

Nursing Journey to Estonia & Sweden

OPTIONAL PRE-PROGRAM EXTENSION TO HELSINKI

4 days | Helsinki & Porvoo

Helsinki, the capital of Finland, is a vibrant seaside city of beautiful islands and great green parks. On the pre-program extension, you'll explore some of the region's highlights including the Uspenski Cathedral and Sumomenlinna Fortress. Take a day trip to Porvoo, the second oldest city in Finland, to explore the Old Town area and have some time to shop. Porvoo, located about 50 kilometers east of Helsinki, has a long history that can still be felt on the charming cobblestone streets, past the iconic red wooden shore houses.

DAY-BY-DAY ITINERARY

DAY 1: APRIL 23, 2021

Fly to Helsinki, Finland

Depart today from Newark and make your way to Helsinki.

DAY 2: APRIL 24, 2021

Arrival and Check-in

📍 Helsinki, Finland

Upon arrival today, the group will be met for your transfer to the local hotel. Luggage storage will be provided as check-in is later this afternoon.

Enjoy a local lunch before heading out on a walking tour of Helsinki with your guide. Helsinki is a compact city easily explored on foot. Design, architecture, culture and shopping are all great exploration angles and large park areas, forests, lakes, and the coastline with over 300 islands sprinkled off it make certain there's no shortage of natural presence.

We have selected the Presidentti Hotel for your stay in Helsinki as you are close to the best streets for shopping, as well as the finest entertainment, nightlife and tourist attractions.

Dinner will be provided at a nearby restaurant (close to hotel).

Meals: Lunch & Dinner

Hotel: Sokos Hotel Presidentti



DAY 3: APRIL 25, 2021

Day Trip to Porvoo

📍 Helsinki - Porvoo - Helsinki

After breakfast at the hotel, head out for your day trip to **Porvoo**. Founded nearly 800 years ago, Porvoo is the second oldest city in Finland and evidence of its long history can still be seen and felt as you walk along its charming streets.



Old Porvoo is one the most picturesque places in Finland and inspires photographers around the world. It has retained its traditional shape right down to the cobblestone streets. Historically, Porvoo has been an important center of trade and its famous red shore houses were once used to store goods and produce.

The city's intimate interior design shops are famous throughout the entire country, with styles varying from antique and romantic to modern and state-of-the-art.

Porvoo is also home to a few famous chocolate makers such as **Pieni Suklaatehdas** and **Brunberg's Chocolate Factory**, who also have a shop in Old Porvoo. Chocolate aside, another sight to see is **Porvoo's Old Railway Station**, which has become an interesting combination of old and new—the

building houses a hardware store, upholsterers and an ironmonger, as well as an art gallery and summer café. In the warehouse beside the old railway station is a gift shop selling souvenirs, local handicrafts, and organic foods and pastries—a little something for everyone.

Another sight you cannot miss while in Porvoo is **Porvoo Cathedral**, located at the heart of Old Town. Built at the turn of the 14th century, the cathedral's remarkable history has seen it burn down five times, most recently in an arson attack in 2006. Following the devastation, the cathedral was renovated for two years, finally reopening to the public in 2008.

During your day in Porvoo, you will stop at a local restaurant in the town for lunch. After your day comes to an end in this beautiful town, you will travel back to Helsinki and end your journey at your hotel.

Dinner is on your own this evening.

