000 craftsmen to construct.
- ✓ **Accompanying guest program** available on this itinerary.
- ✓ *Optional extension to Jaipur & Udaipur will be available.*

### Community Connections

- ✓ Giving back and engaging with the local community is an important part of your journey. Spend time giving back at **Deepalaya**, a large non-profit focused on issues affecting the development of the urban and rural poor in India. **Volunteer** at the school and spend time with the faculty and students giving back.
- ✓ Enjoy the unique and colorful culture and traditions of India, while you **spend time with healthcare professionals and locals, led by a medical Speech-Language Pathologist with Indian roots and heritage.**

### Educational Interaction

- ✓ Interact with **speech-language pathologists** at a variety of academic and healthcare facilities in both Delhi and Mumbai.
- ✓ Explore India's **speech-language pathology and audiology systems** including service delivery, access to care, prevention, health promotion, and unique approaches utilizing the various services of speech-language pathologists across the lifespan.
- ✓ The focus of this journey will be on professional exchanges with SLP counterparts in India and learning more about **rehabilitation services** in relation to **patient care and well-being** in India.

#### What's Included:

- 4-5\* accommodations throughout
- All transportation and activities outlined in the itinerary
- Group transfers to and from the international airport
- International air to and from Delhi (gateway set tentatively out of NYC area)
- Local English speaking guide
- Meals as mentioned and most tips

#### Not Included:

- Personal expenses at the hotel
- Meals not specified
- Tips for national guide
- Passport renewal or issuance
- Domestic flight to gateway city
- Departure taxes if applicable
- Cost of your tourist visa



📍 New York Area

**DAY 1, December 1, 2018**

### Depart for India today

Depart from New York City/surrounding area and make your way to India. The stunning beauty and friendly people alone are worth a visit!

📍 Mumbai, India

**DAY 2, December 2**

### Arrival in Mumbai

Arrive in **Mumbai**, India this evening. Upon arrival, the group will be met and transferred to your local hotel. Relax this evening and settle into your hotel.

Depending on flight arrival time this evening, dinner is on your own tonight (if not provided in flight).

**Overnight: Trident Nariman Point (or similar)**

**Included meals: N/A**



📍 Mumbai, India

**DAY 3, December 3**

### Cultural Program in Mumbai

**Please Note:** Breakfast is included daily in your program.

All travelers will gather this morning with your national guide and receive further information on the program and today's activities. Lunch is by individual arrangement today.

Late this morning the group will visit the **Gateway of India**, Mumbai's principal landmark, and explore the Hanging Gardens on the slopes of Malabar Hills. Explore the **Prince of Wales Museum**, whose wide-ranging collection is especially notable for its superb sculpture and miniature paintings.

Finish the day up with a stop at the **Gandhi Museum**, residing in the simple two-story building that served as Mahatma Gandhi's Bombay headquarters from 1917 to 1934. Wander through the library of approximately 50,000 books and periodicals; Gandhi's preserved rooms on the second floor, and a picture gallery documenting important events in his life.

This evening, enjoy a welcome dinner with fellow travelers.

**Overnight: Trident Nariman Point (or similar)**

**Included meals: Breakfast & Dinner**



📍 Mumbai, India

## DAY 4, December 4

### Professional Program in Mumbai

Today the professional members of the group will meet with **speech-language pathology and audiology counterparts** in the morning and afternoon. Interact with your professional counterparts while exploring India's healthcare system. This will include meetings with representatives from the **Indian Speech and Hearing Association, Ali Yavar Jung National Institute of Speech and Hearing Disabilities and Jaslok Hospital.**

The primary professional objective of this journey is to **interact with speech-language pathologists** and related professionals from a variety of facilities in both, Delhi and Mumbai. Explore India's healthcare system including healthcare delivery, access to care, prevention, health promotion, and unique approaches utilizing the various services of speech-language pathologists across the lifespan.

