

FACE & BODY REVIVAL  
PROUDLY PRESENTS OUR  
EXCLUSIVE MEMBERSHIP PROGRAM

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**There is a peel for your skin type!**

Depending on the client's skin condition and concerns these skin rejuvenating peels will improve the tone, texture and clarity of the skin. Additionally, they will reduce or eliminate age spots, freckles, and hyper-pigmentation. It helps with melasma, softens lines and wrinkles, clears acne skin conditions, reduces or eliminates acne scars, and stimulates the production of collagen for firmer, brighter, smoother, more youthful skin.

**Pumpkin Enzyme Peel** \_This is a delicious facial that's great for all skin types. Strong yet gentle. We start with enzyme steam. Next, a light scrub followed by extractions. The Epicuren Pumpkin Enzyme Mask will remove dead skin cells and gives a deep exfoliation. Your skin will be glowing and youthful.

\$125

**Epicuren Enzyme Hot Peel Facial** \_The non-surgical facelift, firming and anti-aging facial. Excellent for deep exfoliating to remove dead skin cells, and assists in dry skin, acne, hyper-pigmentation and large pores. It includes a hot cinnamon peel and 2 protein enzyme mask that are stimulating and rejuvenating and helps draw out deep impurities. Your skin will be tightened, toned, clear, and radiant.

\$125

**Epicuren Sensa Peel** - A mild, synergistic blend of 'smart' acids encapsulated in Epicuren's Intel-Release delivery technology. This system intelligently, and gently exfoliates surface layers of the epidermis, while calming botanical ingredients are delivered to comfort, and reduce post-peel sensitivity.

\$125

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**Epicuren Bi-Peel** - A sophisticated 32% smart Lactic Acid blend that utilizes Epicuren's exclusive "Intel-Release" delivery technology. This system intelligently and effectively exfoliates surface layers of the epidermis, while delivering extended hydration. The result is a refined, supple, and glowing complexion.

\$125

**Glycolic Detox Peel** - Removes dry and dead skin to expose that fresh, healthy glow. Helps stimulate the production of collagen and elasticity.

\$125

**TCA Retinol Peel** - TCA Retinol Facial is a cleansing, exfoliating facial w/ very little down time that removes dead skin cell & stimulates collagen production to improve skin tones, texture & firmness. Great for all skin types. This peel will address most skin concerns. sun damage, hyper-pigmentation, premature aging, fine lines & wrinkles. Also can assist in clearing acne.

\$150

( Series of 3 for \$300 )

## **BEFORE AND AFTER INSTRUCTIONS**

**Remember, it's simple when in doubt ask your skin care professional**

Avoid taking blood thinners, ibuprofen, Acetaminophen and pain relievers before a peel, although it may relieve pain temporarily it also thins the blood leaving you prone to bruising and broken capillaries.

Hold off on using Prescription acne products Retin-A, Renova and all other medication 48 hours prior to and after you peels unless instructed by your skin specialist.

Avoid sun exposer and sun beds or sauna, steam rooms and jacuzzi for 48 hours as this will increase your chances of broken capillaries.

Avoid vigorous exercises, hot yoga and swimming for 24-48 hours after treatment

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Our preference would be to wait 10 days to 2 weeks, until the swelling and bruising from fillers have fully resolved. Botox also takes approximately 2 weeks to achieve the full effects.

We recommend waiting at least 2 weeks, to give enough time for your skin to recover after IPL Laser Treatment. Having a Chemical Peel 1-2 weeks prior to IPL Laser treatment will be a good idea as well. When the skin exfoliates the light from the IPL will penetrate better and you will have a more beneficial treatment. Microdermabrasion is also recommended 2 weeks after IPL treatment to exfoliate the dead skin cell and improve overall skin texture.

If you are having Laser Hair Removal you need to wait 10 days Microdermabrasion - usually Laser Hair Removal on Face is done monthly so 1 Microdermabrasion session fits nicely in between your Laser sessions.

Do not use any exfoliating products containing AHA's for up to 7 days after. Microdermabrasion treatment. These can irritate the skin.

Avoid any waxing / epilating for up to 1 to 2 weeks after Microdermabrasion, Dermaplaning, Microneedling, Chemical peels and Laser treatments. Remember you can cause trauma and hyper-pigmentation to your skin.

If you have had a skin peel you need to wait minimum of 14 days before you can have Microdermabrasion- Otherwise the two treatments combines together can have harsh effects on the skin. Drink plenty of water to re-hydrate the skin. Remember that the new fresh skin that is exposed is delicate- Use Epicuren sunscreen / sunblock to protect the skin from the harmful rays of the sun. Keep the skin well moisturized, using Epicuren moisturizer day and night - this will avoid any peeling and dryness.

Keep the skin clean- that means cleanse, tone and moisturize everyday as instructed by your skin care practitioner. Your recommended treatment should be repeated everyday your will attain healthier skin after each and every treatment.