



SOROPTIMIST
Best for Women®

The Pointer

WEDNESDAY AUGUST 14, MEMBERSHIP MEETING at VILLAGE GRILLE

16930 Kercheval, Grosse Pointe; Parking & Private Entry Door in Rear

General Meeting starts promptly at 6:30 p.m.

Meet and Greet at 6 p.m.

Join Us on Saturday, Sept 21, 2019



SHE'S NOT FOR SALE

STOP TRAFFIC 5K

A Human Trafficking Awareness Walk/Run

Presented by Soroptimist International of Grosse Pointe

Start and Finish at St. Lucy's Church
23401 Jefferson Ave., Saint Clair Shores, MI 48080

Check-in
begins at
7:30 a.m.



Start Time
begins at
8:00 a.m.

Register at www.grossepointesoroptimist.org

Proceeds benefit anti-human trafficking organizations operating in Metro Detroit.
This is an untimed, family-friendly event. RAIN OR SHINE.

*To help sponsor the event,
see page 3.*

**TO REGISTER ONLINE,
CLICK HERE**

**MORE DETAILS ON
PAGES 2, 3 & 4**

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More details on anti-trafficking 5K Walk/Run sponsored by our club

The Stop Traffic 5K is an UNTIMED walk/run in beautiful Saint Clair Shores, Michigan. Proceeds will benefit human trafficking awareness initiatives in the Metro Detroit area.

The event also features exhibitors from anti-trafficking organizations to provide information on how we can all do our part to stop human trafficking and care for trafficked survivors.

Despite the sadness in our hearts regarding the cause this race supports, this is a family-friendly race with fun giveaways, lots of enthusiasm, and a celebration of making our communities a safer place for all.

We would like to thank St. Lucy's Church for supporting our cause and allowing us to use their property for this event. Their generosity is amazing and much appreciated!

Event details and schedule

Meet us at St. Lucy's Church

Registration/Check-in: 7:30 am

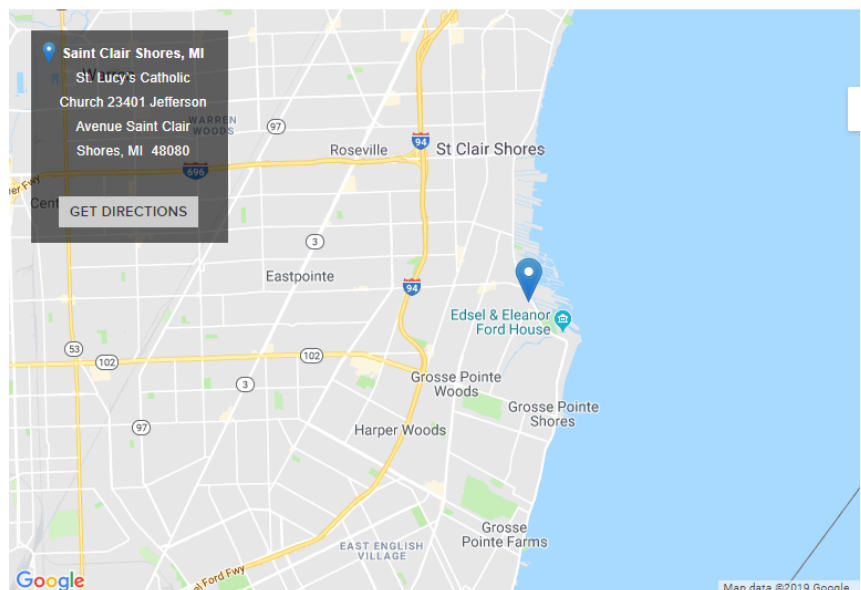
Race Start Time: 8:00 am

Refreshments Post-Race: Yes!

Exhibitors: 7:30 am - 10:00 am

Restroom Facilities: Yes. Inside St. Lucy's Church.

