



Hamilton Madison House 麥迪臣社區中心

City Hall Older Adult Center 耆英會

100 Gold Street. New York, NY 10038 || Tel: (212)-788-5580

Operation Hours 營業時間 Monday to Friday 周一至周五 8:30AM - 4:30PM

Breakfast 早餐服務 Monday to Friday 周一至周五 9:00AM - 9:30AM

Lunch 午餐服務 Monday to Friday 周一至周五 11:30AM - 12:30PM

Social Assistance Services 社工服務 Monday to Friday 周一至周五 9:00AM-11:30AM

Member Registration 會員入會 Monday to Friday 周一至周五 9:30AM-11:30AM



2025 一月份的中心活動日曆 Calendar January 2025 In person, Hybrid & Virtual

WHOLE DAY 全天活動

- Computer Lab 電腦室/ Library 圖書室 (newspaper& books 當日報紙, 圖書) 9am-3:30pm
- Ping Pong 乒乓球 9am-3pm
- Chinese Chess, Mahjong 象棋, 麻將 / Multimedia: TV show/ movie day 電影 / 電視



Please scan the WeChat QR code on the right corner and subscribe to the official WeChat account platform for the recent updates.

Or visit: <http://www.hamiltonmadisonhouse.org/city-hall-older-adults-center.html>

歡迎參加耆英會多種精彩活動。請掃描右上角的二維碼關注微信公眾號，獲取最新消息。或請訪問官方網站: <http://www.hamiltonmadisonhouse.org/city-hall-older-adults-center.html>

Monday 星期一	Tuesday 星期二	Wednesday 星期三	Thursday 星期四	Friday 星期五
10am-11:15am Tai Chi 太極	9:30am-10:30am	9:30am-11am	9:30am-10:30am	10am-11:15am Tai Chi 太極
10:30am-11:30am Blood pressure 量血壓	Chinese Painting 中國畫	Square Dance 民族廣場舞	Zumba 森巴舞	10:30-11:30am Blood pressure 量血壓
9:30am-11:00am Piano Class Advanced 中級鋼琴課	10:30am-11:30am Calligraphy 書法班	English Conversation Class 英語會話課	9:30am-11:30am Paper Folding 折紙藝	10-11:30am Smart phone and Tablet Class 平板手機課
9:30am-11:30am Smart Phone & Tablet Workshop 平板手機問題工作坊(1-on-1)	1/7 10am-11am Nutrition Workshop 營養講座	9:30-10:30am (Beginning) 初級課 10:30-11:30am (Advanced) 進階課	10:30am-11:30pm Music Group 音樂組	9:30am-11:30am ESL Zoom 線上英文課
1/6, 1/13 10am-11:30pm Golden Tea Ceremony 琥珀金茶會 (1月13日最後一次)	1/14 10:30am-11:30am PEDESTRIAN SAFETY WORKSHOP 行人安全講座	1/1 New Year's Day Center will be closed 1月1日新年 休息中心關閉一天		1/10 10:15am-11:30am 金物華醫生主講 Health Workshop 冠心病和B肝講座
1:00pm-3:00pm Piano Class Beginning 初級鋼琴課	9:30am-11:00am 手機平板電腦應用課 (Hybrid) Smart phone and Tablet class	1:15pm-3:15pm Karaoke 卡拉OK	1:00pm - 3:00pm Social Dance Exercise Club 交誼舞	1:00pm-3:00pm Chorus 合唱團
1:00pm-3:00pm Chorus 合唱團小組	1:15pm-3:15pm Karaoke 卡拉OK	1:00pm-3:00pm Computer Zoom Class 線上電腦課(上課請諮詢辦公室) Please consult CHOAC office for access	1:00pm - 3:00pm Line Dance Class 民族舞蹈課	1/29 Lunar New Year 農曆新年 恭祝 2025 農曆新年快樂!
1/20 Martin Luther King Jr. Day Center will be closed 1月20日馬丁路德金日 休息中心關閉一天	1:00pm-3:00pm Computer Zoom Class 線上電腦課 Please consult CHOAC office for access	1:00pm-3:00pm Computer Zoom Class 線上電腦課(上課請諮詢辦公室) Please consult CHOAC office for access	1:15pm-3:15pm Karaoke 卡拉OK	
	1/7 1pm-2pm Birthday Party 生日會	1:00pm -3:30pm Chinese Opera 京劇	2:30pm-4:30pm Citizenship Zoom Class 線上公民入籍班 (上課請諮詢辦公室) Please consult CHOAC office for access	
	1:00pm-3:00pm Korean Culture Club	1:00pm-2:30pm Drawing Class 素描繪畫課		

本月亮点 Program Highlights:

- 1月7日營養講座，歡迎參加。Join us for the Nutrition Workshops on January 7th.
- 1月14日有行人安全講座，歡迎參加。Join us for the Pedestrians Safety Workshops on January 14th.
- 1月7日下午生日派對，歡迎參加。Birthday Party will be held on 1/7 afternoon.
- 1月10日早上舉行冠心病和B肝相關健康講座。Health Workshop will be held on 1/10 morning.
- 1月1日新年和1月20日馬丁路德金日放假中心關閉休息。Center will be closed on 1/1 and 1/20 to celebrate New Year's Day & Martin Luther King Jr. Day.

The City Hall Older Adult Center is funded by the New York City Department for the Aging 耆英會長者中心由紐約市老人局資助