



**CAREER ENRICHMENT  
Dental Health Journey**

Visit Scotland on this customized dental health program. Discover Glasgow, Scotland's largest city, with its rich past as a religious center and one of the most important industrial cities in Britain. Edinburgh, the capital of Scotland, is also a delight with its Medieval Old Town contrasting with the Georgian splendor of the New Town. Aviemore, a town located in Cairngorms National Park in the Scottish Highlands, boasts stunning views.

**Program Highlights**

- 8 nights / 10-day journey through Scotland
- **Accompanying guest program** – alternate activities will be provided for those who do not wish to attend the meetings. This will include a visit to the delightful Kelvingrove Museum and Art Gallery.
- Optional post-program **extension to Belfast, Ireland**

**Focus on Dental & Healthcare Systems**

- Meet with a representative from the **NHS National Services Scotland** to learn about their role in the provision of care, especially to the most vulnerable in the population.
- **Interact with professional counterparts** to discuss issues of specific concern to the population of Scotland, including the influence of diet and other factors in the oral health of the population, the effect of the local diet in dental disease, and efficacy of dental therapy programs.
- Explore dental education with a visit to a **local university or dental school** and establish meaningful interaction and collaboration with your professional counterparts in the dental health arena.

**Focus on the Community & Culture**

- Give back with an exchange at **Cyrenians**, a group who have worked with the homeless and vulnerable, for the last 50 years, to transform their lives. Their name comes from the biblical story of Simon the Cyrene, but they are a secular organization. *A donation will be provided on your behalf.* Visit and help at one of their sites.
- Enjoy a **bagpiping experience** at the National Piping Center.
- **Explore the highlands** on a 4x4 safari excursion with a picnic lunch.
- Attend a **demonstration with a master chocolatier** at Iain Burnett – The Highland Chocolatier.

**Program Leader: Dr. Brittany Hill**

Dr. Hill is currently a Clinical Assistant Professor at the University of Illinois Chicago, where she teaches and trains pre-doctoral and post-doctoral students in the pediatric clinics. Dr. Hill's research interests include oral health disparities, access to care, behavior management, and pediatric restorative dentistry. She is a Diplomate of the American Board of Pediatric Dentistry and a member of the American Academy of Pediatric Dentistry.

**Scotland: Glasgow, Aviemore & Edinburgh**

**October 25-November 3, 2022**

**\$5,899** (based on double occupancy)

**\$999** (single supplement)

**BOOK NOW 888.747.7501**



**Why Nanda Journeys?**  
*Travel for people with purpose and passion. See for yourself what a difference travel makes.*

**Ready to go?**

**Tel:** 888.747.7501

**Email:** [info@nandajourneys.com](mailto:info@nandajourneys.com)

**Website:** [www.nandajourneys.com](http://www.nandajourneys.com)

CST 2121590-40