Parking: St. Lucy's Parking Lot



The SIGP Stop Traffic 5K Walk/Run Sponsorship Levels

[Application on next page. If you have questions, contact Carrie Petrocelli, 702-445-3475](#)

Our Crossing Guard – Top Partner Level – \$1,000 and Above

- Listed as top sponsor on website with logo and link
- Logo on one-mile marker signs and displayed on signage in registration area
- Opportunity to speak at opening of race
- Opportunity to set up table to display and provide informational and promotional materials
- Special PA announcements mentioning sponsor name during and after the race
- Promotional information included in participant goody bags
- 4 complimentary race entries

Red Level – \$500 up to \$999

- Listed as sponsor on webpage with logo and link
- Logo on two-mile marker sign and displayed on signage in registration area
- Special PA announcements mentioning sponsor name during and after the race
- Opportunity to set up table to display and provide informational and promotional materials
- Promotional information included in participant goody bags
- 3 complimentary race entries

Yellow Level – \$250 up to \$499

- Listed as sponsor on website with link
- Logo displayed on signage in registration area
- Promotional information included in participant goody bags
- 2 complimentary race entries

Green Level – \$100 up to \$249

- Listed as supporter on website
- Company name displayed on signage in registration area
- Promotional information included in participant goody bags
- 1 complimentary race entry

In-Kind Donations:

Product donations (gift cards, water bottles, key chains, anything that could be used as door prizes, etc.) or refreshments post-race (water, fruit, snacks, etc.). In exchange for your product donation your company name will be listed on our website and promotional information may be included in the participant goody bags.



Stop Traffic 5K Walk/Run Sponsorship Agreement

Presented by Soroptimist International Grosse Pointe

Business Name _____

Contact Name _____

Address _____

City _____ State _____ Zip _____

Telephone _____

E-mail _____

I will be a Stop Traffic 5K Walk/Run sponsor at the following level:

Please check one:

_____ \$1,000 and up Crossing Guard-Top Partner Level

_____ \$ 500-\$999 Red Level

_____ \$ 250-\$499 Yellow Level

_____ \$ 100-\$249 Green Level

_____ I will make an in-kind donation to the Stop Traffic 5K Walk/Run

Estimated Value \$ _____

Brief Description of Donation _____

_____ I am unable to sponsor, but I will donate \$ _____ to support the cause

Business _____

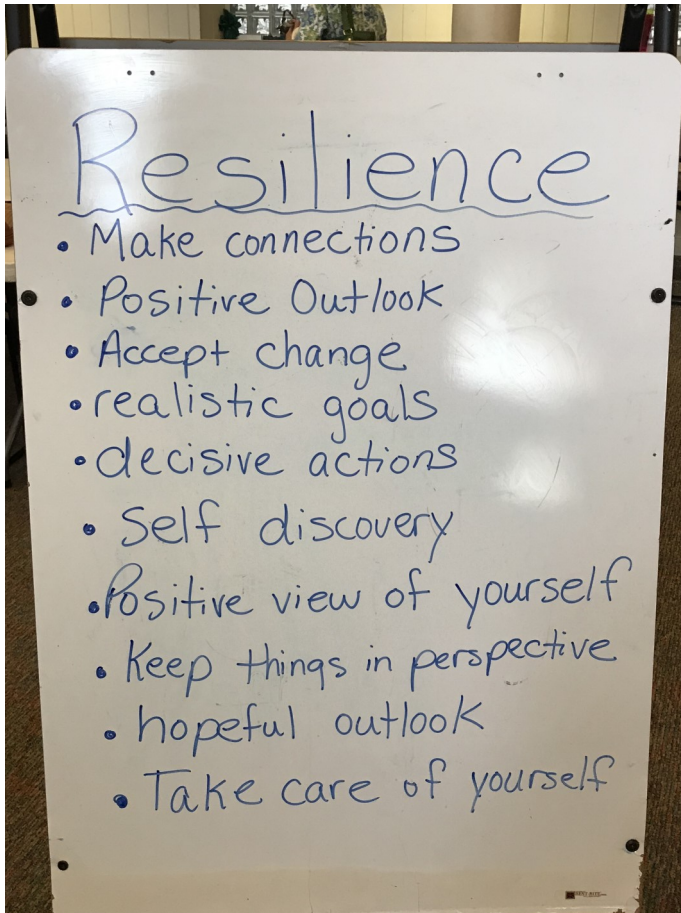
SIGP is a 501(c)3 non-profit organization. The tax identification number is 32-8088336
32 Lakeshore Road, Grosse Pointe Farms, MI 48236 USA

