

NYSDOH COVID-19 In-Person Decision Making Flowsheet for Staff To Go To Work

Can I Go to Work at the School Today?

In the past 10 days, have you been tested for the virus that causes COVID-19, also known as SARS-CoV-2?

Was the test result positive OR are you still waiting for the result?

YES

YES

You cannot go to work at the school today and must stay in isolation (at home and away from others) until your test results are back and are negative OR if positive, the local health department has released you from isolation.

In the last 14 days, have you:

- · Traveled internationally to a CDC level 2 or 3 COVID-19 related travel health notice country; or
- territory on the NYS **Travel Advisory List; or**
- a person who tested positive for COVID-19 by a local health department?

- Traveled to a state or
- · Been designated a contact of

YES

You cannot go to work at the school today.

If you have had any of these exposures, you must stay at home until your local health department releases you from quarantine, at least 14 days from the date of your last exposure. A negative diagnostic COVID-19 test does not change the 14-day quarantine requirement.

School staff are not essential workers and must quarantine.

Do you currently have (or have had in the last 10 days) one or more of these new or worsening symptoms?

- A temperature greater than or equal to 100.0° F (37.8° C)
- · Feel feverish or have chills

Cough

- Loss of taste or smell
- Fatique/feeling of tiredness
- Sore throat

- Shortness of breath or trouble breathing
- · Nausea, vomiting, diarrhea
- · Muscle pain or body aches
- Headaches
- Nasal congestion/runny nose

YES

You cannot go to work at the school

You should be assessed by your health care provider (HCP). Call your HCP before going to any inperson visits to tell them about your COVID-19 symptoms. If you do not have a health care provider, call your local health department.

NO

You can go to work at the school today!

Make sure you wear a face covering or face mask. practice social distancing, and wash your hands frequently.

Report absences, symptoms, and positive COVID-19 test results to your school.

SEEK IMMEDIATE MEDICAL CARE IF YOU HAVE:

- Are too sick to drink fluids
- · Severe abdominal pain, diarrhea or vomiting
- Trouble breathing or are breathing very quickly Change in skin color becoming pale, patchy and/or blue
 - · Racing heart or chest pain
 - Decreased urine output
 - · Lethargy, irritability, or confusion



I have COVID-19 symptoms. When can I go back to work at the school?

HEALTHCARE PROVIDER (HCP) EVALUATION FOR COVID-19 (can be in-person or by video/telephone as determined by HCP)

HCP Recommends COVID-19 Diagnostic Test

STAY OUT OF SCHOOL

and in isolation until test result is back

OR HCP Gives
Alternate Diagnosis

COVID-19
Diagnostic Test
Recommended
but Not
Done and
No Alternate
Diagnosis

NOT Evaluated by HCP

Negative Test Result

Positive Test Result

Your local health department will contact you to follow up.

You must remain in isolation (at home and away from others) until your local health department has released you from isolation, which is typically:

- 10 days after symptom onset; AND
- · Your symptoms are improving; AND
- You are fever-free for at least
 72 hours without use of fever reducing medicines.

While you are in isolation, all members of the household must quarantine at home until released by the local health department, typically 14 days.

Note: A repeat negative COVID-19 test is not required for return to school.

If your symptoms are improving AND you are fever-free for at least 24 hours without the use of fever reducing medicines, you may return to school with:

- A note from HCP indicating the test was negative OR
- Provide a copy of the negative test result.

If your HCP provides a diagnosis of a known chronic condition with unchanged symptoms, or a confirmed acute illness (examples: laboratory-confirmed influenza, strep-throat) AND COVID-19 is not suspected, then a note signed by your HCP explaining the alternate diagnosis is required before you will be allowed to return to school. You may return to school according to the usual guidelines for that diagnosis.

Note: a signed HCP note documenting unconfirmed acute illnesses, such as viral upper respiratory illness (URI) or viral gastroenteritis, will not suffice. You must remain in isolation at home and are not able to go back to work at the school until your local health department has released you from isolation, which is typically:

- At least 10 days have passed since date of first symptoms; AND
- Your symptoms are improving; AND
- You are fever-free for at least 72 hours without use of fever reducing medicines.

Note: You may not qualify for Paid Sick Leave benefits due to COVID-19 without a confirmed COVID-19 diagnosis.

COVID-19 diagnostic testing includes molecular (e.g., PCR) or antigen testing for SARS-CoV-2, the virus that causes COVID-19. Diagnostic testing may be performed with a nasopharyngeal swab, nasal swab, or saliva sample, as ordered by the health care provider and per laboratory specifications. At times, a negative antigen test will need to be followed up with a confirmatory molecular test. Serology (antibody testing) cannot be used to rule in or out acute COVID-19.