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Wound Care:

Instructions for SugarDyne:

Mix equal parts of sugar and betadine. Usually 1 tsp of each. Mix sugar and betadine, this will create a paste. Apply to affected area _____ qd or _____ bid, as directed. Keep dressing on and covered. Remove dressing to shower.

Instructions for Pin Care:

You have a pin that is visible from surgery. At least 2 times a day you need to perform pin care. With a clean Q-tip, soak the tip in hydrogen peroxide (H2O2). With the saturated Q-tip, clean the entire pin and any residue or scab, push the skin edges back from the pin. Then take a new Q-tip, soak tip with Betadine (unless allergic) and paint pin and surrounding tissue. Let the Betadine dry, this is anti-microbial. Do not wipe off the betadine. Cover pin tip with a soft dressing. Remove dressing to shower.