

# New Jersey Tea

This native shrub is a useful and important plant. Turkeys and Quail feed on the seeds. It is a larval host to the Spring Azure, Mottled Duskywing and Summer Azure as well as a nectar source for many bees and insects. A tea can be made from the leaves and many parts of the plant have medicinal properties. Different parts of the plant can make different colored dyes. The flowers can be used to make a gentle soap or body wash and was very popular among the Native Americans. This shrub is also very drought tolerant and fixes atmospheric Nitrogen.

**NATIVE TO EASTERN  
UNITED STATES**



## *Ceananthus americana*

- Hardiness: Zone 4-8
- Size: 3-4' tall by 3-5' wide
- Habit: Low, broad, dense shrub, slow to medium growth rate
- Flower: White in June and July
- Culture: Prefers moist to dry soils and sun or shade. Drought tolerant
- Uses: Low hedge, woodland garden, ground cover, border, difficult areas, wildlife, birds, butterflies, bees, insects, edible, medicinal, dye, soap, body wash, fixes nitrogen