

# Tenet Lesson



## *Respect & Obedience*

**What does it mean & why is it important?**

**Respect** is thinking and acting in a positive way about yourself or others.

**Respect** is thinking and acting in a way that shows others you care about their feelings and their well-being.

### *Example:*

- You follow your parents' rules to show them you care (**respect**) how they feel about the situation.  
**(That's where the Obedience part comes in!)**
  - You don't call people names because you care about (**respect**) their feelings.
  - You don't hit or otherwise hurt people because you care about (**respect**) their well-being.
- You dress, speak, and act in a way that shows you care about what you know is right and safe, because you care about (**respect**) yourself and your well-being.

### Homework!

**Give one example of how you demonstrated self-respect and respect for others!**

**Draw a picture, write it down or tell us a story!**

*Tang Soo!*