

| Sunday   | Monday   | Tuesday   | Wednesday  | Thursday  | Friday   | Saturday   |
|--|--|---|--|---|--|--|
| <p><b>Weekly Fitness Schedule</b></p> <hr/> <p><b>Temporary Fitness Center Hours</b></p> <p><b>The Palms Fitness</b><br/>Monday-Friday<br/>7am-7pm<br/>Saturday-Sunday<br/>7am-7pm</p> <p><b>Riviera Spa &amp; Fitness</b><br/>Monday-Friday<br/>7am-7pm<br/>Saturday-Sunday<br/>7am-7pm</p> | <p><b>7am</b> Group Barbell-PA<br/><b>8am</b> Breathe, Stretch &amp; Relax-PA<br/><b>8am</b> Tabata H2O-RSF<br/><b>8am</b> Total Body Toning Exercise-RSF<br/><b>9am</b> Splash + Tone-RSF<br/><b>9am</b> Athletic Conditioning-RSF<br/><b>9am</b> Zumba Step-PA<br/><b>11am</b> Fit Factory-PA<br/><b>11am</b> H.I.I.T. Cardio Body Blast-RSF<br/><b>12pm</b> Self Defense Class-RSF<br/><b>12pm</b> Zumba-PA<br/><b>1pm</b> Balls &amp; Bands-PA<br/><b>3pm</b> Muscle Ignite-PA</p> | <p><b>7am</b> Express Total Body Sculpt-RSF<br/><b>8am</b> Beginning Tai Chi-PA (Basketball Court)<br/><b>8am</b> Walk + Tone (Outside)-RSF<br/><b>8am</b> Splash + Tone-RSF<br/><b>9am</b> Body Sculpting-RSF<br/><b>9am</b> Intermediate Tai Chi-PA (Basketball Court)<br/><b>11am</b> Barre-RSF<br/><b>12pm</b> Intermediate Line Dance-RSF<br/><b>12pm</b> Pilates-PA<br/><b>1pm</b> Advanced Line Dance-RSF<br/><b>3pm</b> Balance Training-RSF<br/><b>4pm</b> Power Yoga-PA</p> | <p><b>7am</b> Body Sculpting-PA<br/><b>8am</b> Aqua Zumba-RSF<br/><b>8am</b> Everybody Steps-PA<br/><b>9am</b> Breathe, Stretch &amp; Relax-RSF<br/><b>9am</b> Core + More-PA<br/><b>11am</b> Cardio H.I.I.T. Party-PA<br/><b>11am</b> Zumba Gold Toning-RSF<br/><b>12pm</b> Balls &amp; Bands-RSF<br/><b>12pm</b> Joint Relief (Aqua)-RSF<br/><b>12pm</b> Yoga-PA<br/><b>1pm</b> Beginner Balance Training-PA<br/><b>1pm</b> Zumba-RSF<br/><b>4pm</b> Muscle Conditioning-RSF (Gym)</p> | <p><b>7am</b> Boot Camp-PA<br/><b>8am</b> Total Body Conditioning-RSF<br/><b>8am</b> Splash + Tone-RSF<br/><b>8am</b> Walk + Tone (Outside)-RSF<br/><b>8am</b> Yogabear-PA<br/><b>9am</b> Body Sculpting-PA<br/><b>9am</b> Breathe, Stretch &amp; Relax-RSF<br/><b>11am</b> Fit Factory-PA<br/><b>11am</b> Gentle Joints (Land Based)-RSF<br/><b>12pm</b> Beginner Line Dance-PA<br/><b>12pm</b> Self Defense Class-RSF<br/><b>1pm</b> Balance Training-RSF</p> | <p><b>7am</b> Body Sculpting-RSF<br/><b>8am</b> Splash + Tone-RSF<br/><b>8am</b> Yoga-PA<br/><b>8am</b> Yogabear-RSF<br/><b>9am</b> Cardio Kickboxing-PA<br/><b>9am</b> Zumba Gold Toning-RSF<br/><b>11am</b> Zumba-PA<br/><b>11am</b> Zumba Combo-RSF<br/><b>12pm</b> Everybody Steps-RSF<br/><b>12pm</b> Muscle Ignite-PA<br/><b>1pm</b> Joint Relief (Aqua)-RSF</p> | <p><b>8am</b> Aqua Craze-RSF<br/><b>8am</b> Yoga Flow-RSF<br/><b>9am</b> Barre &amp; Pilates Fusion-RSF<br/><b>9am</b> Body Alive-PA<br/><b>10:30am</b> Tai Chi-RSF (Basketball Court)</p> |

