**How Does One Comfort?**

**How does one comfort a friend**

**when they have lost a love one?**

**What words would bring them**

**comfort when you are done?**

**Perhaps they are holding back and**

**their emotions are ready to burst.**

**And what if you cry, will that**

**make them feel even worst?**

**The Lord tells me "Do not worry so**

**much, your prayers are enough.**

**And loving visit may be just what**

**they need, for the journey is rough.**

**And don't be offended if they**

**tell you they just want to be alone.**

**Give them the space they need and**

**occasionally call them on the phone.**

**It is through these crises that tests**

**the strength of a friendship you know.**

**And when it's a strong one, the support is**

**there, going full strength, by no means slow.**

**The grieving process is different for**

**each individual, there is no time limit.**

**But and understanding friend waits,**

**for her friend, to find one that fits.**

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