



Healthy Food, Healthy Living Food Bank

1101 Avenue E, Riviera Beach, FL 33404

561-574-3888

NEWS RELEASE

For Immediate Release: December 19, 2013

Contact: Chef Lenny Strobel, 609-878-8033

‘Traveling Chef’ prepares meals Sunday for homeless

Riviera Beach —Traveling Chef Lenny Strobel is partnering with local businesses, restaurants and a national food purveyor to prepare hundreds of free, healthy, freshly cooked holiday meals for the homeless from 1 to 4 p.m. on Sunday, December 22, 2013 at the Healthy Food, Healthy Living Food Bank (HFHL) in Riviera Beach.

‘Chef Lenny,’ as he is called, has worked tirelessly to organize the event — inspired, he says, by seeing so many homeless people in the area. “Everyone should receive a gift for the holidays,” he said. “This is my gift.”

Fish grilled on-site, plus pasta, beans and rice, desserts and soft drinks have all been donated. Local fishermen — including Chef Lenny — caught most of the fish in local waters; some is being provided by Independent Seafoods of West Palm Beach and charter boat Captain RJ Boyle. Other donors include: food purveyor Cheney Brothers, with offices in Riviera Beach; Amici Brick Oven Pizza of West Palm Beach; Two Drunken Goats Beach Cantina on Singer Island; and Admiral’s Cove in Jupiter.

The grilled fish will be seasoned with Chef Lenny’s Cajun Style Seasoning. Strobel is based in New Jersey but is a seasonal resident of Singer Island. His website: www.cheflennyseasons.com.

Willye Watson, who is the volunteer founder of the food bank, is thankful. “This is a wonderful event to continue our celebration of opening the food bank in its new location,” she said.

The non-profit food bank opened in September, after more than a decade in Spanish Courts on Broadway. The Riviera Beach Community Redevelopment Agency partnered with HFHL to create the bigger, better facility, which is the City’s only full-time food bank. # # #