ZONTIANS NEWSLETTER

ISSUE 41

EXAMPLE 1 CLUB OF ROSEBURG AREA MEMBER OF ZONTA INTERNATIONAL

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MEMBER OF ZONTA INTERNATIONAL EMPOWERING WOMEN THROUGH SERVICE & ADVOCACY



THIS PRESIDENT'S LAST MESSAGE

Calendar of Events

- June 10 –1200 Zoom Business Meeting
- June 24 1200 Program Meeting
- July 1 1200 Executive Board Mtg
- July 3-6 International Conv Via Zoom

2020 - The Winter of Discontent....

In our last newsletter we were planning for a busy winter and spring, with the Area 4 workshop scheduled for April 24-25 in Salem, OR and the Zonta International Convention in the USA in Chicago in July. But then it hit like a ton of bricks, the corona virus or Covid 19. It basically shutdown the entire world. People were required to shelter in place, stay at home, self-quarantine and practice social distancing.

All this was necessary to stop the spread of this highly contagious virus, that had no treatment strategy, nor vaccine and wreaked havoc on the most vulnerable of the world's populations: those over 65 years of age and with other underlying medical conditions.

ZOOM to the rescue (ok so there were a few glitches), but we could still communicate and even see our friends and attend the Area 4 workshop from the comfort of your own home staying safely away from any chance of contracting the coronavirus. Upside there was no travel cost, no time constraints with being away from your immediate family. So with that in mind you too can attend the International convention in July from the comfort of your laptop or IPad. Pick what you want to listen to and when.

Downside there was no getting together with close friends and sharing your stories and enjoying human contact (which looks very different now... facemasks, 6 ft apart, handwashing or hand sanitizing, sanitizing wipes or UV light wands). Nor do you get to visit new and exciting places.

What the future holds – is uncertain but one thing we know is the virus is not going away any time soon. We must learn to live with it and all the changes it will invoke not only in the way service clubs will conduct business but how we attract members. We are in this together.

June 2020

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ROSE DAY AWARDS 2020

Each March 8th, the world celebrates International Women's Day to recognize the achievement of women. The celebration has grown in recognition and was even highlighted this year during the nationally televised Pac 12 Women's Basketball Championship, in Las Vegas. Roseburg Zonta celebrates International Women's Day as Rose Day and awards yellow roses to individuals who have made a difference in the lives of women. This year Zonta presented roses to the on-ground-staff from Safe Haven and Peace at Home (formerly Battered Person's Advocacy). Our thanks to these individuals for their dedication and work to help women, facing difficult times, to re-focus and move toward a better future.

Safe Haven

Brenda Mickowski, Relief Staff Penney Perkins, Relief Staff Donna Pakora, Relief Staff Vicki Carrol, Relief Staff Amber Evans, Resident Staff Sara Miguelena, Program Manager Evie Kumar, Executive Director

Battered Person's Advocacy

Tia Bowers, DV Specialist Lakia Burnside, Crisis Line Specialist Rachelle Capone, Healthy Relationships Coordinator Missy Cox, Case Worker Rachel Guzman, Crisis Line Specialist Shelly Hendrickson, Program Manager Joene Oldfield, Volunteer & Resource Coordinator Nicole Rodriguez, Sexual Assault Service Director Riley Rosenbaum-Stratton, Lead Case Worker Katie Slone, Human Trafficking Services Advocate Melanie Suggs, Emergency Services Coordinator Maria Cruz, Lead Legal Advocate Stacy Whittington, Healthy Relationships Coordinator Sadie Loosli, LAP Advocate Misty Beebe, Emergency Services Advocate Adriana Esparaza, Safer Futures Advocate Debra Jensen, Crisis Line Specialist

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PEACE at HOME

Formerly Battered Person's Advocacy



SAFE HAVEN



CLUB FUND RASING STATUS

Our annual club Christmas Auction had a variety of items for bidding and brought in \$295, while our Double Donation Drive helped Sunrise Services and netted us \$100. Through the end of the fiscal year, the 50:50 raffle raised \$122. Thanks to everybody who participated in these fund raisers!

Our major fund raisers are still moving forward. Rosa is checking venues and potential sponsors for the Iron Woman. It could be we'll have to drop the Iron Woman this year due to the economic impact of COVID19 on business that normally support us, or because of social constraints. However, at this point we are still investigation our options and trying to think outside of the box to host the event and make it fun. Members, please think about joining the Iron Woman committee!

