

MAY 2023

ACTIVITIES

Monday	Tuesday	Wednesday	Thursday	Friday
1 9am Exercise SOLE SOLUTION FOOTCARE 9AM—1PM (by appointment) 1pm Card table set (games)	2 12:30pm Use Home Health Benefits to Age In Place 3pm Clogging	3 9am Exercise 1pm CRAFTING WITH SONYA (RSVP 740.474.8831)	4 12:30 pm Chair Yoga	5 9am Exercise Home Helpers (Aides) Table 10-11:15am Bingo 1pm Line Dancing
8 9am Exercise 1pm Card table set (games)	9 9:30am Greenland Visual Tour 11am Blood Pressure Clinic 12:30pm Wyngate Game Time 3pm Clogging	10 Board Meeting 9am Exercise	11 Produce Truck 12:30 pm Chair Yoga	12 9am Exercise Fairhope Hospice Table 10-11:15am Bingo 1pm Line Dancing
15 9am Exercise 1pm Card table set (games)	16 Commodities 11am Blood Pressure Clinic 3pm Clogging	17 9am Exercise	18 12:30 pm Chair Yoga	19 9am Exercise Honor Home Health Table 10-11:15am Bingo 1pm Line Dancing Square Dance TOMORROW →
22 9am Exercise 1pm Card table set (games)	23 3pm Clogging	24 9am Exercise	25 Produce Truck 12:30 pm Chair Yoga	26 9am Exercise GUEST TABLE 10-11:15am Bingo 1pm Line Dancing
29 CENTER CLOSED for Memorial Day No food or other services	30 3pm Clogging	31 9am Exercise 11am OSHIIP w/Kendra BIRTHDAY CELEBRATION RSVP by Friday, May 26 12:30 Palliative or Hospice What's the difference?		