



“May the relationship between man and nature not be driven by greed, to manipulate and exploit, but may the divine harmony between beings and creation be conserved in the logic of respect and care.”

Pope Francis

SCRIPTURE of the DAY

Wisdom 9: 13-18

Psalm 89: 3-6, 12-14, 17

Philemon 9-10, 12-17

Luke 14: 25-33

Many human activities have contributed to the destruction of Creation. These destructive acts such as excessive extraction and consumption, deforestation, pollution, wasting, and producing greenhouse gases which are heating the planet to dangerous levels – these are akin to acts of violence and war against all of Creation. “The earth was filled with violence” (Gen 6:11).

Isaiah 32:14-18, however, envisions a peaceful Creation where God’s people live when justice is achieved. Righteousness leads to peace and restores the land. Only through reconciliation with and genuine justice for all living beings will Creation find peace.

The Catholic Bishops Conference of Malaysia, Singapore & Brunei has also approved the REGENERATE CAMPAIGN (PROTEC 2.0) to be celebrated by all dioceses from 2025-2030. Each year there is a theme and for Year 1 (1 Sept 2025 – 31 Aug 2026), the theme is: Regenerate Hope for Flora and Fauna.

Today’s Responsorial Psalm reminds us that we are like grass. The Gospel tells us to renounce our possessions in order to be Christ’s disciples. Both underlie the premise of not being attached to the material comforts of this world.

While there are people who lack even the most basic necessities, those who can afford it are addicted to a lifestyle that feeds an endless cycle of consumption and waste perpetuating an inequitable system of distribution of resources. We are not prepared to make even small sacrifices and suffer small inconveniences like giving up meat twice a week, refusing single-use plastics, saving water, or making compost from food waste.

This Season of Creation, let us reconcile with Creation and with the Creator of all Creation. Let us commit to living out the hope that we, human beings, can indeed be the loving stewards and shepherds we were always called to be.✠

NEWBEC

NEW WAY OF BEING CHURCH | 23rd Sunday in Ordinary Time | 7 Sept 2025

CELEBRATING, LISTENING AND WALKING AS PILGRIMS OF HOPE

MONTHLY FOCUS & RATIONALE:
ECOLOGY (STEWARDSHIP)
CALLED TO AVOID WASTAGE, ACT NOW!

Peace with Creation

1st September was declared by Pope Francis as the World Day of Prayer for the Care of Creation. It also marks the beginning of the Season of Creation which runs yearly from 1 September to 4 October (Feast Day of St. Francis of Assisi, Patron Saint of those who promote ecology). The theme for this year’s Season of Creation is “Peace with Creation” (seasonofcreation.org).





PARISH OF OUR MOTHER OF PERPETUAL HELP
Redemptorist Community
Rev.Fr. Joseph Stephen,C.Ss.R. (Parish Priest)
Rev.Fr. Patrick Massang,C.Ss.R. (Assistant Parish Priest)
Celebrating, Listening and Walking as Pilgrims of Hope.

Address: **19-21, Jalan La Salle, Ipoh Garden, Ipoh, Perak.** (Priest address)
1, Jln Serindik, Ipoh Gdn., Ipoh (Church & Pastoral Centre address)
Tel. Nos.: (office – 05 5458220) (Fax: 05 5468495) website: omhip.org

ANNOUNCEMENTS:

From your PARISH PRIEST

I will be away for a meeting in Singapore from 8 till the 10 of Sept.,2025.
During my absence Fr. Sahaya will be covering the parish.
Any pastoral need, kindly contact the parish office.

AMBASSADORS OF HOPE

organized by Eucharistic Ministers
(date) **Sunday 7 Sept.,2025**
(time) 3.00 p.m. – 5.30 p.m.
(venue) OMPH church.
Talk by Rev.Fr. Sahaya,CSsR
All are invited.

FAMILY FOOD FAIR DAY

The Home for the Aged (CWS) Simee Care Centre, Ipoh will hold a Family day with Food stalls. Fun and Entertainment on **Sunday, 14 September, 2025** from 8.30 a.m. till 1.00 p.m. at Dewan SJKC Chung Tack, Lebu 2, Simee, Ipoh.
Contact: Dennis 013 5200385 or Carol Chan 016 2948618

PARISH PASTORAL COUNCIL

On Tues. 16 Sept.,2025, all Parish councilors will be having a one day Reflection and Team building session in Batu Gajah.
Kindly remember them in your prayers.

