

# ALL THINGS NEW A DISCIPLESHIP MINISTRY FOR HEALING

*Overcoming the Effects of  
Same-Sex Attraction and Sexual Brokenness*

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FACILITATOR GUIDE

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2 Cor. 5:17

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All Things New: A Discipleship Ministry for Healing  
Overcoming the Effects of Same-Sex Attraction and Sexual Brokenness  
All Things New Facilitator Guide

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Sample

Sample

# INTRODUCTION

**ALL THINGS NEW: A DISCIPLESHIP MINISTRY FOR HEALING** is a Bible Study and Discipleship Ministry for people who experience same-sex attraction (SSA). It is designed to be facilitated by lay leaders and assisted by volunteer prayer/Accountability Partners. The purpose of the All Things New Ministry is to aid in the spiritual healing and growth of people who have in the past, or are currently experiencing SSA. This ministry is designed to help release people from the bondage of SSA and to allow them to experience healing from the effects of their exposure to SSA and sexual brokenness.

It is imperative that the ministry leaders create a safe environment for healing; train participants in the Ministry to examine their lives in light of biblical truth; and cultivate personal intimacy with Jesus Christ that leads to true Discipleship. It is important that the ministry leader is able to be transparent about their own struggles with sin, to be honest about their relationship with God, and not pretend to be an expert in spirituality. It is not necessary to expose all of the details, but by being transparent about our struggles with sin, we open up the dialogue and create a safe environment for healing.

Each participant in the discipleship ministry should be paired with an Accountability Partner who serves as a mentor/Christian friend to pray for and support the participant as he/she works through the weekly lessons. The Accountability Partners are not counselors or therapists; they are mature Christians who have a heart for serving and supporting others who desire to live a holy life.

The Facilitators and Accountability Partners agree to maintain the confidentiality of all participants in the ministry to provide a safe environment for people to openly discuss their feelings and struggles with sin. All information shared in the group must be kept confidential with limited exceptions, for example, if you believe a participant is at risk for suicide, or if you believe someone intends to harm another person.

It is important to be aware that some people who participate in this ministry may need professional counseling services in addition to the weekly Bible study as areas of pain are exposed in their lives. Be prepared to provide information about how to connect them with professional counselors through your church or in the community.

## **GROUP SIZE**

For an effective group study and an environment most conducive to healing in this area, it is best if each group remains small (ideally, no more than 4-6 participants for each Facilitator).

## **SCHEDULING**

The course consists of an introductory session and 37 lessons. It generally takes 11 months to complete the entire course, allowing for breaks between major units of study. The in-class meetings are designed for a two-hour time block.

A typical weekly Bible Study class consists of:

- 5 minutes – Scripture Memory Quiz/Demonstration
- 10 minutes – Praise and Worship followed by Prayer (*assign a participant to serve as Worship/Prayer Leader for each class*)
- 30 minutes – Break Down the Memory Verse and Homework Discussion
- 60 - 70 minutes – Weekly Lesson
- 5 minutes – Closing Prayer

Yearly lesson plan outline with suggested ministry breaks:

Workbook	Week #	Lesson #	Lesson Title
#1	1	N/A	Ministry Orientation
	2	1	The Word is Life
	3	2	The Enemy's Lies v. God's Truth
	4	3	Freedom in Truth
	5	4	Hearing God's Voice
	6	5	Prayer – Communicating with God
	7	6	Fall of Man – Root Causes of Same-sex attraction
	8	7	Forgiveness  <i>Pass Out Evaluation Forms (see FORMS Section of the Facilitator Guide)</i>
	9	<i>SUGGESTED MINISTRY BREAK</i>	
#2	10	8	What the Bible Says About Homosexuality  <i>Collect Completed Evaluation Forms (see FORMS Section of the Facilitator Guide)</i>
	11	9	Gay Theology
	12	10	Sexual Integrity – Part I
	13	11	Sexual Integrity – Part II
	14	<i>SUGGESTED MINISTRY BREAK</i>	
	15	12	Spiritual Warfare
	16	13	The Heart
	17	14	Our Authority in Christ to Route Demons
	18	15	Forgiveness – Part II
	19	16	Removing Hindrances to Effective Prayer
	20	17	Power of the Holy Spirit – Internal Healing/Sanctification  <i>Pass Out Evaluation Forms (see FORMS Section of the Facilitator Guide)</i>
	21	<i>SUGGESTED MINISTRY BREAK</i>	