Contact _____ Signature _____

Feel free to copy this page to give to friends, family or companies who may want to support the anti-trafficking movement. All proceeds go to certified anti-trafficking organizations. Send checks payable to SIGP. Mail or drop it off at SIGP's mailbox located at the War Memorial: 32 Lakeshore Road, Grosse Pointe Farms, MI 48236.

Dream It Be It program provided at Positive Images!

Using an outline from Soroptimist International of America (SIA), our club has now provided its **Dream It Be It** program to high school girls (thank you Amanda Be and Kerri Green!), middle school girls (two times!) and recently, to 15 women in recovery at Positive Images. This program is a hit no matter what the age of the participants or wherever it is presented.



Although many SIGP members helped support the sessions, mega kudos to Marya Malkovich Rosenthal and Ellen Chapin for continuing to adapt the SIA program to meet the needs of women who are in drug and alcohol rehab. Ellen says, "Everyone dreams of who they want to be and what they want their life to become. This program guides and supports their dreams."

Over the course of five two-hour sessions (held in July 2019), the women engaged in a series of activities, games, discussions and sharing to help them discover their dream and realize the tools needed to achieve it. Each session started with an ice breaker activity to present the theme of the day and each session ended with an activity to sum up what was learned.

On Day One the group set up the rules they wanted to follow during the sessions (see photo) and then each woman made a personal dream collage. Day Two was spent exploring their value systems and defining what values

were important to them. SMART goals were introduced and the women decided on their goals and the steps needed to achieve those goals and ultimately their dream.

Resilience, overcoming obstacles and coming back from failure were the topics of Day Three. On Day Four the women were exposed to different methods of dealing with stress. They participated in demonstrations of healthy eating (see photo on next page), yoga, exercise, meditation, music and crafts. The final day was spent learning to trust each other and themselves and to reach out for help when needed. Each woman received a journal and in them they wrote positive affirmations to each other.

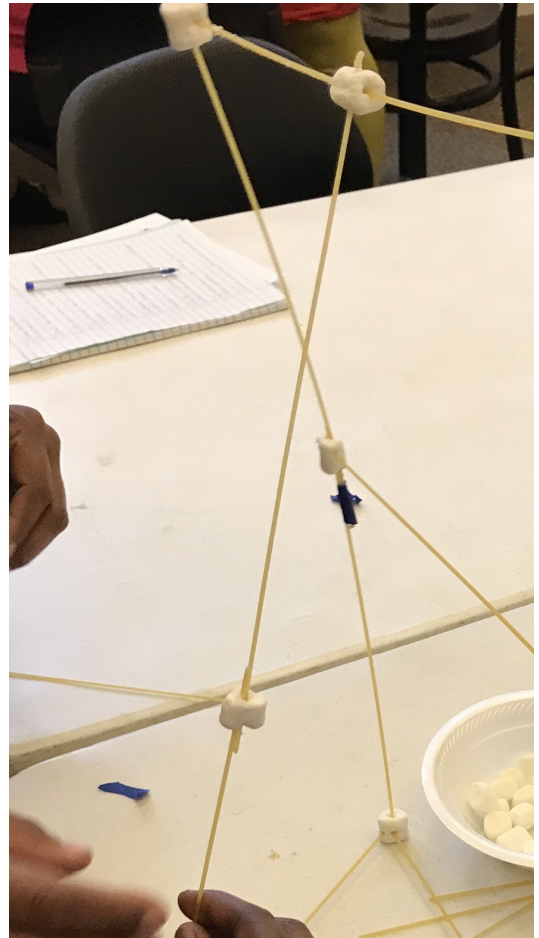
Everyone was sad to see the program come to an end, but the sessions were culminated by celebrating the women's success with pizza and ice cream sundaes.



