

Covid 19 Closure Update

As per Governor Mills and MCDC mandate all fitness centers are closed until at least April 6th. This timeline may change with future updates. President Trump requested social distancing through the month of April nationwide.

We will extend all memberships for the duration that we are not open. If you have automatic withdrawal for your membership and need a suspension, please contact Gayle at 343-0827.

Our office staff is working from home but can be reached at the # above or through email friendsofitness@myfairpoint.net Other staff will thoroughly clean and disinfect the building before reopening as well as do some painting and general "spiffing" up.

We are posting daily on our Instagram and Facebook pages. You'll find daily workouts, meditations, links to videos and offerings of live classes through Zoom and/or Facebook Live periodically. Facebook Page is "Community Fitness"

Thank you to everyone who is working everyday keeping the essential services open, serving us all throughout this pandemic.

We all look forward to seeing you on the other side!!

Stay safe everyone!