

POWER FOR LIFE
REGISTRATION 2019/ 2020

Referred By: _____

SWIMMER INFORMATION

Name: _____ DOB: _____
Last First Middle MM/DD/YY

School: _____ Year / Grade: _____

Gender: _____ Age: _____ T-shirt Size: Youth: _____ or Adult: _____

BILLING INFORMATION

Parents'/Guardian Name(s): _____

Street Address: _____ City / ZIP: _____

Billing Address (If different from above): _____

Home Phone: _____ Mom Cell: _____ Dad Cell: _____

*Parent's Email: _____

EMERGENCY CONTACT

Name: _____ Phone: _____

Relationship: _____

Secondary Contact: _____ Phone: _____

Relationship: _____

MEDICAL

Please list any issues and medications: _____

Doctor: _____ Phone: _____

Insurance: Company & Policy # _____

By signing this document I have agreed to register _____ for the Power for Life Swim Team. Further, I have read and agreed to the **Waiver, Athlete Protection, Athlete Behavior and Deportment, Payments, Meet Participation, Group Placement and Late Pick-up POLICIES.**

Power Aquatics has my permission to use my child's photograph in team slideshows (website, banquet). Yes No

Signature Parent / Guardian Print Name Date

Signature Participant Print Name Date

I~WAIVER: PLEASE READ CAREFULLY

I, the above signed participant and parent request voluntary participation for my swimmer to participate in the events which are hereinafter referred to activities sponsored by Power Aquatics. I consent to this participation in the activities and acknowledge that I fully understand that participation may involve risk of serious injury or death, including losses which may result not only from the participant's actions, inactions or negligence, but also from the actions, inactions or negligence of others, conditions of the facilities, equipment or areas where the event or activity is being conducted or the rules of play of this type of event or activity. I understand that if I have any concerns I should discuss the risks associated with participation, with activity coordinators and event staff before I sign this release.

The undersigned parent / guardian / participant further agree to indemnify, save and hold harmless the Released Parties from any and all claims, demands, losses, damages, and liabilities for indemnities, contribution or otherwise with respect to any damage and/or injury of any type from the Participant's participation in the activities. The undersigned also agrees that this Release and Waiver of Liability, Assumption of Risk and Indemnity Agreement extends to all acts of negligence by the Release and is intended to be as broad and inclusive as is permitted by the laws of the State of Texas and that if any portion thereof is held invalid, it is agreed that the balance shall, notwithstanding, continue in full legal force and effect.

II~FILLING OUT THE FORM Please read over the form carefully. It is very important that we have as much information as possible to ensure that we can contact you if we need to (**make sure we have your current email address**), especially in case of emergency. Please go over the swimmer department portion with your swimmers. It is very important that everyone understands the behavior expectations of the coaches for the swimmers.

III~ATHLETE PROTECTION POLICIES

The protection and safety of our athletes is our primary concern. All Parents are strongly encouraged to take the on-line training course offered through USA Swimming on recognition of Sexual Abuse at:

http://www.praesidiuminc.com/armatus/reference_parents.php

To this end, direct electronic communication between coaches and athletes will not take place. This includes (but is not limited to) email, text, twitter, facebook and cell phones. Parents who would like to have their athletes receive the newsletter are encouraged to forward it to their swimmer's account as it is against policy for a coach to do so.

Private Lessons with Power Aquatics Coaches will be conducted only when there is another coach present. All coaches must stay at the end of practice until all swimmers have been picked up.

IV~SWIMMER BEHAVIOR / DEPARTMENT

The 7 rules for swimmer department and behavior are generally the ones first learned in Kindergarten. Because we are very proud of our swimmers and our team, it is very important that each and every swimmer understand and agree to the following policies regarding behavior and department:

- **Respect Others.** Treat every person on the team and associated with the sport with respect. This includes, but is not limited to other swimmers, all coaches, officials and facility personnel. What would your Mother say?
- **Respect your 'House'.** Treat all of the facilities we attend with the utmost respect. Damage to any facility (pool, hotel, bus) caused by a swimmer will be the responsibility of the swimmer and their parents.
- **Keep your hands and feet to yourself.** Personal physical contact between swimmers is not permitted.
- **Play Well with Others.** Hazing, bullying or harassment of other swimmers is strictly prohibited and will not be tolerated. Swimmers do not have to like everyone on the team, but they must get along with everyone on the team.
- **Display Good Sportsmanship.** Good sportsmanship is the standard of behavior expected at all times. Congratulate and encourage other competitors. Cheer each other on. Overt emotional displays (either positive or negative) are strongly discouraged.
- **Keep your Body Clean.** Use of prohibited substances including drugs, alcohol, banned substances (such as steroids) and tobacco is not permitted. There is a zero tolerance for these actions and will result in expulsion from the team.
- **Make your mother proud.** When the team is travelling, swimmers of opposite genders will not be permitted in same hotel rooms.

Swimmers who do not conform to the above behavior expectations are subject to removal from the team.

Swimmers aged 12 and older must sign the Registration Form in Acknowledgement of having read, understood and agreed to these policies.