Meanwhile, the limited draw raffle will gear up in June and likely be ready in July. This raffle has the potential of raising \$5,000 for the club if we sell 200 tickets at \$25 each. We'll be re-checking the status of prizes, finalize prizes, then print the tickets. With 14 club members, each of us would just need to sell 14 tickets. Last year Sandy led the pack and sold almost double that herself! Stay tuned as we finalize this fund raiser!

INSTALLATION OF NEW OFFICERS 2020-2022

This year's installation dinner had several new twists: the bandit look was fashionable and members brought their own chairs, food, and beverages. Shon Garrison graciously hosted the installation at her house.

The Zontian of the Year was a three-way tie between Diane Swingley, Gail Trimble, and Laura Jackson. As always, Diane was instrumental in the Woman of Achievement Award and celebration dinner. She also spent considerable time helping the club update their bylaws and policy and procedure documents. Gail is a stabilizing force for the club, helping bridge new ideas with old so the club can move ever forward during times of change. She's also the club's treasurer which means she has a guaranteed berth at EVERY Board Meeting, Business Meeting, Foundation Meeting and Budget Meeting. That doesn't even count depositing money, making payments and balancing the books. Gail also helps with all of the fund raisers, plus the HandUp program. Laura was busy this year helping the Douglas County Human Trafficking Task Force implement the Zonta Centennial Anniversary Grant. She also helped coordinate the Dignity Drop and the End Child Marriage display, plus writes news releases and helps with the club newsletter. Thank you to each of these Zontians for your time and leadership to help the Zonta Club of Roseburg Area!

The club also recognized years of Zonta service. Although Grace Farenbaugh is new to the Roseburg club, she was also a member in California and earned her 20 years of achievement award. Alison Eggers has also served 20 years while Sandy Hendy, Laura Jackson and Rosa Mohlsick served 5 years.

President Sandy Hendy then thanked the board for their service during the last two years. She noted as individuals and as a club we've each experienced ups and downs, but, "life will go on and Zonta will be strong. Thank you everybody for the last two years, it's been a wild ride!"

Debbie Schade, our Area 4 Director, was THRILLED to be in Roseburg to a LIVE installation. All of the other installations have been via Zoom. She noted that although the pandemic changed our mode of operations and taught us about Zoom; we did it—we continued the Zonta mission! District 8 Governor, Jeanie Martin then swore in Roseburg's new officers. Sandy made each officer a face mask that matched the Zonta ceremony color. Our June 2020 to May 2022 officers:

- Grace Farenbaugh, President
- Jason Aase, Vice-President
- Gail Trimble, Treasurer
- Shon Garrison, Secretary
- Pamela Conner, 2 Year Board
- Laura Jackson, 2 Year Board

Jeanie concurred that it's been a wild ride! She noted that although the 100 Years Celebration Convention in Chicago was physically cancelled, it will still continue online. Clubs will be able to click on a blog to see rule changes and comments, plus you can YouTube the candidates. Grace and Shon will act as Roseburg's convention delegates to vote, but all of us are able to read and make sure our delegates know our opinions. Jeanie also stressed the need to keep working to grow our membership. There's a website called Canva that provides free artwork, photos, and tools to create eye-catching announcements. There's also a Volunteer Match site where we can announce events and attract members. Jeanie noted that what she'll remember most about her Zonta Governor experience is the lasting friendships that she formed.

New President Grace, concluded the evening with her thoughts. She admitted she tends to do things on the fly, but as our president, she'll represent each of us. Her Mom was a member of the Zonta club during the 60's through the 80's. Although she was aware of her Mom's membership, she had no idea how much service the club provided the community. She's honored with the service our club can provide and encouraged members to focus on our mission and not get bogged down.

"Along the way we'll also have fun and share some laughter," said Grace.





