

Conflict Style Questionnaire

For each of the statements below, please check either “T” (true) or “F” (false) depending on how consistently close it is to your actual behavior. As you go through the questions, think about the person or situation in which you find yourself in conflict most frequently.

1. I often prefer to let others take responsibility for solving a problem.
 T F
2. I would much prefer to let the other person win the argument than to have ongoing tension with the person.
 T F
3. I must have the last word in an argument.
 T F
4. I would rather spend time focusing on the things on which we agree rather than negotiating the things we disagree about.
 T F
5. I think compromise is the best way to go in any conflict.
 T F
6. It is important to deal with the concerns of everyone in the conflict.
 T F
7. First and foremost, it is necessary to pursue my own goals in a conflict.
 T F
8. Preserving the relationship is more important than any conflict.
 T F
9. If it seems easier, I will give up my own preferences in favor of the other person’s.
 T F
10. Even if I am in conflict with someone, I always ask for that person’s help in solving the problem.
 T F