

3. Does ROMANS 8:28 teach that every circumstance will have a happy conclusion?  
Explain how this verse applies to *worry*.



February 27, 2022

## Don't Worry

I. \_\_\_\_\_ to \_\_\_\_\_ if you are \_\_\_\_\_:

A. Worry is \_\_\_\_\_ a \_\_\_\_\_  
God \_\_\_\_\_ you to have.

MATTHEW 6:31-32

B. Worry is \_\_\_\_\_ about something  
\_\_\_\_\_ you have \_\_\_\_\_.

MATTHEW 6:27

II. Why \_\_\_\_\_ want \_\_\_\_\_ to \_\_\_\_\_:

A. Worrying is \_\_\_\_\_.

ECCLESIASTES 2:22-23; MATTHEW 6:34

B. Worrying has \_\_\_\_\_  
on your \_\_\_\_\_. PROVERBS 12:25; PSALM 37:8; LUKE 21:34

C. Worrying is a \_\_\_\_\_.

ROMANS 8:35; MATTHEW 6:26-30, 33; PSALM 34:19; MATTHEW 6:25, 31, 34

III. How to \_\_\_\_\_ into \_\_\_\_\_:

A. You start with a \_\_\_\_\_  
with \_\_\_\_\_. PROVERBS 19:23; JOHN 14:27

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## PERSONAL APPLICATION

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1. List the top three things about which you are most inclined to worry right now.

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2. What must you do to follow the plan of PHILIPPIANS 4:6-7 to overcome worry and find God's peace?

If you have never been *born again*, contact Pastor Caleb or a trusted Christian friend this week to find out how.

B. You must \_\_\_\_\_  
with \_\_\_\_\_.

PHILIPPIANS 4:6; JAMES 5:13; 1 PETER 5:7; PSALM 94:19

C. You must \_\_\_\_\_  
\_\_\_\_\_ on \_\_\_\_\_. PSALM 43:5; 59:16

Conclusion: God wants you to \_\_\_\_\_ a \_\_\_\_\_  
\_\_\_\_\_ of \_\_\_\_\_.

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## STUDY QUESTIONS

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1. Read Jesus' explanation of the parable of *the sower and the seed* in MATTHEW 13:18-23.  
What can be learned about worry from this context?

2. Read LUKE 21:34. What else did Jesus put into the same category as *worry*? In what ways are these things similar?

3. 1 PETER 5:5-7 is about *humility*.

Why is *humility* important in overcoming *anxiety*?

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## DISCUSSION QUESTIONS

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1. Read LUKE 12:25-26.  
Use your own words and thoughts to explain these verses.

2. When you are *burdened* about something, does that mean you are guilty of *worry*? Explain your answer.