

SUCCESS STORIES

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Carol Joy Wilhelm (Why I Love Sunrider)

Sunrider and its Philosophy of Regeneration® energize and strengthen me so that reality keeps up with my dreams! Thirty years ago, while raising seven children, I changed my life with Sunrider! Since then, I have received innumerable benefits from eating these wonderful foods and applying the Philosophy of Regeneration® and balance to my life. At my age, many slow down, end personal pursuits, shelve lifelong dreams, and get ready for the end! Well, not me!

With my husband, I enjoy home farming, learning and teaching, exploring the world, and watching our children's families grow. He donates his time as a life counselor, specializing in pain management and addiction control. I love teaching high school Spanish. Life is good, and each day is a new beginning thanks to Sunrider® products and the Philosophy of Regeneration®.

"Nourish, balance, and cleanse," one of the four principles of the Philosophy of Regeneration®, is a great metaphor that helps us achieve our goals. As we work to keep these in balance, we keep moving in the direction of life and growth in all areas: physical, mental, emotional, intellectual, and spiritual. We learn from the past, plan for the future, and live today!

Over the years with Sunrider, my family has benefited from high levels of strength and endurance, plus lovely homes, cars, wonderful foods, activities, travel, education, and more.* Sunrider is still a wonderful part of our lives. People ask, "What is it you do differently?" With an open, honest heart, I tell them about Sunrider and the Philosophy of Regeneration®. Every person who has tried the foods or other Sunrider® products expresses high praise and appreciation for the changes in their lives.

Looking back over the years encourages me to keep sharing my Sunrider story with gratitude and joy!

*The earnings stated above are not necessarily representative or typical of the earnings Sunrider Independent Business Owners (IBOs) can or will earn through participation in the Sunrider Compensation Plan. These statements should not be considered as guarantees or projections of your actual earnings or profits. The average annual income of Sunrider's active IBOs was \$1,558 in 2011. An active IBO is an IBO who has purchased 50 SV or more in 2011. As with any other independent business, success results only from dedicated sales efforts, hard work, diligence, and leadership.

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