PARISH ACTIVITIES & MEETINGS:

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| * 7/9/2025 - 3.00 p.m. – Ambassadors of Hope | (Sept. 2025) |
| * 7/9/2025 - 7.00 p.m. – RCIA (T) | (church) |
| * 8/9/2025 - 8.00 p.m. – Group study(C) (Gospel of Mark) | (St.Paul Rm.) |
| * 9/9/2025 - 7.30 p.m. – Caritas OMPH | (ven Francis Xavier Rm.) |
| * 9/9/2025 - 8.00 p.m. – Legion of Mary (C) | (St.Mk.Rm.) |
| * 11/9/2025 - 7.30 p.m. – RCIA (E) | (St.Mt.Rm.) |
| - 8.00 p.m. – RCIA (BM) | (St.Mk.Rm.) |
| - 8.00 p.m. – Tamil Choir | (Wallace Rm.) |
| * 12/9/2025 – 6.00 p.m. – Ablaze | (St.Paul Rm.) |
| * 12/9/2025 – 8.00 p.m. – RCIA (C) | (St.Mk.Rm.) |
| * 16/9/2025 - 8.00 p.m. – Legion of Mary (C) | (ven Francis Xavier Rm.) |
| * 18/9/2025 - 7.30 p.m. – RCIA (E) | (St.Mt.Rm.) |
| - 8.00 p.m. – RCIA (BM) | (St.Mk. Rm.) |
| - 8.00 p.m. – Tamil Choir | (Wallace Rm.) |
| * 19/9/2025 – 8.00 p.m. – RCIA (C) | (St.Paul Rm.) |
| * 21/9/2025 - 7.00 p.m. – Parish Pastoral Council | (ven Francis Xavier Rm.) |
| * 22/9/2025 - 8.00 p.m. – Group study(C) (Gospel of Mark) | (St.Mk.Rm.) |
| * 23/9/2025 - 8.00 p.m. – Legion of Mary (C) | (ven Francis Xavier Rm.) |
| * 25/9/2025 - 7.30 p.m. – RCIA (E) | (St.Mt.Rm.) |
| - 8.00 p.m. – RCIA (BM) | (St.Mk. Rm.) |
| - 8.00 p.m. – Tamil Choir | (Wallace Rm.) |
| * 26/9/2025 – 8.00 p.m. – RCIA (C) | (St.Paul Rm.) |
| * 30/9/2025 - 8.00 p.m. – Legion of Mary (C) | (ven Francis Xavier Rm.) |
| | (St.Mt.Rm.) |

AUGUST/SEPTEMBER COFFEE MORNINGS:

- 7/9/2025 - BEC St.Philip (T)
- 14/9/2025 - BEC St.Monica (T)
- 21/9/2025 - Tamil Liturgy
- 28/9/2025 - BEC St.Gerard (T)

BIBLE REFLECTION & HOME-GATHERING:

- * 17/9/2025 – 8.00 p.m. – BEC St.Peter (C) – (Cafeteria lounge)
- * 19/9/2025 – 8.00 p.m. – BEC St. Francis De Sales;Home of Celine & Melissa John



All B.E.C. leaders, please take note that the Parish is trying to revive the B.E.C.s of all language groups. Kindly inform the parish office to insert into the bulletin of your BEC monthly meetings.

EVENING FOR THE ENGAGED 2025.

Please see your Parish Priest for registration.

EE145	7-9 Nov 2025
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Couples planning to get married in the year 2025, please take note of the EE Weekends held in **english** during the year.

For **Tamil marriage preparation course 2025** –

Dormitory St.Anne, Bukit Mertajam. Church of St.Anthony, Nibong Tebal.	Nov 15 & 16 (Closing date on: 1st day of each month)
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Please see your Parish Priest for registration.

You are requested to register six (6) weeks before the weekend

Please see your Parish Priest for registration.

CHRISTIAN MEDITATION TIME

All are welcome to join the Christian Meditation group which meets

* **EVERY SATURDAY** AT 11.00 A.M. – 12 NOON in the Meditation room.

BAPTISM: Please contact the Parish Priest at least **ONE MONTH** in advance.

WE WELCOME to our community:

* Gabriel Zac Joseph s/o Sebastian Thevaraja Emmanuel Joseph & Tracy Kang Yee Hsia.

* Abel Chris s/o Adrian Arputharaj & Christina Thevatus

* Jayden Ethan Teo En Le s/o Teo Chee Siang & Vivien Choo Jing Rhu.

They were baptized on 31 August, 2025.

Congratulations to their parents and godparents.

MARRIAGE:

Please contact the Parish Priest at least **SIX MONTHS** in advance.

WEDDING BANNS:

* *Charles Hiliary Raj & Charlene Maavithra*

THE EXPERIENCE

Choice Tamil Penang Weekend

A journey to encounter God and ourselves.

