WEST REGION
CLASS A BOYS’ & GIRLS’ TRACK MEET
MDU Resources Community Bowl
Friday, May 17, 2019

COACHES MEETING
12:30PM (CT) in North Press Box

ORDER OF FIELD EVENTS

<table>
<thead>
<tr>
<th>FIELD EVENTS</th>
<th>GIRLS</th>
<th>BOYS</th>
</tr>
</thead>
<tbody>
<tr>
<td>2:00pm CT</td>
<td>High Jump</td>
<td>Triple Jump</td>
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<tr>
<td></td>
<td>Discus</td>
<td>Shot Put</td>
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<td></td>
<td></td>
<td>Pole Vault</td>
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<tr>
<td>3:30pm CT</td>
<td>Triple Jump</td>
<td>Long Jump</td>
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<tr>
<td></td>
<td>Shot Put</td>
<td>Javelin</td>
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<tr>
<td></td>
<td>Pole Vault (after boys)</td>
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<tr>
<td>5:00pm CT</td>
<td>Long Jump</td>
<td>High Jump</td>
</tr>
<tr>
<td></td>
<td>Javelin</td>
<td>Discus</td>
</tr>
</tbody>
</table>

ORDER OF RUNNING EVENTS
(Girls will run first, followed by Boys)

3:30 p.m. CT
3200 M Relay
300 M Hurdles
100 M Dash
800 M Relay
1600 M Run
400 M Relay
400 M Dash
100 M Hurdles
110 M Hurdles
800 M Run
200 M Dash
3200 M Run
1600 M Relay

* All track events are timed finals only - fastest heat first

SHOT PUT, DISCUS, JAVELIN
All implements are to be weighed between 12:00 p.m. and 2:00 p.m. on the south end of the Community Bowl’s locker facility. As at state, those that are not approved will be impounded and schools may pick them up at the end of the meet.