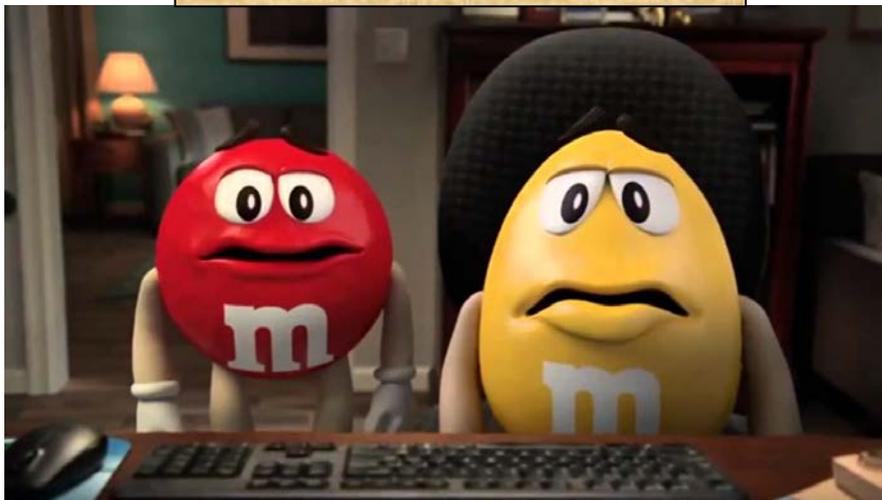


M&M Monday 6,26,2017
*Meditation and Motivation
through Bible verse and prayer
to help you get through your Monday!*

Jeremiah 23:24 - "No one can hide so that I can't see him," declares the Lord. "I fill heaven and earth!" declares the Lord.

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**THAT LOOK WHEN YOU  
FIND OUT GOD KNEW  
ALL ALONG!**



There can be anxiety and fear when we know that God knows all that we say and do. However, on the flip side, the Lord can free us from any anxieties, fear, and uncertainties when we talk with Him daily and share our thoughts and concerns. When we cry out to God in our weakness and when we press into Him like Alicia's word last week, we can find that it can be very RELIEVING to know that God knows it all – because even so – HE STILL LOVES YOU AND ME. As well, the scripture above says He fills heaven and earth and He will fill you and I today with newness of thought, joy, hope, grace, healing, peace, favor.

You either live life thinking you are going to "get caught" every moment – or you can cast all your cares on Him, as He really asks us to. He ASKS us to!?

**Thank You Lord for caring enough to love us even with our inadequacies. Father I pray that this week will be a fresh start, a fresh outlook, a fresh desire, a fresh hunger for each of us to hand things over to You, knowing You care and can give us a SO much lighter load. We ask for the burdens to be lifted Lord, we ask for the impossible, we ask for Your all knowing, all seeing, all consuming love to lead us and guide us as we start this week and Lord, when we do have these “Yikes” moments, I pray that You would continue to lovingly take our hands and lead us through because Lord, we don’t wanna be stuck.... in Jesus name. Amen.**

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