



2024 8-MAN STATE POWERLIFTING MEET

FEB 20-21

WAUKOMIS FOOTBALL

209 W. LOCUST

WAUKOMIS, OK

School: _____ Coach: _____

Name of Lifter: _____ Weight _____

We, the undersigned, agree not to hold the Oklahoma Powerlifting Coaches Association and/or Waukomis Public Schools and officials liable in the event of an accident. We further agree to abide by all rules and regulations established by the O.P.C.A.

(Signature of Lifter)

(Signature of Parent)

(Signature of Coach)

NOTE:

1. Each lifter is to have this form completed and signed before competition.
2. Each coach is to run off as many copies of the form as needed.