

# **Insurance Information**

If your insurance policy contains a provision for coverage of Applied Behavior Analysis services and you have been authorized for such services, please speak with us to discuss how we may assist you in accessing your benefits.

To access benefits, we will need to determine if we have a relationship with your insurance company and whether or not direct billing is available for your child's services. If direct billing is not available, we will be glad to provide you with an itemized receipt and a completed provider CMS insurance claim form so that you may file for reimbursement.

## Necessary Steps - Insurance coverage

# **Step 1 – Confirm Benefits**

You (the insurance plan member) must contact your insurance company and/or corporate benefits department to confirm that ABA therapy is a covered benefit. If it is a covered benefit, ask them to provide you with information regarding who should be contacted for verification and pre-authorization and the details regarding the benefit level available to you.

Once we have the necessary information and signed authorization forms, we can assist with the following:

### Step 2 - Requesting Pre-Authorization for an Assessment

The initial consultation assessment must be approved/authorized before any services will be covered. Typically the assessment includes 10-15 hours for initial consultation, observation and assessment, evaluation of assessment results and drafting of treatment plan by the BCBA. Pre-authorization approval times vary depending upon the insurance provider.

#### Step 3 – Submitting Assessment and Pre-Authorization for Ongoing ABA Therapy

Once the assessment process is complete the written report will be submitted to your insurance company together with a request for pre-authorization of ongoing treatment. Pre-authorization approval times vary depending upon the insurance provider.

#### **Ongoing Authorizations**

Procedures vary depending upon the insurance provider however, our experience is that most providers require reauthorization every six months.

For information regarding state initiatives related to insurance coverage for autism, further information is available at the Autism Speaks Link below.

http://www.autismspeaks.org/state-initiatives