Meals: Breakfast & Lunch
Hotel: Sokos Hotel Presidentti

DAY 4: APRIL 26, 2021

Explore Helsinki

📍 Helsinki, Finland

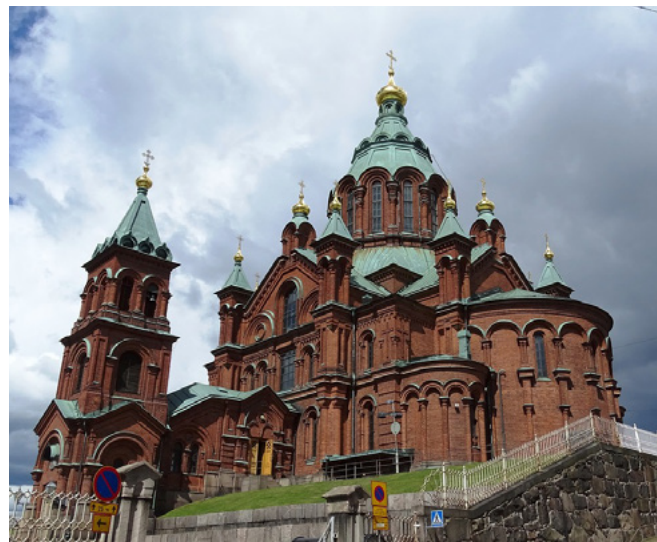
After breakfast, you will begin your explorations of the city. Spend your day traveling around Helsinki like the locals on board Helsinki's wonderful public transportation network of trains, trams and ferries, as you view some of the most famous sites of the city.



First, travel by ferry to **Suomenlinna Fortress and Museum**, one of Finland's most popular attractions. This UNESCO World Heritage Site contains an 18th-century sea fortress, nature area with centuries-old artillery and defensive walls, and even a church that also serves as a lighthouse, all spread across 6 linked islands. Take time to explore with your local guide, learning the history and importance this island fortress played in Finnish, Swedish and Russian history.

After your tour, take a break and enjoy lunch at a restaurant on the island before taking the 15-minute ferry back to Helsinki.

Back on the mainland, continue your sightseeing day by visiting **Helsinki Cathedral, Uspenski Cathedral** and **Temppeliukio Church** with your local guide. Located in the center of Helsinki you cannot miss Helsinki Cathedral. Originally built from 1830-1852 as a tribute to Tsar Nicholas I of Russia, the large square surrounding the cathedral, Senate Square, has become the stage of national and academic festive services for the capital.



Following Helsinki Cathedral, stop by Uspenski Cathedral, the main cathedral of the Orthodox Church of Finland. Completed in 1868, the Cathedral is the largest orthodox church in Western Europe and a symbol of Helsinki. Last but not least is Temppeliukio Church. Opened in 1969 by the design of architects and brothers, Timo and Tuomo Suomalainen, it was built directly into solid rock and it is often known as the Church of the Rock. It serves as a church in tune with nature, but also holds concerts as well.

A final farewell dinner will be provided this evening at a local restaurant.

Meals: Breakfast, Lunch, & Dinner
Hotel: Sokos Hotel Presidentti

DAY 5: APRIL 27, 2021

Travel to Tallinn

After breakfast, transfer to the local pier. Take a one-way ferry from Helsinki to Tallinn today.. You will be transferred to the local hotel via coach after arrival and clearing customs procedures. *Connect with the remainder of your group who will be arriving from the U.S. today.*

Meals: Breakfast

ACCOMMODATIONS



HOTEL INFORMATION

Sokos Hotel Presidentti | 4-star

sokoshotels.fi/fi/helsinki/sokos-hotel-presidentti

Eteläinen Rautatiekatu 4, 00100 Helsinki, Finland

Phone: +358 20 1234608

Wonderfully revamped the Sokos Hotel Presidentti showcases Finnish phenomena in an innovative way. The hotel's restaurant Bistro Manu, serves guests with a masterly touch. Located next to the Kamppi Shopping Center, they are close to the Parliament House and conveniently to public transport such as the tram, metro and bus systems. The hotel provides quick access to local cultural events, shopping, work meetings or visits to relatives. Families with children will love the Natural History Museum across the road, not to mention the hotel's playroom and swimming pool.



PROGRAM INFO

Date & Length: 4 days April 23–27, 2021

Extension cost: \$1,999 per person | *Single supplement:* \$399

Inclusions: Group airport transfers and baggage handling, meals and activities as mentioned, restaurant tips and accommodations based on double occupancy. Coach class flights domestic airport (bag fees may apply).

Not Included: Hotel incidentals and meals not mentioned. Tips to your guide and driver must be paid in cash on site as they could not be prepaid.

To participate in the optional extension, complete and return the extension registration form. Return no later than 90 days prior to departure or within five days of receiving the information.

Questions? 888.747.7501 Info@NandaJourneys.com www.NandaJourneys.com

