



**SPRING 2017**

# **FIRST SHOT ACADEMY SUPPLEMENTAL TRAINING**

**A Program Designed to Develop Players to the Best of Their Ability**

First Shot Soccer is excited to offer a results driven supplemental training program focused on long-term development of players during the **2017 spring season** for youth soccer players, boys and girls ages U6-U18. The training program is designed for motivated players seeking effective training tools to further develop their soccer skills and abilities. Training sessions are led by advanced First Shot Academy (FSA) certified trainers under the supervision of Academy Director, Bobby Calderon.

In addition, players that excel in the supplemental training program will be invited to join a FSA Summer Select team which will participate in premier level summer tournaments. This academy feeder system provides high-performing players with the opportunity to be selected for FSA teams that will be participating in elite tournaments in June and July 2017.

For more information please e-mail [academy@firstshotsoccer.com](mailto:academy@firstshotsoccer.com) or contact us directly at **201-644-8733**.

**REGISTER NOW**

## **SUPPLEMENTAL TRAINING PROGRAM DETAILS:**

- Seven 60-minute weekly training sessions on grass field in Oakland, NJ with Advanced FSA Professional Trainers
- One 60-minute soccer-specific performance enhancement training session with FSA certified pro-trainer Michael Calderon
- Ideal coach-to-player ratio for optimal player development
- Players excelling in training program are invited to join FSA teams in premier level summer tournaments (\*teams created based on # of available players)
- Includes FSA Training T-shirt
- Training Program Fee: **\$299**
- **Discounts Available**
  - Multi-person discount- 1<sup>st</sup> child = full price, 2<sup>nd</sup> child = \$20 OFF registration, additional children = \$20 OFF registration

## **SUPPLEMENTAL TRAINING SCHEDULE (subject to change):**

<b>AGE</b>	<b>GROUP</b>	<b>DAY</b>	<b>DURATION</b>	<b>TIME</b>	<b>DATES</b>
U6-U10	Boys & Girls	Saturday	8 weeks	9:00 – 10:00 AM	<b>April:</b> 8, 15, 22, 29 <b>May:</b> 6, 13, 20 <b>June:</b> 3
U11-U18	Boys & Girls	Saturday	8 weeks	10:00 – 11:00 AM	<b>April:</b> 8, 15, 22, 29 <b>May:</b> 6, 13, 20 <b>June:</b> 3

**SUPPLEMENTAL TRAINING LOCATION:** 114 Seminole Ave, Oakland, NJ 07436



Please click [HERE](#) to register for the supplemental training program;

Or logon to your [ActiveWorks](#) Account:

<https://campsself.active.com/FirstShotSoccer>

Please visit [www.firstshotsoccer.com](http://www.firstshotsoccer.com) to learn more about our programs and summer camps

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