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Barbara Black (Why I Love Sunrider)

I live in Chicago, Illinois, by way of Rockford, Illinois, and am 82-years young. The Philosophy of Sunrider, the Philosophy of Regeneration® (to nourish, balance, and cleanse the body), has enriched my life these past 16 years. One of my favorite products is SunBreeze® Oil. I don't leave home without it.

At 82-years young, I stay active and fit with tai chi and zumba classes, and three days a week I workout at LA Fitness doing treadmill, stretching, and swimming. I rev up my body with a power breakfast of Sunrider® products: Quinary®, Evergreen®, Electrosport®, Fortune Delight®, Beauty Pearls, Bella®, Herb Cal® Tab, Citric C™ Tab, Metabalance 44, Energy Plus™, and VitaShake®, just to name a few. I haven't even told you about the Sunrider® skin care and cosmetics that I use (smile). Before stepping out, I have energy! I look and feel good, and I'm ready for the world. When people ask me, "How are you doing?" I say, "God and Sunrider."

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