

# Writer's Wordshop

A writing practice for writers of all genres

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**Let's begin by taking a writing inventory. Spend some time really considering the questions. Then write down your thoughts.**

→ What kinds of writing do you do on a regular basis - essays? letters? fiction? nonfiction? poetry? blog? improvisational list-maker?

→ What is your favorite kind of writing and why?

→ Describe yourself as a writer using three adjectives and one verb.

→ As a writer, what are your biggest challenges?

→ What are your greatest strengths as a writer?

→ Describe yourself sitting down to write something important. Where are you? What are your writing tools? Do you have background music on? Tv playing? What is going on around you? Describe using all five senses.

**Out of the above writing exercise, here are some things to remember:**

→ Develop a regular writing routine.

→ Show up at your writing space for the allotted amount of time even if you think you have nothing to say.

→ Commit to the routine. You will be glad you did.

**"Sit at your desk and listen..." -- Franz Kafka**

## Suggested Books on Writing

### **Steal Like an Artist**

Austin Kleon

### **Writing Down the Bones**

Natalie Goldberg

### **Bird by Bird: Some Introductions on Writing and Life**

Anne Lamott

### **If You Want to Write: A Book About Art, Independence and Spirit**

Brenda Ueland

### **On Writing**

Stephen King

### **Seeds from a Birch Tree: Writing Haiku and the Spiritual Journey**

Clark Strand

### **The Artist's Way: A Spiritual Path to Higher Creativity**

Julia Cameron