| Sunday  | Monday  | Tuesday   | Wednesday   | Thursday  | Friday  | Saturday  |
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| <p><b>30</b></p> <p><b>1:30pm</b> Solivita Dancing Diehards-RSF<br/><b>3pm</b> Forever Young: Live Music-RSF2<br/><b>3pm</b> Water Volleyball-RSF<br/><b>6pm</b> Cribbage Club-GTR</p>                                      | <p><b>31</b></p> <p><b>9am</b> Daisy's TX Canasta-VP<br/><b>9am</b> Sculpture-CR<br/><b>9am</b> Solivita Shuffleboard-FP<br/><b>9am</b> Sculpture-CR<br/><b>10am</b> Sol Writers-RSF2<br/><b>10:30am-3pm</b> Farmers Market-FP<br/><b>1pm</b> Acrylic Painting-AR<br/><b>1pm</b> ECWC Bible Study-LV<br/><b>3pm</b> Movie Matinee: <i>A Star is Born</i>-Ch. 732<br/><b>4pm</b> Solivita Billiards-BL<br/><b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts<br/><b>6:30pm</b> Solivita University: <i>The Privilege of Voting in the U.S.-ZOOM</i><br/><b>6:45pm</b> Ladies Poker-MSA<br/><b>7pm</b> CERT-RSF2</p>             | <p><b>Village Center Hours</b></p> <p><b>Waterfront Galleries</b> (Library, Billiard, Ceramic, Computer &amp; Art Galleries) Sunday-Saturday 8am-11pm</p> <p><b>Starlite Ballroom</b> Sunday-Saturday 8am-11pm</p> <p><b>The Palms Amenity Center</b> Sunday-Saturday 8am-9pm</p>   | <p><b>Room Legend</b></p> <p>AR Art Gallery<br/>BL Billiards Gallery<br/>BP Bella Viana<br/>AM Amenity Center<br/>CM Computer Gallery<br/>CP Cooperstown Pavilion<br/>CR Ceramics Gallery<br/>FP Freedom Park<br/>GR The Grille at Stonegate<br/>GTR Gator Room<br/>LB Library<br/>LV Lago Vista Amenity Ctr<br/>MB Marketplace Bistro<br/>MG Magnolia Room<br/>MO Moais<br/>MSA Mediterranean Skyline, Aegean Room</p> | <p><b>Room Legend cont.</b></p> <p>MSB Mediterranean Skyline, Baltic Room<br/>MSC Mediterranean Skyline, Caspian Room<br/>PA The Palms Amenity Ctr<br/>RC Resident to Resident (R2R) Resource Ctr<br/>RSF Riviera Spa &amp; Fitness Center<br/>RSF2 Riviera Spa &amp; Fitness Center Second Floor Classroom<br/>SGC Stonegate Golf Club<br/>ST Starlite Ballroom<br/>STA Starlite Ballroom A<br/>STB Starlite Ballroom B<br/>STC Starlite Ballroom C<br/>VP Venezia Amenity Ctr<br/>WP Wimbledon Pavilion</p> | <p><b>STAY TUNED FOR MORE DETAILS ON AUGUST EVENTS THROUGH THE COMMUNITY EMAIL BLASTS</b></p>   | <p><b>1</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Solivita Shuffleboard-FP<br/><b>10:30am</b> Mahjong-MSC<br/><b>12pm</b> CCA Poker-MSA</p>  |
| <p><b>2</b></p> <p><b>1:30pm</b> Solivita Dancing Diehards-RSF<br/><b>3pm</b> Forever Young: Live Music-RSF2<br/><b>3pm</b> Water Volleyball-RSF<br/><b>4pm</b> Solivita Singles-ST<br/><b>6pm</b> Cribbage Club-GTR</p>    | <p><b>3</b></p> <p><b>9am</b> Daisy's TX Canasta-VP<br/><b>9am</b> Sculpture-CR<br/><b>9am</b> Solivita Shuffleboard-FP<br/><b>9am</b> Sculpture-CR<br/><b>10am</b> Sol Writers-RSF2<br/><b>10:30am-3pm</b> Farmers