

Ashtead All Stars Netball Club: Weekly Update

W/E Sunday 7th February 2016

23 matches to report on this week !! A busy week for AAS. Great results, well done all.
Please read to the end for all your match reports.

DORKING LEAGUE

U12A v Waverley Vipers	WON 23 - 18
U12B v Waverley Vipers	WON 11 - 5
U13A v Waverley Vipers	LOST 18 - 23
U13B v Waverley Vipers	WON 23 - 8
U14A v Waverley Vipers	WON 28 - 7
U14B v Waverley Vipers	WON 24 - 5
U16A v Waverley Vipers	WON 31 - 9

KINGSTON DISTRICT NETBALL LEAGUE

AAS ADULTS v Teddington Thunder	WON 41 - 32
---------------------------------	--------------------

NONSUCH LEAGUE

U10A v Hawks	WON 8 - 3
U10A v CD Phoenix	LOST 2 - 14
U10A v Didasko	WON 9 - 2
U10B v Richmond Ravers	LOST 0 - 20
U10B v Cardinals 2	WON 2 - 1
U10C v Hawks	DREW 1 - 1
U10C v Whitton	LOST 1 - 6
U11A v Surrey Heath	WON 9 - 1
U11A v Cardinals	LOST 5 - 10
U11A v Hawks	WON 8 - 2
U11B v Surrey Heath	WON 5 - 0
U11B v Whitton	WON 10 - 3
U11B v Hawks	WON 8 - 2
U11C v Whitton	WON 6 - 2
U11C v Cardinals	LOST 3 - 7

Final League Positions:

U10A, 6th in A Division

U10B, 5th in B Division

U10C, 7th in C Division

Final League Positions:

U11A, 4th in A Division

U11B, RUNNERS UP in B Division

U11C, 8th in B Division

U10 A and B Match Reports – Jane

Very proud of the girls today. The U10A really gelled as a team and played some lovely netball. No Star Player today because everyone played their part in a true team performance. The B team had a really tough match against Richmond Ravers, but the girls showed great spirit, putting the first match behind them, and playing some lovely netball in the second match and securing a 2 – 1 win v Cardinals. **Star Player awarded to Amba** for a good all-round performance.

U10C Match Reports – Ruth

The team played two matches on a Sunday at Nonsuch. On a very blustery day, we were against Fetcham Hawks in the first match. The teams were very evenly matched and it was great way to kick off the morning. Our team played a very solid game; their passing was good and foot work excellent, which is lovely to see at this young age. Fetcham eased ahead with the first goal, but our girls dug deep, kept attacking and remained focused. We had a few opportunities to score and finally did to even the match 1- 1. The ball was up our attacking end several times and the girls had a few attempts to score but sadly were not quite able to convert the chances this time. The final score was 1-1.

The next team we played was Whitton Whites. An incredibly tall team in comparison to our girls, we struggled more in this game as the height and size advantage was considerable (they must breed them tall in Whitton!). Our team kept attacking and should be very proud of the way they played. Whitton were exceptionally good at shooting at ended the match 6-1 ahead of our team. However, I would like to say our girls outclassed them in terms of getting their foot work accurate and should be proud of the way they equipped themselves against a very tall and strong team. The team put their hearts into the game and were enthusiastic in attack as well as defence, finishing the morning as they started with a smile.

Star Player - Maddie Austin for enthusiastic play in both matches.

U11 Match Reports – Belinda

Some great results today, culminating in the U11B team coming 2nd in their division and winning Silver medals !! So exciting – the first silverware of the season !

There was some excellent play across all the U11 teams. Difficult to pick out any individuals for Star Players because they all played so well together in their teams. The girls' shooting has improved massively since the start of the season and it's reflected in the scorelines. They also put pressure on the other teams making it much harder for them to make their passes. This will stand them in good stead when we play 7 a side next season with the 3 second rule.

U12 Match Reports – Lizzie

What a proud Team Coach I am today!! Both our A and B teams played Waverley Vipers in the Dorking league this morning. The A team were up first against very good opposition who gave us our hardest game so far in this league, but excellent performances from everyone combined with sensible and controlled teamwork gave us a well earned 23-18 win. Once again, I can't single anyone out for star player because they were all fantastic, but a special mention should go to Amelia Feltham and Darcie Nash who were playing up from the B Team and were very impressive in defensive. Well done girls.