#3	22	18	Listening and Inner Healing Prayer – Chapter 1  <i>Turn in Completed Evaluation Forms (see FORMS Section of the Facilitator Guide)</i>
	23	19	Listening and Inner Healing Prayer – Chapter 2
	24	20	Listening and Inner Healing Prayer – Chapter 3
	25	21	Listening and Inner Healing Prayer – Chapter 4
	26	22	Listening and Inner Healing Prayer – Chapter 5
	27	23	Listening and Inner Healing Prayer – Chapter 6
	28	24	Listening and Inner Healing Prayer – Chapter 7
	29	25	Listening and Inner Healing Prayer – Chapter 8
	30	26	Listening and Inner Healing Prayer – Chapter 9  <i>Pass Out Evaluation Forms (see FORMS Section of the Facilitator Guide)</i>
	31	27	Listening and Inner Healing Prayer – Chapter 10  <i>Turn in Completed Evaluation Forms (see FORMS Section of the Facilitator Guide)</i>
	32-35	<i>SUGGESTED MINISTRY BREAK – 4-week break with Reading Assignment: All Things New: A Former Lesbian’s Lifelong Search for Love by Debora Barr</i>	
	36	Review	Reconvene group and go over healing prayer work and review reading assignment
	37	28	The Power of Sharing Your Testimony
	38	29	Exposing the Pain and Glorifying God
	39	30	Tailoring Your Message for the Listener
	40	31	Spiritual Gifts and Calling to Serve in Ministry
	41	32	Witnessing – the Great Commission
	42	33	Your Life’s Purpose
	43	<i>SUGGESTED MINISTRY BREAK</i>	
	44	34	Testimony Development – Part 1
	45	35	Testimony Development – Part 2
	46	36	Testimony Development – Part 3
47	37	Personal Plan to Continue Daily Devotional  <i>Pass Out Evaluation Forms (see FORMS Section of the Facilitator Guide)</i>	
48	Fellowship	Final Course Fellowship – <i>Turn in Completed Evaluation Forms (see FORMS Section of the Facilitator Guide)</i>	

## OTHER BOOKS AND VIDEO/AUDIO RESOURCES SUGGESTED FOR COMPLETION OF THIS COURSE:

LESSONS #18-#27 - *A Guide for Listening and Inner-Healing Prayer: Meeting God in the Broken Places* by Rusty Rustenbach (NavPress 2011) ISBN: 978-1-61747-086-8

MINISTRY BREAK READING ASSIGNMENT FOLLOWING LESSON #28 - *All Things New: a Former Lesbian's Lifelong Search for Love* by Debora Barr (True Potential Publishing 2012) ISBN: 978-1-935769-32-3

## ADDITIONAL TOOLS FOR FACILITATION OF THIS COURSE:

WEEK #27 LESSON - **NOTE TO FACILITATOR:** plan to show video testimonies in class as part of this lesson. You can find such videos on the Internet by searching YouTube, or by purchasing videos containing testimonies of people who have overcome homosexuality.

Visit Debora's Website for current links to resources: [www.DBarrMinistries.org/](http://www.DBarrMinistries.org/)

LESSONS #18-#27 - *A Guide for Listening and Inner-Healing Prayer: Meeting God in the Broken Places* by Rusty Rustenbach (NavPress 2011) ISBN: 978-1-61747-086-8

Visit Debora's Website for links to this book and additional resources from Rusty Rustenbach: [www.DBarrMinistries.org/](http://www.DBarrMinistries.org/)

WEEK #32 LESSON – BEMA Judgment Seat of Christ Drama by Pete Briscoe

A powerful story that will demonstrate the practical application and eternal results of the lesson that was taught this week is a drama by Pastor Pete Briscoe (Bent Tree Bible Church in Texas) where he walks us through a presentation of what worship at the BEMA judgment seat will be like when we see Christ face-to-face.

Visit Debora's Website for the link to this resource: [www.DBarrMinistries.org/](http://www.DBarrMinistries.org/)

## WEEKLY HOMEWORK

Each in-class lesson is preceded by a week of homework that needs to be completed by each participant (and ministry leader) prior to meeting as a group. Each homework assignment consists of five days' worth of individual Bible study plus a Scripture that relates to the week's lesson and is to be memorized by each person. Scripture memory is demonstrated by either asking participants to recite Scripture from memory, or write it out and turn it in at the beginning of the class.

## ACCOUNTABILITY PARTNERS

The Accountability Partner serves as a Christian mentor/friend to a person who is completing this Discipleship Ministry program. Their role is to encourage and provide unconditional love and a listening ear to a person who is trying to live a life pleasing to God and who has experienced pain and brokenness leading to same-sex attraction. No prior exposure to or experience with same-sex attraction is needed, just a heart for hurting people and an ability to listen and continually point a person to Jesus for the deliverance and healing necessary to overcome the effects of SSA. They should also pray regularly for the person they are paired with.

Each person that is interested in serving in this ministry should be screened by the ministry leaders prior to pairing them with a participant. There is a sample Accountability Partner Application in the FORMS section at the end of this Facilitator Guide that you can use for this purpose. It is imperative that each potential applicant has the right motives and a true heart for serving in this capacity that has been demonstrated by their participation and service in other areas of ministry. It would be quite harmful to have a person serving as an Accountability Partner who is judgmental and condescending towards a person who struggles with their sexuality, or who has some negative ulterior motive for wanting to serve in this capacity. All efforts must be made by the ministry leaders to create a safe environment for each of the participants in the ministry.