Market-FP<br/><b>1pm</b> Acrylic Painting-AR<br/><b>1pm</b> ECWC Bible Study-LV<br/><b>3pm</b> Movie Matinee: <i>The Old Man and the Gun</i>-Ch. 732<br/><b>4pm</b> Solivita Billiards-BL<br/><b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts<br/><b>6:45pm</b> Ladies Poker-MSA<br/><b>7pm</b> CERT-RSF2</p>  | <p><b>4</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>8:30am</b> The Birders-MSC<br/><b>9am</b> La Fe Christian-RSF2<br/><b>9am</b> Solivita Dragon Boat-By Deck Boxes<br/><b>10am</b> Ceramics-CR<br/><b>10am</b> Solivita Dragon Boat Paddle Clinic-By Deck Boxes<br/><b>10am</b> TOPS in Sol.-MSC<br/><b>10am</b> Watercolor-AR<br/><b>12:30pm</b> Mahjong-MSC<br/><b>1:30pm</b> Bunco-RSF2<br/><b>2pm</b> Trivia on TV-Ch. 732<br/><b>4pm</b> Solivita Billiards-BL<br/><b>5pm</b> SoulaVita Line Dancers-PA<br/><b>7pm</b> Astronomy Club-MSB</p> | <p><b>5</b></p> <p><b>9am</b> Sew &amp; So-AR<br/><b>9am</b> Solivita Shuffleboard-FP<br/><b>10am</b> Yarners-MSC<br/><b>11am-1pm</b> Curbside Cuisine-FP<br/><b>11am</b> Men's Softball Clinic-FP<br/><b>11am</b> Sculpture-CR<br/><b>2pm</b> Wellness Lecture: AdventHealth-RSF2</p>  | <p><b>6</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Sculpture-CR<br/><b>10am</b> Cancer Support Group-MG<br/><b>10am</b> Wellness Lecture: <i>Medicare Workshop #1</i>-PA<br/><b>4pm</b> Solivita Billiards-BL<br/><b>6:30pm</b> Pinochle Club-MSC<br/><b>7pm</b> Movie Night: <i>First Man</i>-Channel 732</p>  | <p><b>7</b></p> <p><b>9am</b> Mixed-Media Artworks-CR<br/><b>9am</b> Solivita Dragon Boat-By Deck Boxes<br/><b>10am-12pm</b> Activities Ticket Refund, Fall 2020 Community Garden Application, Dog Park Registration and Volunteer Log Sheet Day-FP<br/><b>10:30am-3pm</b> Farmers Market-FP<br/><b>12pm</b> Oh Scrap!-CR</p> | <p><b>8</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Solivita Shuffleboard-FP<br/><b>10:30am</b> Mahjong-MSC<br/><b>12pm</b> CCA Poker-MSA<br/><b>1:30pm</b> Beginners Acrylic Painting Class-CR</p>          |
| <p><b>9</b></p> <p><b>1pm</b> Newplicate Bridge-MSA<br/><b>1:30pm</b> Solivita Dancing Diehards-RSF<br/><b>3pm</b> Forever Young: Live Music-RSF2<br/><b>3pm</b> Water Volleyball-RSF<br/><b>6pm</b> Cribbage Club-GTR</p>  | <p><b>10</b></p> <p><b>9am</b> Daisy's TX Canasta-VP<br/><b>9am</b> Sculpture-CR<br/><b>9am</b> Solivita Shuffleboard-FP<br/><b>9am</b> Sculpture-CR<br/><b>10am</b> Solivita Artisan Guild-AR<br/><b>10:30am-3pm</b> Farmers Market-FP<br/><b>1pm</b> Acrylic Painting-AR<br/><b>1pm</b> ECWC Bible Study-LV<br/><b>3pm</b> Movie Matinee: <i>The Wife</i>-Ch. 732<br/><b>4pm</b> Solivita Billiards-BL<br/><b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts<br/><b>6:45pm</b> Ladies Poker-MSA</p>  | <p><b>11</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Solivita Dragon Boat-By Deck Boxes<br/><b>10am</b> Ceramics-CR<br/><b>10am</b> TOPS in Sol.