

**KARNATAKA STATE DIPLOMA IN NURSING EXAMINATION BOARD****GNM SUPPLEMENTARY EXAMINATION FEBRUARY-2018****1<sup>ST</sup> YEAR PAPER – III FUNDAMENTALS OF NURSING (FIRST AID AND PERSONAL HYGIENE)**

Duration: 3 hours

Max. Marks : 75

Time: 9.30 a.m. to 12.30 p.m.

**SECTION – I**

1 x 4 = 4

**I. Write the meaning for the following**

- a. Nursing      b. Pulse      c. Parotitis      d. Oliguria

1 x 4 = 4

**II. Fill in the blanks**

- a. Introduction of medicine or fluids into the vein is called \_\_\_\_\_  
 b. Examination by tapping the fingers on body is termed as \_\_\_\_\_  
 c. Increased respiratory rate over 24 breaths per minute is \_\_\_\_\_  
 d. Loss of appetite is otherwise known as \_\_\_\_\_

4 x 4 = 16

**III. Write short notes on any FOUR of the following**

- a. Classification of hospitals      b. Records & Reports  
 c. Care of unconscious patient      d. Surgical asepsis  
 e. Principles of Nursing

1 + 2 + 4 = 7

**IV. a. Define Bed bath**

- b. What is the purpose of bed bath?  
 c. Explain the procedure of bed bath.

1 + 2 + 4 = 7

**V. a. Define physical examination**

- b. What is the purpose of physical examination  
 c. Explain the different methods of physical examination

**SECTION – II****VI. Choose the correct answer from the following**

1 x 3 = 3

- a. Florence Nightingale was born on  
 i) May 12<sup>th</sup>      ii) May 1<sup>st</sup>      iii) March 12<sup>th</sup>  
 b. Hospital acquired infection is known as  
 i) Droplet infection      ii) Nosocomial infection      iii) Opportunistic infection  
 c. The mechanical device used to prevent foot drop is  
 i) Bed block      ii) Foot rest      iii) Back rest

**VII. State whether the following statements are TRUE or FALSE**

1 x 4 = 4

- a. Heat regulation center is hypothalamus  
 b. Haematuria means blood in stool  
 c. Gastric lavage is the washing of stomach  
 d. Proctoscope is used to examine the ear

**VIII. Write short notes on any FOUR of the following**

4 x 4 = 16

- a. Rights of administration of medication  
 b. Methods of disinfection      c. Factors affecting blood pressure  
 d. Care of patient with breathing difficulty  
 e. Nursing Management of patient with retention of urine

**IX. a. What is exercise?**

1 + 2 + 3 = 6

- b. Write the purpose of exercise  
 c. Explain the effect of exercise on different systems of the body

OR

- a. Define nursing process  
 b. List the steps of nursing process  
 c. Explain assessment in detail

**X. a. What is first aid?**

1 + 3 + 4 = 8

- b. List the golden rules of first aid  
 c. Explain the first aid management in dog bite