Installation 2020-Practicing social distancing







WOMAN OF ACHEIVEMENT DINNER



Elin Miller Speaker-Women in Agriculture



Marion Pearson – Winner of WOA 2020

Roseburg Zonta annually presents a Woman of Achievement (WOA) award to a woman who demonstrates outstanding contributions, dedication, and betterment of our community per their service, career, and personal achievements. The 2019 - 2020 Woman of Achievement (WOA) was awarded to Marion Pearson, the Violence Prevention Specialist for the Mercy Foundation's UP2US Now Child Abuse Prevention Coalition. Pearson began her career in social services during her college years at Sacramento State University. She worked at a runaway shelter, several therapeutic facilities, and also became a certified behavior analyst. Her work included the California Bay Area, then Washington. She moved to Douglas County in 2005 with plans to retire. The needs of others still called to her, thus she was hired by the Mercy Foundation in 2011. Since then, Pearson has expanded the UP2US Coalition to include over 33 service organizations and law enforcement agencies. She also helped initiate the Domestic Violence Task Force, Youth Media Project, Opioid (now DART) Task Force, and the Douglas County Human Trafficking Task Force (DCHTTF).

The DCHTTF was created after she noticed in 2015 that there were no human trafficking cases reported in Douglas County despite Interstate 5 being a known major trafficking corridor. She contacted specialists from Portland to come to Douglas County to teach our police, sheriffs, DINT, and advocacy leaders how to recognize and assist trafficking victims. The Portland staff arrived and placed an online request which was answered within minutes by dozens of consumers looking to have sex with a minor. With that eye-opener, she created the task force, trained local law enforcement, Umpqua Community College (UCC) trucking students, UCC nursing students, Seven Feathers staff, medical providers, and tattoo parlors how to recognize human trafficking. The DCHTTF was selected as our club's 2017 Rose Day recipients.

In 2019 Pearson spearheaded the Task Force and hosted four major community awareness events, continued the aforementioned training, plus added trainings for Umpqua Valley EMS, Aviva, Evergreen Clinic, Mercy Emergency Department PA's, Hope Clinic for Women, Douglas County Human Services, Casa de Belen staff, Creekside and Fowler House staff. She gave talks to multiple civic groups, plus she facilitated DCHTTF's social media that includes nearly 4,000 followers. She also secured a grant to hire an anti-trafficking advocate for the Battered Persons Advocacy, and was awarded a Zonta International Centennial Anniversary grant to get a trafficking prevention curriculum into every Middle and High school in Douglas County. With the recent trafficking occurrences in the county, Pearson has also served as a contact to assist law enforcement and the victims.

Pearson is also involved with the Festival of Trees, Wildlife Safari's Children's Event to promote Child Abuse Prevention Month, Mercy's Challenge of the Hero's, Healthy Lifestyles presentations for schools, Pinwheels for Prevention, plus has assisted food banks, churches, security staff, and inmates. Pearson has been recognized nationally for her UCC Truck Driving School trafficking education and CHI National Films for her Youth Media Project where students have filmed Public Service Announcements ranging from youth gambling and text bullying to child abuse and trafficking. Upon receipt of her WOA award, Pearson noted that none of her work was done in a silo, there are many people who help all of the projects. She acknowledged that working with child abuse and trafficking is dark and ugly, but said Pearson, "I love seeing the bright shining light of the survivors as they are freed and blossom."

The dinner at Dino's Ristorante Italiano, also featured a presentation by Elin Miller, of Elin Miller Consulting, LLC. The theme of the night was "One Hundred Years...Hence," since Zonta is celebrating their Centennial. Thus, Miller's talk featured her career path in agriculture and business that included many ground-breaking professional "firsts" for women. However, she was very grateful for all the women worked before her and to her Future Farmers of America (FFA) roots. She appreciated Zonta, and the work of many others, "to empower women to make the world a better place."

Our thanks to the WOA committee for their selection process and work to create a wonderful status of women celebration for us. A special thanks to Chelsea Buckbee for being the evening's facilitator.



ZI CENTENNIAL GRANT UPDATE

Last summer a Zonta International Centennial Anniversary grant of \$5,000 was awarded to the Douglas County Human Trafficking Task Force to teach youth in Douglas County how to recognize and protect themselves from human trafficking. The Phase 1 of the grant was concluded in December when In Our Backyard (IOB) speaker, Sara Hunt, spoke to Yoncalla, Days Creek, Phoenix and Rose Schools about her entrapment and escape from human trafficking. Sara's talk reached 326 students and 70% of them gave her talk the highest two possible scores. Only 30% of the students rated the talk as average or below. Students attending her presentation admired her courage to talk about her experiences. Several students were empowered by the presentation to seek help from their school counselors or the Peace at Home Trafficking Advocate counselor for abuses they were facing.