-MSC<br/><b>10am</b> Watercolor-AR<br/><b>12:30pm</b> CAP-RSF2<br/><b>12:30pm</b> Mahjong-MSC<br/><b>2pm</b> Trivia on TV-Ch. 732<br/><b>3pm</b> Holistic Horizons-MSB<br/><b>3pm</b> Seniors for Safe Schools &amp; Communities-RSF2<br/><b>4pm</b> Solivita Billiards-BL<br/><b>5pm</b> SoulaVita Line Dancers-PA<br/><b>7pm</b> Solivita Fishing-MSB</p>                                  | <p><b>12</b></p> <p><b>Rays of Service Volunteer Log Sheet Due</b></p> <p><b>Fall Community Garden Applications Due</b></p> <p><b>9am</b> Solivita Shuffleboard-FP<br/><b>10am</b> Yarners-MSC<br/><b>11am-1pm</b> Curbside Cuisine-FP<br/><b>11am</b> Sculpture-CR<br/><b>1pm</b> Silk Floral Design Class-AR<br/><b>2pm</b> Wellness Lecture: Riviera Spa Massage-RSF2</p>  | <p><b>13</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Sculpture-CR<br/><b>10am</b> Cancer Support Group-MG<br/><b>4pm</b> Solivita Billiards-BL<br/><b>6:30pm</b> Pinochle Club-MSC<br/><b>7pm</b> Movie Night: <i>Widows</i>-Channel 732</p>   | <p><b>14</b></p> <p><b>9am</b> Mixed-Media Artworks-CR<br/><b>9am</b> Solivita Dragon Boat-By Deck Boxes<br/><b>10:30am-3pm</b> Farmers Market-FP<br/><b>12pm</b> Oh Scrap!-CR</p>  | <p><b>15</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Solivita Shuffleboard-FP<br/><b>10:30am</b> Mahjong-MSC<br/><b>12pm</b> CCA Poker-MSA</p>   |
| <p><b>16</b></p> <p><b>1:30pm</b> Solivita Dancing Diehards-RSF<br/><b>3pm</b> Forever Young: Live Music-RSF2<br/><b>3pm</b> Water Volleyball-RSF<br/><b>6pm</b> Big Money Bingo-ST<br/><b>6pm</b> Cribbage Club-GTR</p>    | <p><b>17</b></p> <p><b>9am</b> Daisy's TX Canasta-VP<br/><b>9am</b> Sculpture-CR<br/><b>9am</b> Solivita Shuffleboard-FP<br/><b>10am-3pm</b> Blood Drive-FP<br/><b>10am</b> Sol Writers-RSF2<br/><b>10:30am-3pm</b> Farmers Market-FP<br/><b>1pm</b> Acrylic Painting-AR<br/><b>1pm</b> ECWC Bible Study-LV<br/><b>3pm</b> Movie Matinee: <i>The Sisters Brothers</i>-Ch. 732<br/><b>4pm</b> Solivita Billiards-BL<br/><b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts<br/><b>6:30pm</b> Solivita University: <i>The Privilege of Voting in the U.S.-ZOOM</i><br/><b>6:45pm</b> Ladies Poker-MSA</p>                         | <p><b>18</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Solivita Dragon Boat-By Deck Boxes<br/><b>10am</b> Ceramics-CR<br/><b>10am</b> Grief Support Group-RSF2<br/><b>10am</b> TOPS in Solivita-MSC<br/><b>10am</b> Watercolor-AR<br/><b>12:30pm</b> Mahjong-MSC<br/><b>1:30pm</b> Bunco-RSF2<br/><b>2pm</b> Trivia on TV-Ch. 732<br/><b>4pm</b> Solivita Billiards-BL<br/><b>5pm</b> SoulaVita Line Dancers-PA<br/><b>6:30pm</b> Solivita Sorcerers-MSB</p>   | <p><b>19</b></p> <p><b>9am</b> Solivita Shuffleboard-FP<br/><b>10am</b> Yarners-MSC<br/><b>10am</b> Wellness Lecture: Poinciana Medical Center-RSF2<br/><b>11am-1pm</b> Curbside