V~PAYMENTS

To date, all payments are made by one of three ways: **Please make all checks payable to POWER**

Bank Check (done through Bank Bill Pay) Preferred Method. Account Number: Your Swimmer's Name

Mail To: Power Aquatics
c/o Sharon Power
22526 Cove Hollow Drive
Katy, Texas 77450

Please make all checks payable to POWER

Check Either mailed to the above address, or hand-delivered at practice
Cash Least Preferred Method -- Placed in an envelope with swimmer's name on front
PayPal See the website for details.

VI~GROUP PLACEMENT

The placement of all swimmers is at the discretion of the Head Coach. Swimmers are placed in their groups using the following criteria:

- Age Appropriate
- Physical Development
- Emotional Maturity
- Intellectual Maturity
- Swimming Ability / Performance
- Previous Attendance / Commitment
- Training Ability
- Personal Goals

Usually we will keep swimmers of an age group together. There are the odd exceptions with the permission of the Head Coach. Each criterion is given close consideration before a swimmer is advanced to the next level. We will more often err on the side of caution, rather than push the swimmer into a group for which they are not ready. Parents are asked to Parents and swimmers are strongly encouraged to read the group descriptions on the website. If you have any questions, please contact your current group coach.

VI~MEET PARTICIPATION and IMX SCORES Daily Meet Attendance: **\$50 per day**

Swimmers in the competitive groups are expected to attend Meets. Meets are the main system of testing and feedback we use to determine whether a swimmer is progressing as expected. Coaches need to see the swimmer perform in a meet setting to determine whether the practice sessions are achieving optimal effect on the swimmer's progress. Development / Open Meets are generally held once per month with Championships in December, February / March and July. Swimmers do not have to attend every meet nor do they have to attend every day of a meet. We do expect all of our competitive swimmers to work to achieve their IMX Score each season (both Short Course and Long Course) because it gives our team credibility with USA Swimming. We strongly encourage all of our competitive swimmers to try to swim every event at least once per year.

The \$50 per day amount was established to cover entry fees, participation fees, team entry fees, relays and coaching costs (travel, accommodation, time on deck, etc.). The Fee does not change regardless of the number of events in which each swimmer is entered or the location of the meet. Some meets have low costs, but they help off-set the higher cost meets. The one exception to this fee will be the Team Travel Meet where swimmers will be assessed fees based upon swimmer travel expenses, coach and chaperone expenses.

Meet Fees are given a due date, published in the newsletter under the UPCOMING MEETS section. Parents are asked to comply with the due date to avoid missed opportunities for their swimmer to participate. **Please make all checks payable to POWER.** Payments may be made in the same manner as monthly fees.

VII~LATE PICK-UP **If you are detained due to traffic or appointments, it is best to make other arrangements**

We are responsible for all swimmers until parents pick them up. Because all coaches are required to stay until all swimmers are picked up for the last practice of the session each day, parents who are late picking up their swimmer will be assessed a baby-sitting fee of \$5 for every minute after the 15 minute grace period to pay the coaches for their time.

VIII~ 2019 – 2020 FEE PAYMENT SCHEDULE

YEARLY REGISTRATION FEE: Required for all participants **\$175 (\$135 during June)**
Includes T-shirt, Cap, and USA Swimming Registration
Due at initial registration

Parents are asked to pick the payment option which best suits their financial situation:

YEARLY PAYMENT: Cheapest option – greatest savings

SESSION PAYMENT: Slight increase covers additional banking fees, processing & greater financial risk to the team.

There are no refunds for payments made. Credit to your swimmer's account may be assigned at owner's discretion.

OPTION #1 Annual Lump Sum

Due Sept 1st	
	Total
Thun 1	2075
Thun 2	2000
Thun 3	2000
Lgt 1	1865
Lgt 2	1790
Rain	1325

OPTION # 2 Session Payments (3 equal payments)

Paying By Session

	Sept 1	Jan 1	Apr 1	TOTAL
Thun 1	725	725	725	2175
Thun 2	700	700	700	2100
Thun 3	700	700	700	2100
Lgt 1	655	655	655	1965
Lgt 2	630	630	630	1890
Rain	475	475	475	1425

\$10 Late Fee per month applied to all payments received after the 10th of the month. Swimmers who stop and re-start must pay fee for any months missed.

OPTION # 2 Session Payments (3 equal payments)

Monthly Fee Schedule 2019-20 (Base Rate Over 8 equal payments)									
	Sept 1	Oct 1	Nov 1	Dec 1	Jan 1	Feb 1	Mar 1	Apr 1	TOTAL
Thun 1	285	285	285	285	285	285	285	285	2280
Thun 2	275	275	275	275	275	275	275	275	2200
Thun 3	275	275	275	275	275	275	275	275	2200
Lgt 1	260	260	260	260	260	260	260	260	2080
Lgt 2	250	250	250	250	250	250	250	250	2000
Rain	190	190	190	190	190	190	190	190	1520

VOLUNTEERING & FUNDRAISING
Unlike many club teams, we do not have volunteering or fundraising requirements.

However,

Each family is required to TIME at least once during every meet attended.

This is mandatory.