The B team followed suit with superb play from every single team member. The game started a little frantically with some sloppy play from both teams but our girls listened to individual feedback after the first quarter and improved steadily throughout the game. The score was very close until the last quarter, but determination and tough play meant that we finished as the

stronger team to win the game 11-5. There were so many good performances today that it's impossible to pick one star player - they are all star players in my eyes. Great performance.

I was especially pleased to see both teams putting in to practise some of the things that we have been learning at training recently - the girls should be proud that their hard work is paying off. They have sent me home as a very happy and proud Coach.....thank you girls.

U13 Match Reports - Lisa

U13A - Today we didn't see the girls get into their stride, they were not finding their spaces or getting free and at half time we were 8 goals down. They made some lovely interceptions both in the circle and up the court but couldn't seem to keep the ball. After switching around some positions the girls picked up and played a great third quarter bringing it to 14 all. Unfortunately they didn't manage to maintain-the momentum losing the final quarter.

Star player Martha who fought for every ball.

U13B - A Lovely game! The girls really worked together passing beautifully up the court. Some lovely interceptions from Jazzy and Elsa and great defence and support throughout the game from Caitlin and Maddie. Olivia and Sophie kept moving in the goal circle and the goals went in one after the other . A great team effort. Fab to watch.

Star player has to be Lily today for her confident and consistent great passing throughout.

U14 Match Reports- Natalie

U14As v Waverley Vipers – won 28-7. A wonderfully confident performance from the girls today, with superb defensive play from Amy, Alia and Lucy F, and good movement throughout the court. A tough choice for Star Player today, as there were many lovely performances, but my stand-out player was Alia Mirza who worked tirelessly at GD and GK, getting interception after interception. Well done girls!

U14Bs v Waverley Vipers – won 24-5. Another fantastic performance following on from the A's win. The girls have gelled incredibly well and are now showing real confidence in their play. They were down to 6 players for a quarter due to injury, but kept up the pace and continued to push ahead. Defence were strong and some great shooting, but my stand-out performances were from Libby Tarling and Amelia Moore at WA and C, who controlled the ball through the centre court, feeding the shooting circle beautifully. Another great team effort!

U15/16 Match Report – Natalie

With two teams playing at the same time, I didn't get to see all of this match, but what I saw looked really good. The girls are playing confidently and are gelling together really well. Caitlin and Ella are shooting consistently and the defence are solid. My stand-out performance (**Star Player**) was **Faye**, who stepped up to play GD today, from her usual position of WA, and did extremely well in a position she is not at all used to playing. Great effort girls!

AAS Ladies Match Report - Natalie

What a result today!! When we played this team in the first half of the season we were beaten convincingly by 49 goals to 21, but what a different story this time. Our adult team is going from strength to strength in their first ever season. With a team consisting of four 15 year olds and four ladies (ages undisclosed), they were outstanding today and the improvement in their level of play is just wonderful to see. **Player of the match, awarded by the opposition, was Sophie Tarling**, who was great at centre today, and my **Player of the**

match was Kelly Durbridge for such a confident and skilful performance at GS. Great team effort!

NEWS

Great to see so many at Sam's fitness sessions last week. Hope to see everyone there again tomorrow. Please make sure you are warmed up in advance of the fitness session.

A FEW WEEKS AHEAD

08/02/2016	Monday	6 - 7pm & 7 - 8pm	18th training session, All U12s, U13s, U14s, U15/U16s and OPTIONAL FITNESS SESSION
10/02/2016	Wednesday	6 - 7pm	18th training session, All U10s and U11s
10/02/2016	Wednesday	6 - 7pm & 7 - 8pm	8th squad training U12 and U13
10/02/2016	Wednesday	8 - 9pm	Adult training
13/02/2016	Saturday	2 - 3pm	16th Minis
			HALF TERM
20/02/2016	Saturday		Adults HOME v Ashford B
22/02/2016	Monday	6 - 7pm & 7 - 8pm	19th training session, All U12s, U13s, U14s, U15/U16s and OPTIONAL FITNESS SESSION
24/02/2016	Wednesday	6 - 7pm	19th training session, All U10s and U11s
24/02/2016	Wednesday	8 - 9pm	Adult training
24/02/2016	Wednesday	6 - 7pm & 7 - 8pm	8th squad training U14 and U15/U16
24/02/2016	Wednesday	8 - 9pm	Adult training
27/02/2016	Saturday	2 - 3pm	17th Minis
28/02/2016	Sunday	U14 AND U15/U16	NONSUCH
28/02/2016	Sunday	U13C	SURBITON LEAGUE

Kind regards
Jane

Please refer to our website www.ashteadallstars.com