(date) **16 – 19 October, 2025**

(venue) Domus St.Anne, B.Mertajam (for) Single working Adult (21-35yrs old)

This program is intended to help young adults grow in faith, encounter Christ more personally and strengthen fellowship within the Catholic community.

Contact: Eloise (011 23392669)

Napolion (011 21811992)

YOUM.A.D 2.0 - an immersion camp for young adults

Date: 10 -12 Oct 2025

Time: Arriving at 5pm Fri - finish by 3pm Sunday

Venue: Church of Sacred Heart & Ladang Care (Kampar)

Fee: RM45 (inclusive of meals and lodging)

Registration:

<https://caritaspenang.com/register-youmad-camp>

Register by: 29 Sep 2025

TWO MAJOR PROJECTS IN O.M.P.H

1. The roof at our Parish Hall is leaking and we need to replace the roof tiles and also to service the Solar panels.

2. St.Joseph Chapel area gets flooded after a heavy downpour.

We need to rectify the drainage.

The Maintenance Committee is looking into it before we call for Tender. Once we have more information of the projects, we will inform about the cost and duration of the work. (Parish priest)

FUND RAISING FOR St.Mary's Chapel, Kg.Tersusun, Ulu Kinta.

Dear Parishioners, Our chapel in Ulu Kinta is in need of funds to repair the roof of the chapel. It cost RM100,000/-.

We are launching a project called "Buy A Brick".

Each brick cost RM10/-.

To-date we have collected RM75,000/-.

Kindly help us to raise the needed fund. God bless you.

(Fr. Joseph Stephen, Parish priest)

SCHEDULE: For MASS, DEVOTIONS and PRAYER MEETINGS.
(7 September 2025) (Mass at 8.00 a.m. if it is a PUBLIC HOLIDAY)
(All in *English* unless stated otherwise.)

SUN.7 **TWENTY-THIRD SUN. IN ORD. TIME**

8.00 a.m. Mass (BM)
10.00 a.m. Mass (T)
11.30 a.m. Mass (C)

MON. 8 **THE NATIVITY OF THE BLESSED VIRGIN MARY**

7.00 a.m. Mass

TUES.9 **23rd Week in Ord. Time (Wk 3)**

7.00 a.m. Mass.

WED.10. **23rd Week in Ord. Time (Wk3)**

7.00 a.m. Mass.

THURS.11 **23rd Week in Ord. Time (Wk 3)**

7.00 a.m. Mass

FRI.12 **23rd Week in Ord. Time (Wk 3)/The Most Holy Name of Mary**

7.00 a.m. Mass.

SAT.13 **23rd Week in Ord. Time (Wk 3)/St.John Chrysostom /B.V.M**

7.30 a.m. Mass. (Novena intentions)
9.00 a.m. Novena devotion to Our Mother of Perpetual Help. (church)
5.00 p.m. Novena devotion to Our Mother of Perpetual Help. (church)
5.45 p.m. Mass.

SUN.14 **EXALTATION OF THE HOLY CROSS**

8.00 a.m. Mass (E)
10.00 a.m. Mass (T)
11.30 a.m. Mass (C)

ST. MARY'S CHAPEL, KG. TERSUSUN –

- Sun 14/9/2025 - 8.00 a.m. Mass in Tamil.

2nd COLLECTION: 7/9/2025 – For the poor of the parish.

DAILY SCRIPTURE READINGS

(WEEKEND READINGS: Year C) (WEEKDAY READINGS : Year 1)

SUNDAY 7 (7 September – 14 September, 2025)
(a) Wis 9: 13-18. (Ps 89: 3-6, 12-14, 17)
(b) Phm 9-10, 12-17
(c) Lk 14: 25-33

MONDAY 8 (a) Mic 5: 1-4 or Rom 8: 28-30. (Ps 12: 6-7)
(b) Mt 1: 1-16, 18-23 (or 18-23)

TUESDAY 9 (a) Col 2: 6-15. (Ps 144: 1-2, 8-11)
(b) Lk 6: 12-19

WEDNESDAY 10 (a) Col 3: 1-11. (Ps 144: 2-3, 10-13)
(b) Lk 6: 20-26

THURSDAY 11 (a) Col 3: 12-17. (Ps 150: 1-6)
(b) Lk 6: 27-38

FRIDAY 12 (a) Gal 4: 4-7 or Eph 1: 3-6. (Ps Lk 1: 46-55)
(b) Lk 1: 39-47

SATURDAY 13 (a) 1 Tim 1: 15-17. (Ps 112: 1-7)
(b) Lk 6: 43-49

SUNDAY 14 (14 September – 21 September, 2025)
(a) Num 21: 4-9. (Ps 77: 1-2, 34-38)
(b) Phil 2: 6-11
(c) Jn 3: 13-17