#### Guest program:

*Accompanying guests will travel by boat to Elephanta Island. There, on a hill, is a set of four rock-cut Hindu temples. From the ferry landing, the caves are reached by a stairway up the hillside. Though the exact date of these temples is not known, archaeologists estimate sometime between the 6th and 7th centuries when Buddhism was declining and Hinduism gaining ascendancy in India. Later, meander through the sleepy by-lanes of Old Colaba, stroll down the age old historic Dockyard road, visit the splendid university campus. Enjoy the arcaded bazaars along the Victorian style D N Road. Enjoy shopping tour before returning to the hotel.*

Lunch will be provided today, and dinner is by individual arrangement this evening.

**Overnight: Trident Nariman Point (or similar)**  
**Included meals: Breakfast & Lunch**

📍 Mumbai, India

## DAY 5, December 5

### Continued Professional Exchange

Continue your meetings this morning and afternoon with Indian counterparts at a **local hospital, head and neck cancer clinic, or school.** Develop an understanding and appreciation of the diverse issues in health care and speech-language pathology in a developing country like India to better serve increasingly diverse patients and families in your local communities.

#### Guest program:

*Accompanying guests will drive to Dharavi Slum with your guide to explore and visit the residential areas. See why it is the heart of small scale industry in Mumbai. Known to many as 'one of the largest slums in Asia', we prefer to think of Dharavi as Mumbai's beating heart. It houses about one million of Mumbai's inhabitants and its industries have an annual turnover of approximately US\$ 665 million. You will experience a wide range of these business activities: pottery-making, embroidery, bakery, soap factory, leather tanning, and many more. People from all over India have come to live in Dharavi, making it a microcosm of India and a fascinating place to explore. Return to the hotel after lunch where you will have some free time this afternoon to relax or explore independently.*

Lunch will be provided today with dinner by individual arrangement.

**Overnight: Trident Nariman Point (or similar)**  
**Included meals: Breakfast & Lunch**





📍 Delhi, India

## DAY 6, December 6

Depart Mumbai for your flight to **Delhi** this morning. Lunch is on your own this afternoon after arrival in Delhi.

The bustling metropolis of Delhi has been invaded, destroyed, and rebuilt countless times in its 5,000-year history. Today, it is a sprawling urban center unofficially divided into two parts: Old Delhi—the classic Indian experience of colorful, crowded streets and historical monuments—and New Delhi, India's capital, a city of wide avenues and government buildings that the British began erecting in the early 1900s.

This afternoon the group will visit the **Qutab Minar**, built in 1199 by Qutbuddin after his victory against a Rajput King. It is the highest and one of the finest stone towers in India.

Next, you will visit the **Gurudwara Bangla Sahib**, one of the most prominent Sikh temples. They feed more than 10,000 people every day, irrespective of caste, creed, color, religion. This is an integral part of 'Seva' or service, which is a highlight in the Sikh faith. The temple also organizes various other socio-philanthropic activities and its picturesque setting is perfect to calm, relax and contemplate.

Dinner will be provided at a local restaurant.

**Overnight: The Grand Hotel (or similar)**

**Included meals: Breakfast & Dinner**

📍 Delhi, India

## DAY 7, December 7

### Professional Exchange

Continue your professional exchange today with your local counterparts. A meeting will be requested with **Ali Yavar Jung National Institute of Speech and Hearing Disabilities**. Continue discussions around what speech-language, hearing and other rehabilitation services are available in rural vs urban areas of India and what types of speech, language and swallowing disorders are commonly seen in India in children and in adults.

#### **Guest program:**

*Accompanying guests will visit the Gandhi Museum & Lotus Temple. The temple is a house of Bahá'í Faith and is a space for people of all religions to gather, reflect, and worship. The building is composed of 27 free-standing marble-clad "petals" arranged in clusters of three to form nine sides.*

Lunch is by individual arrangement today with dinner at a local restaurant.