In the stress-reducing session of Dream It Be It, Soroptimist member Laura McCourt illustrates how eating healthfully helps how you feel, especially when it comes to coping and/or reducing stress.

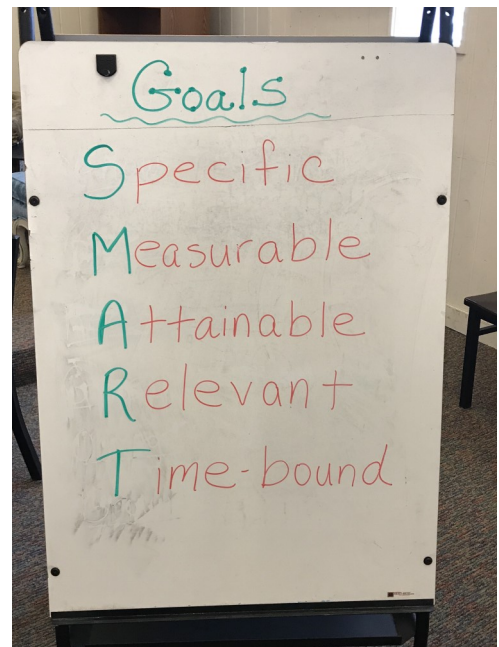
At right, the women work together on a competition. The goal is to build the tallest standing tower of spaghetti and marshmallows.

Below right, SMART goals.



AUGUST Happy Birthday to ...

Bette Lepouttre, August 8
Anne Schwartz, August 8
Diana Langlois, August 12
Robin Crawford, August 14
Susan Lewandowski, August 23
Tina Edgar, August 26
Ellen Chapin, August 27





SIGP's virtual garage sale is now official!

At left, Jenna Mertz from GP Park, was the first person to make a purchase from SIGP's virtual garage sale.

She bought a wicker table and 4 chairs; the asking price was \$99 - she gave SIGP \$100!

It didn't quite fit in her car, but Diana Langlois was there. They put the glass table top into Diana's car and brought it to Jenna's home on Trombley.

It was a win-win all the way around!

Thanks Cara Crawford for trying a new fund raising initiative for SIGP!

Remember to donate items worth \$20+ to SIGP's online garage sale. If you can, please take a photo of it and add a little description. Contact Cara at 505-610-1283.

Also check out the merchandise at:
<https://www.facebook.com/sigpvirtualgaragesale/>

Dine Around Town Gift Certificates Are in and Being Bundled!

We received 130 certificates worth \$3,215 from 63 participants and a couple of member donations. The committee is now bundling them and preparing the raffle tickets for the printer.
Thanks to everyone for an outstanding job!

Next SIGP Board Meeting AND Next Budget Meeting

- ◆ SIGP Board Meeting, Thursday, August 8, 2019, Mary Ellen's condo.
- ◆ SIGP Budget Committee, Wednesday, August 21, 2019, 7 p.m., Mary Ellen's condo.

Positive Images Clothing Closet Gets a Facelift



Soroptimist members Jean Kroll and Peggy Hart gave the Positive Images clothing closet a facelift— from egg-yolk yellow to soothing egg-shell white.