Cuisine-FP<br/><b>11am</b> Men's Softball Clinic-FP<br/><b>11am</b> Sculpture-CR</p>   | <p><b>20</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Sculpture-CR<br/><b>10am</b> Cancer Support Group-MG<br/><b>4pm</b> Solivita Billiards-BL<br/><b>6:30pm</b> Pinochle Club-MSC<br/><b>7pm</b> Movie Night: <i>Bohemian Rhapsody</i>-Channel 732</p>  | <p><b>21</b></p> <p><b>9am</b> Mixed-Media Art-CR<br/><b>9am</b> Solivita Dragon Boat-By Deck Boxes<br/><b>10:30am-3pm</b> Farmers Market-FP<br/><b>12pm</b> Oh Scrap!-CR</p>   | <p><b>22</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Solivita Shuffleboard Club-FP<br/><b>10:30am</b> Mahjong-MSC<br/><b>12pm</b> CCA Poker-MSA</p>  |
| <p><b>23</b></p> <p><b>1pm</b> Newplicate Bridge-MSA<br/><b>1:30pm</b> Solivita Dancing Diehards-RSF<br/><b>3pm</b> Forever Young: Live Music-RSF2<br/><b>3pm</b> Water Volleyball-RSF<br/><b>6pm</b> Cribbage Club-GTR</p> | <p><b>24</b></p> <p><b>9am</b> Daisy's TX Canasta-VP<br/><b>9am</b> Sculpture-CR<br/><b>9am</b> Solivita Shuffleboard-FP<br/><b>10:30am-3pm</b> Farmers Market-FP<br/><b>1pm</b> Acrylic Painting-AR<br/><b>1pm</b> ECWC Bible Study-LV<br/><b>3pm</b> Movie Matinee: <i>Can You Ever Forgive Me?</i>-Ch. 732<br/><b>4pm</b> Solivita Billiards-BL<br/><b>4pm</b> Solivita University: <i>Literary Lecture: Shakespeare's Sonnets</i>-ZOOM<br/><b>6pm</b> Twilight Bocce-Heritage Park Bocce Courts<br/><b>6:30pm</b> Solivita University: <i>The Privilege of Voting in the U.S.-ZOOM</i><br/><b>6:45pm</b> Ladies Poker-MSA</p> | <p><b>25</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Solivita Dragon Boat-By Deck Boxes<br/><b>10am</b> Ceramics-CR<br/><b>10am</b> TOPS in Solivita-MSC<br/><b>10am</b> Watercolor-AR<br/><b>12:30pm</b> Mahjong-MSC<br/><b>2pm</b> Trivia on TV-Ch. 732<br/><b>3pm</b> Holistic Horizons-MSB<br/><b>4pm</b> Solivita Billiards-BL<br/><b>5pm</b> SoulaVita Line Dancers-PA<br/><b>7pm</b> Guys &amp; Dolls-ST</p>  | <p><b>26</b></p> <p><b>9am</b> Solivita Shuffleboard-FP<br/><b>10am</b> Yarners-MSC<br/><b>11am-1pm</b> Curbside Cuisine-FP<br/><b>11am</b> Sculpture-CR</p>  | <p><b>27</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>8:30am</b> Newsletter Assembly-ST<br/><b>9am</b> Sculpture-CR<br/><b>10am</b> Cancer Support Group-MG<br/><b>4pm</b> Solivita Billiards-BL<br/><b>6pm</b> Gun Club-RSF2<br/><b>6:30pm</b> Pinochle Club-MSC<br/><b>7pm</b> Movie Night: <i>Robin Hood</i>-Channel 732</p>   | <p><b>28</b></p> <p><b>9am</b> Mixed-Media Art-CR<br/><b>9am</b> Solivita Dragon Boat-By Deck Boxes<br/><b>10:30am-3pm</b> Farmers Market-FP<br/><b>12pm</b> Oh Scrap!-CR<br/><b>5pm</b> Game On-GTR</p>  | <p><b>29</b></p> <p><b>8am</b> Horseshoes-FP<br/><b>9am</b> Solivita Shuffleboard Club-FP<br/><b>9:30am-1:30pm</b> Solivita Car Show-Village Drive<br/><b>10:30am</b> Mahjong-MSC<br/><b>12pm</b> CCA Poker-MSA</p> |