**Overnight: The Grand Hotel (or similar)**

**Included meals: Breakfast & Dinner**

📍 Delhi, India

## DAY 8, December 8

### Cultural & Humanitarian Exploration of Delhi

This morning the group will spend an hour volunteering at **DeePalaya**. This is a wonderful opportunity to contribute to a local school in a very tangible way. We will have the opportunity to understand the educational system in India and to interact with teachers and students. The school is the largest operating non-governmental organization (NGO) in Delhi, focusing on issues affecting the development of the urban and rural poor in India, with a special focus on children. Their main areas of influence are the urban slums of Delhi, but inroads into rural development in the states of Haryana and Uttarakhand have been made as well.



Travel by rickshaw past colorful bazaars, sacred temples, and colonial monuments through the winding streets of **Old Delhi**, the capital of Muslim India from the 12th century through the 19th centuries. See the sumptuous **Red Fort** palaces, (from outside), the symbol of Indian nationhood. Visit India's largest mosque, the white marble **Jama Masjid**, and admire handmade crafts sold at the market in Chandni Chowk.

After lunch, visit **New Delhi** which was designed and built by the British in the 1920's. It's a city of wide boulevards and impressive government buildings as well as green parks and gardens. You will also visit a monument from Delhi's past - **Humayun's Tomb**, which was built by the wife of Mughal Emperor Humayun, Haji Begum in the mid-16th century. Your drive takes you along the ceremonial avenue, Rajpath, past the imposing India Gate and Parliament House.

Dinner is on your own this evening.

**Overnight: The Grand Hotel (or similar)**

**Included meals: Breakfast & Lunch**

📍 Agra, India

## DAY 9, December 9

### Drive to Agra

Today the group will say farewell to Delhi and drive with your guide to **Agra**. The drive is about 4 hours. Lunch will be provided in route with dinner on your own arrangement this evening.

Upon arrival in Agra stop at the **Agra Fort**, the seat and stronghold of the Mughal Empire under successive generations. This was the seat of Mughal rule and administration and the present structure owes its origins to Akbar who erected the walls and gates and the first buildings on the eastern banks of the Yamuna River.

A farewell dinner will be provided this evening to give you a chance to recap your experience.

**Overnight: The Trident Hotel (or similar)**

**Included meals: Breakfast & Dinner**



📍 Agra, India

## DAY 10, December 10

### Drive to Delhi & Depart

Explore Shah Jahan's monument of love - the **Taj Mahal**. A mausoleum built for his queen Mumtaz Mahal, the Taj Mahal is said to have taken 22 years and 20,000 craftsmen to construct. Its perfect proportions and minutely detailed marble inlays will astound you. Its perfect proportions and minutely detailed marble inlays will astound you. It is renowned for its perfect proportions with rich, exquisite marble inlay with minute details and executed with great skill.

Say farewell to Agra and drive back to Delhi this afternoon. Lunch is by individual arrangement today.

Day use rooms are reserved at an airport hotel for your comfort since departure from India is very late this evening.

Dinner is by individual arrangement (meal service usually provided in flight).

**Overnight: N/A**

**Included meals: Breakfast**

📍 New York Area

## DAY 11, December 11

### Arrival

Arrival will be this morning back in the U.S.



📍 Mumbai, India

### **Trident Nariman Point**

Nariman Point  
Mumbai 400 021

Telephone: +91 22 6632 4343

<https://tridenthotels.com/hotels-in-mumbai-nariman-point>



📍 Delhi, India

### **The Grand**

Nelson Mandela Road, Vasant  
Kunj - Phase II, New Delhi  
Delhi 110070

Telephone: +91-114-766-1200

<http://www.thegrandnewdelhi.com>



📍 Agra, India

### **Trident Hotel**

Fatehabad Road  
Agra UP, 282 001

Telephone: +91 562 223 5000

<https://www.tridenthotels.com/hotels-in-agra>