SAVE THE DATE(s)

October 18 & 19, 2019
District I & III Fall Meeting
Essenhaus Inn &
Conference Center
240 Hwy 20
Middlebury, IN 46540



October 25 & 26, 2019
District II & IV Fall Meeting
DoubleTree by Hilton
50 North 2nd Street
Newark, OH 43055

SEPTEMBER 1, 2017—AUGUST 31, 2018

SOROPTIMIST®

PROGRESS IN FY17/18

Empowering Women & Girls Through Access to Our Dream Programs

LIVE YOUR DREAM AWARDS

\$2,414,864

in Live Your Dream Awards was given through the program ▲15%

1,595

deserving women ▲9%

93%

increased their self-esteem

86%

completed their education and increased their standard of living



DREAM IT, BE IT

14,547

girls participated ▲19%

88%

feel prepared to pursue their career goals

91%

feel more confident about their future success



Gaining New Members and Supporters

3,714 new and charter members

+9 net increase in clubs (best net change since FY97/98)

127,825 people in our LiveYourDream.org community

101,638 program activities conducted through LiveYourDream.org



Attracting More Financial Support

\$2,284,366 raised ▲22%

• **\$1,141,420** in total individual contributions ▲44%

• **\$748,304** contributed through Club Giving ▲3%

Corporate Philanthropy

\$180,375 raised ▲\$168,375

• **\$150,000** received from Torrid Foundation

• **17** unsolicited corporate partnership requests were received through LiveYourDream.org



\$14,291,581

in Net Assets ▲5%



Growing Recognition

537,654 unique visits to Soroptimist.org and LiveYourDream.org ▲51%

41,567 social media followers ▲8%

1.5 million people reached through SIA and LYD.org social media networks

6 million+ women across the US saw our online ads (Google Grants and Facebook Ads)



SOROPTIMIST
Best for Women®

Soroptimist.org | LiveYourDream.org

District III Emails

Governor - **Kris Armstrong** - (krisquin@msn.com)
Governor Elect - **Darcy Merritt** (dmerritt81@hotmail.com)
Secretary - **Missie Austin** - (missieaustin@gmail.com)
Treasurer - **Audrey Jarvey** - (audreyjarv@charter.net)
District III Director - **Mary Pilon** (pilonmary0@gmail.com)
District III Secretary - **Lata Shastri** (shastrilata@gmail.com)

Soroptimist Websites

Soroptimist International Midwest Region - (simwr.org)
Soroptimist International of the Americas (soroptimist.org)
Soroptimist International (soroptimistinternational.org)
Soroptimist International of the Americas -
(soroptimist.org/about-us/contact-us/index.html)
For upcoming SIGP events and information, click the link
<https://www.grossepointesoroptimist.org/>

Soroptimist Pledge

The sincerity of friendship,
The joy of achievement
The dignity of service,
The integrity of profession,
and the love of country.
I will put forth my greatest effort to
promote, uphold and defend these ideals,
for a larger fellowship in home, in society, in
business, for country and for God.



The Who's Who of SIGP's PUBLIC AWARENESS COMMITTEES

Submit photos, club information, news, upcoming events and dates to this e-mail so the information
can be accessed by all public awareness chairs: socialmediasigp@gmail.com

WEBSITE: grossepointesoroptimist.net Carrie Petrocelli
or [https://www.grossepointesoroptimist.net/calendar of events.html](https://www.grossepointesoroptimist.net/calendar%20of%20events.html) for calendar

E-MAIL: grossepointesoroptimist@gmail.com Anne Schwartz

SOCIAL MEDIA ACCOUNTS:

FACEBOOK: facebook.com/soroptimistgrossepointe Renee Rodriguez
INSTAGRAM: [soroptimistgp](https://instagram.com/soroptimistgp) Sarah Shepherd
TWITTER: [@soroptimistgp](https://twitter.com/soroptimistgp) Jean Kroll

NEWSLETTER: THE POINTER is on the website and
is emailed to members Nancy Solak

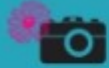
MEDIA: Newspaper articles, radio PSAs, etc.Diana Langlois



Remember to use AMAZON SMILE smile.amazon.com
(look for Soroptimist International of Grosse Pointe)

SIGP Member Ads

RENÉE RODRIGUEZ
PHOTOGRAPHY



Soroptimist Special

Mini Portrait Session \$100

30 minute photo session
10 high resolution digital images
Photo Print Release

Book your session today!
Contact

reneerodriguezphotography@gmail.com
248.778.8206

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