

SLEEP WALK

PHASE IV SLOW TWO STEP

INTRO: BFLY WAIT ; ; LUNGE BASIC 2 X ; ;
UNDERARM TURN ; OPEN BREAK ENDING ; BASIC ; ;

A: PICKUP LF TURN WITH INSIDE ROLL ; BASIC ENDING ; BASIC ; ;
PICKUP LF TURN WITH INSIDE ROLL ; BASIC ENDING ;
OPEN BASIC 2 X ; ; SWITCHES ; 2 X ; ; TO FC ;
LUNGE BASIC 2 X ; ; UNDERARM TURN ; BASIC ENDING ;

B: SD BASIC ; SWEETHEART WRAP MAN IN 2 ; SWEETHEART RUNS 3 X ; ; ;
UNWRAP MAN IN 2 TO BFLY ; OPEN BASIC 2 X ; ;
MANUEVER RT TURN WITH OUTSIDE ROLL ; BASIC ENDING ;
OPEN BASIC 2 X ; ; MANUEVER RT TURN WITH OUTSIDE ROLL ;
BASIC ENDING ; BASIC ; ;

C: UNDERARM TURN TO LADYS TAMARA ; WHEEL 3 ;
UNWIND TO LOW BFLY LOD ; BASIC ENDING ;
TRAVELING X CHASSE 2 X ; ; ; FC WALL ;
UNDERARM TURN TO LADYS TAMARA ; WHEEL 3 ;
UNWIND TO LOW BFLY LOD ; BASIC ENDING ;
TRAVELING X CHASSE 2 X ; ; ; ;

A: PICKUP LF TURN WITH INSIDE ROLL ; BASIC ENDING ;
BASIC ; ;
PICKUP LF TURN WITH INSIDE ROLL ; BASIC ENDING ;
OPEN BASIC 2 X ; ; SWITCHES ; 2 X ; ; ;
LUNGE BASIC 2 X ; ;

ENDING: LUNGE SD LOD LOOK RLOD & HOLD ;

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