It is also important to provide basic training to people serving as Accountability Partners so they understand some of the root causes of homosexuality, and how best to minister to a person who struggles in this area. This Facilitator Guide contains a lesson plan for basic training for Accountability Partners as well as some suggested books and websites with more information to help them better understand SSA. It is also important to have the Accountability Partners meet together as a group with the Facilitator periodically to share best practices/concerns with the other Accountability Partners and to allow them to ask any questions they may have about supporting their paired participant. I also encourage Accountability Partners to participate in the weekly Participant Bible Study sessions as much as they are able so they can get to know the person they are supporting and understand the process they are going through during the course of this study.

Additional Resources for Facilitators and Accountability Partners to read to learn more about supporting persons with same-sex attraction:

*All Things New: a Former Lesbian's Lifelong Search for Love* by Debora Barr (True Potential Publishing 2012)

*Freedom Realized: Finding Freedom from Homosexuality and Living a Life Free from Labels* by Stephen H. Black

*Gay Children Straight Parents a Plan for Family Healing* by Richard Cohen (InterVarsity Press 2007)

*When Homosexuality Hits Home: What to Do When a Loved One Says They're Gay* by Joe Dallas (Harvest House Publishers 2004)

*Love is an Orientation: Elevating the Conversation with the Gay Community* by Andrew Marin (InterVarsity Press 2009)

Visit Debora's Website for links to current information and resources: [www.DBarrMinistries.org/](http://www.DBarrMinistries.org/)

## **SAMPLE FORMS**

Sample Forms are provided in the back of this Facilitator Guide for the administration and evaluation of this ministry for your Church.

## HOW TO USE THIS FACILITATOR GUIDE

Each lesson plan in this facilitator's guide directly corresponds with the weekly homework assignments in the corresponding Workbooks. For example, Lesson #1 homework is to be completed by the participants prior to coming together as a class for discussion of Lesson #1.

The basic format for each lesson plan is as follows:

1. Reproduction of the introductory material for each homework assignment, including the weekly Scripture memory verse
2. Breakdown of the underlined key terms/concepts that make up the memory verse along with some questions to encourage discussion about the Scripture verse
3. Questions to encourage discussion about the homework
4. In-class exercises to include small group activities, and fill in the blank exercises
5. New lesson material that will lead into the next week's homework

For best results, the Group Facilitator should complete the homework and memorize the Scripture along with the participants before coming together to lead the group discussion. The Facilitator also needs to review and become familiar with the weekly Lesson Plan he/she will be using to facilitate the in-class discussions, as it may be necessary to modify the lesson plan to tailor the lesson to each group being served. Also, preparing ahead of time examples and testimonies from the life of the Facilitator related to the lesson will have a greater impact towards opening up discussion among the group than merely relying on the author's testimony.

As you review the Lesson Plans, you will see bulleted italicized text following many of the questions posed by the author. These are points that you should try to draw out of the class during discussion. For lessons that have an in-class exercise, the answers to the puzzles as well as the fill-in-the-blank exercises are provided in the Facilitator's Guide.

Throughout the Facilitator's Guide, you will find Scriptures to reinforce points being made in the lesson. Have a participant read the Scripture that corresponds to the point being made before revealing the answer to the fill-in-the-blank.

Use your imagination as a facilitator to make each lesson interesting and engaging for the participants. Following are some ideas that you may want to incorporate into the weekly lessons:

- Ask for Testimonies of what God has done in the live of the participants this week
- Ask for Testimonies of what God has revealed to us through His Word this week
- Use worship videos at the beginning of class that correspond to, and reinforce the weekly lesson
- Show video clips to illustrate teaching points from the weekly lesson
- Incorporate comedy or a skit to illustrate a teaching point
- Arts and Crafts that reinforce a lesson
- Assign a person to bring in an illustration or object that reinforces the weekly lesson
- Team-building exercises in class – to learn to trust other Christians

# ACCOUNTABILITY PARTNER BASIC TRAINING

Accountability Partners need no prior training or exposure to issues surrounding persons who experience same-sex attraction to serve in this ministry. They just need to be mature men and women of God who have a heart for hurting people, and a heart to help others draw close to Jesus Christ.

**RESOURCES NEEDED FOR THIS CLASS** – Basic Training and Testimony Video clips

Welcome – Thank them for their interest in coming alongside men and women to help them walk in accordance with God’s will for their lives.

Introduce yourself and any of the other Ministry Leaders.

Ask each potential Accountability Partner to briefly share why they want to be a part of this ministry.

There are three types of SSA people:

- Those with SSA who want to change
- Those who are confused/undecided about their sexuality
- Those who identify themselves as gay, lesbian, bi-sexual, or transgendered
  - convinced they were born gay and don’t want to change

Show Basic Training Videos available on YouTube such as Dr. Julie Harren Hamilton - Homosexuality 101 part 1: <http://www.youtube.com/watch?v=fD426lYvP7U>

Visit Debora’s website for current resources: [www.DBarrMinistries.org/](http://www.DBarrMinistries.org/)

**Some of the root causes of SSA include:**

- At the CORE of SSA is a sense of not belonging – of not fitting in (why do I have these feelings when the rest of the world is attracted to the opposite sex?)
- Temperament
  - *Hypersensitivity*
  - *Artistic nature*