

Greater Columbia FYSPRT Strategic 5 Year/ Annual Work Plan

Goal 1: Have adequate representation of youth, family partners on the Regional FYSPRT Started TA with WSCC who provided an Intro to FYSPRT training for the community called the Who, Why, What of FYSPRT on 06/10/21. Unfortunately, attendance was solely system partners. Will continue to work on outreaching strategies to target youth and families.	Tool	Baseline	Target
	% of youth and family participating	37%	51%

Key Contributing Factors	Objectives	Strategies	Evaluation		
			Tool	Baseline	Target
System Partner Representation	1.1 Follow manual for suggested agency representation	1.1.1 Quarterly contact with the listed agencies 1.1.2 Outreach at other agency staff meetings	<ul style="list-style-type: none"> • Phone contacts • Committee involvement • Send quarterly MTG invitations • Social media • Stream regional meetings 	75% contact rate	100% contact rate by the end of 2021
Youth and Family Participation	1.2 Youth and Family membership at 51%	1.2.1 Outreach designed for families 1.2.2 Outreach designed for youth 1.2.3 Youth and Family friendly meetings 1.2.4 Youth Move National Technical Assistance	<ul style="list-style-type: none"> • Social media • Advocacy meetings • Parent to Parent • Youth groups • Youth and family centered planning • Stream regional meetings • Promote at Youth focused events 	49% youth and family participation	51% youth and family participation by the end of 2021

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<p>Goal 2: Most counties will be represented at the Regional FYSPRT over the course of the next 5 years.</p> <p>Counties represented as of 12/2020: Benton, Franklin, Yakima, Asotin, Garfield. GCBH region is widespread. Update as of 06/30/21, We will continue to target outreaching strategies for those counties. Updated Rack cards were created and ordered to be distributed to providers across the region.</p>	Tool	Baseline	Target
	# of counties participating	%55	100%

Key Contributing Factors	Objectives	Strategies	Evaluation		
			Tool	Baseline	Target
Outreach - Group	2.1 Participate in outreach quarterly	2.1.1 Health fairs 2.1.2 Resource Fairs 2.1.3 Attend community/coalition meetings	<ul style="list-style-type: none"> • List serves • Join Project Launch • newsletters 	Participate in 1 events p/ quarter	By 2020 Participate in 2 outreach events. 1 per quarter.
	2.2 Stream regional FYSPRT meetings	2.2.1 find a streaming method 2.2.2 email FYSPRT group "how to" instructions on streaming 2.2.3 post on FYSPRT website 2.2.4 post on FSYPRT Facebook	<ul style="list-style-type: none"> • Website • Facebook 	Of the 10 counties most of the counties will participate	By 2021 majority of counties will be participating in the regional FYSPRT

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Outreach – Individually targeted	2.3 Brainstorm with the FYSPRT to identify who is missing with the help of the State manual	2.3.1 Work with regional FYSPRT voting members, members and tri-leads to brainstorm ways to engage community 2.3.2 Delegate outreach to FYSPRT members using who they know	<ul style="list-style-type: none"> • social media • newsletters • email • list serve • Agency connections • One-on-one meetings 	Five counties are represented on the Regional FYSPRT.	By the end of 2021, most counties will be represented at the Regional FYSPRT.
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Goal 3: Develop policies and procedures specific to the needs of the Regional FYSPRT in accordance with the state manual—<i>Completed 3/2018</i>	Tool	Baseline	Target
	State manual guidelines on Pg 15	38% of the 8 policies developed	100% of the 8 policies developed by 2020

Key Contributing Factors	Objectives	Strategies	Evaluation		
			Tool	Baseline	Target
Youth and Family Friendly Logistics	3.1 Select a day and time for the Regional FYSPRT that is accessible for Youth and Families as reported to the Regional FYSPRT	3.1.1 Determine what time and day is best for youth 3.1.2 Determine what time and day is best for families	<ul style="list-style-type: none"> • Doodle Poll • Needs assessment – Regional Barriers for attending FYSPRTs 	Meeting time and day scheduled based upon room availability.	Families and youth will report the dates and times of the meetings are family and youth friendly.
Youth and family support in attending Regional FYSPRT meetings	3.2 Create a policy for Youth and Family Reimbursement	3.2.1 Create a mileage reimbursement form 3.2.2 Create a policy and childcare reimbursement form	<ul style="list-style-type: none"> • The State Manual suggestions and policies • LCSNW Company policies/procedures 	Reimbursement for mileage is in place and being utilized. The infrastructure for childcare reimbursement is in	Both mileage and childcare reimbursement for Regional FYSPRT meetings are being used.

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				place but has not been used.	
Regional FYSPRT policies	3.3 Develop Regional FYSPRT policies and post to website	3.3.1 Determine the meeting frequency and considerations for quorums 3.3.2 Establish membership requirement compliance policy re: attendance	<ul style="list-style-type: none"> • Planning meetings • Research what other FYSPRTs have done • Follow the State Manual 	The Regional FYSPRT infrastructure is approximately 38% complete.	The Regional FYSPRT policy infrastructure is 100% complete.

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<p>Goal 4: Do 4 positive community projects as decided on by the regional FYSPRT within 5 years.</p> <p>Have completed one event last year (2020) which was community lock boxes. Update on Lock Boxes, due to the GCBH BH-ASO not wanting to receive money for FYSPRT, but physical goods, coordination on money donated towards lock boxes from the Kadlec Foundation was not able to happen. The Hope Agency who received the funds on behalf of FYSPRT did not follow up with the FYSPRT Convener, so the additional funding for medication lock boxes were not purchased. Who Why What of FYSPRT training on 06/10/21.</p>	Tool	Baseline	Target
	# of events completed for the year	50%	100%

Key Contributing Factors	Objectives	Strategies	Evaluation		
			Tool	Baseline	Target
Community Projects- Targets youth and community	4.1 Brainstorm ideas for community projects with FYSPRT 4.2 Identify community needs 4.3 Provide education/information on local resources and new changes to Washington Behavioral Healthcare.	4.1.1 Coordinate with Community partners 4.1.2 Brainstorm community activities 4.1.3 Partner with other local events 4.1.4 Coordinate with MCO's for presentation/panel 4.1.5 Lock Boxes in Hand project	<ul style="list-style-type: none"> • Regional FYSPRT meetings for planning • Coordinate with local providers • Social Media • Email • List serve • Agency connections • News letter 	Complete 1 event a year	4 community projects within 5 year plan.

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Goal 5: Review of the WISe Quarterly Behavioral Health Assessment Solutions (BHAS) reports at one meeting per quarter to identify the strengths and needs of the RSA. (Other Regional data reports can be reviewed for 2 of the 4 quarters)	Tool	Baseline	Target
	# of times data has been presented	75%	100%

Key Contributing Factors	Objectives	Strategies	Evaluation		
			Tool	Baseline	Target
Regional Data presented at FYSPRT Meetings at least once a quarter	To identify strengths and needs of the Region.	5.1.1 Coordinate with HCA BHAS Data Team 5.1.2 Utilize other regional data sources that identify strengths and needs. (Y-VOC Assessment)	<ul style="list-style-type: none"> • Regional FYSPRT meetings for presentation/review of data • WISe Dashboard Quarterly Reports • Attend/Participate in DQT Meetings to review data and reports • Utilize DQT HCA members for presentations and questions regarding reports 	Review regional data 4 times a year/once a quarter.	4