

## Castle Pines Class Schedule Effective September 7, 2021

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 5:00 – 5:30	Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 4:30 – 5:00	Little Dragons All Belts 4:30 – 5:00	Special Events:  • Birthday Parties  • Candidate classes  • Private lessons
Children White to Purple 5:00 – 5:45	Sparring Children Green & up 5:30 – 6:15	Children White to Purple 5:00 – 5:45	Children White to Purple 5:00 – 5:45	Children All Belts 5:00 – 5:45	
Children Blue to High Red 5:45 – 6:30	Family All Ages & Ranks 6:15 – 7:00	<b>Children</b> Blue to High Red 5:45 – 6:30	<b>Children</b> Blue to High Red 5:45 – 6:30	STORM Black Belts 5:45 – 6:15	
Children Brown - Black 6:30 – 7:15	Sparring Adults Orange & Up 7:00-8:00	Children Brown - Black 6:30 – 7:15	Family All Ages & Ranks 6:30 – 7:15	Adults All Belts 6:15-7:00	By announcement or reservation only.
<b>Adults</b> All Belts 7:15 - 8:15		Adults All Belts 7:15 - 8:15	Adults All Belts 7:15 - 8:15		

<sup>\*</sup>Family classes are intended for families (parents and children or siblings) to attend classes together. All other students should come to their designated classes.

## **Rules of the Dojang**

- 1. Arrive at least 5 minutes prior to class.
- 2. Attend classes regularly.
- 3. Students should bow to the masters, instructors, and flags whenever entering or leaving the Dojang.
- 4. Show respect to all students and instructors.
- 5. Pull attendance card prior to class.
- 6. Keep uniform neat and clean.
- 7. Help keep the Dojang clean and organized.

## Legend

 $\begin{array}{ll} \textit{Little Dragons} & \mathsf{Ages} \ 4-6 \\ \textit{Children} & \mathsf{Ages} \ 7-12 \\ \textit{Adults} & \mathsf{Ages} \ 13 \ \& \ \mathsf{up} \\ \end{array}$ 

To participate in sparring, all students must have the appropriate sparring gear.

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