Phase 2 of the grant began in February. Phase 2 provides a trafficking prevention curriculum for schools and social service agencies that complete the IOB "Teens Against Trafficking," training. The first training was held February 28, 2020 during an in-service training day for multiple schools. A total of 30 people, representing eight different schools, five youth service organizations, and Zonta volunteers attended the training. IOB staff explained the Effective Facilitator Guides that instructors could use for planning student discussion points, learning outcomes, setup tips, and expected timeframes for each slide and video contained in the 70 minute curriculum. They then went through the curriculum discussing how the students should follow along on the worksheet and types of questions and reactions to expect throughout the power point presentation. They did caution teachers to notify their counseling staff beforehand when conducting a training because kids already being trafficked would need emotional support. DCHTTF chair, Marion Pearson, noted that she and the Trafficking Advocate Counselor could assist schools when they held their first trainings.

The curriculums included power point presentations geared toward: 6th – 8th grade, 9th – 10th grade, and 11th to 12th grade. Each age-appropriate curriculum had slightly different slides and video segments. The 70 minute curriculum was found to be more successful for teachers to implement and students to comprehend than modules requiring multiple hours or instruction days. IOB then went over the importance of the post-presentation evaluation. IOB prefers that all students taking the training answer the 13 question survey immediately after the training or within 24 hours. Although IOB agreed to share their results with the DCHTTF, Roseburg Zonta and the task force developed an evaluation to be taken 1 to 3 weeks after the training to measure student retention of the material, how they rated the training, and how much students were sharing trafficking information to their family and peers.

In addition to the thumb drive that contained the aforementioned material, IOB also supplements the curriculum with a student resources book. This provides teachers and students with additional instructional material about human trafficking. Unfortunately, the books were being reprinted so were not available February 28. After that, things got interesting.

The books arrived March 10th to the DCHTTF office. However, by then Coronavirus closures were already being announced, and local schools were closed and converted to online instruction March 16. The April 3 training was cancelled and with such an emotional topic and lack of counselor support, no teachers were able to use the curriculum to instruct their students this spring. Now we are waiting until fall or winter to finish the trainings for the schools. IOB has stated that they will allow us to film the next training session, and then use that to train schools unable to attend. That means we will hopefully train and **provide a human trafficking preventative curriculum to 100% of Douglas County's middle and high schools.**



DISTRICT 8 ZOOM WORKSHOP

March 2020 was like no other. What started as a normal month, turned into a month of cancelations, closures, caution, social distancing, face masks, and self-quarantine at home. Covid19 went from being China and Europe's problem to altering daily life in the US. It was a pandemic that circled the globe. Our April 25 District 8 workshop went from Salem Oregon, to our individual homes via Zoom. Thanks to our District 8 organizing committee and tech experts, the workshop imparted a wealth of information to over 70 "attendees." Highlights included:

- Barbie Zipp: Leadership—How to Mentor noted that Zonta is composed of volunteers. As such instead of a hierarchy type style of leadership, we need to be more give and take and view our members as part of a circle. Many Zontians fear becoming leaders due to the lack of time or confidence in their ability. However, Zonta is composed of a variety of members that can provide help and advice in a circular model of leadership. We all become community leaders when we join Zonta. We can become an even brighter star when we help and mentor others in our group.
- Note—on the Zonta International website for members there are a variety of leadership modules available within the Tools and Resources tab. These can help you understand Zonta and build your leadership skills.
- Vicky Trabosh: Fundraising—is a challenge, but we can all become more effective. When setting up donation drives, remember that monthly donors tend to give more money annually than one-time donors. So encourage donors to sign up for a monthly plan. Regardless of the regularity of the donation, remember to stay in touch with the donors. They may never join your club, but send them thank yous, updates and invitations to events. Use your electronic media to raise money for you. Thus, add a donation tab to your website, Facebook page, electronic newsletters or other social media. If you have some people with diverse backgrounds who you feel could be potential donors, invite them to take a survey to learn more how Zonta would appeal to those types of backgrounds. When you approach people for a donation or to take a survey be authentic and be accessible. For the Roseburg club, we could improve our fundraising by getting donation tabs on our website. Facebook and newsletter. We could approach people for a monthly donation, and we shouldn't forget to send our newsletter to friends of the club such as previous award winners, speakers, former members, and partner groups. Vicky is willing to help clubs improve their fundraising, so it may be good to contact her for assistance.
- Centennial Grants: The Blackfoot club used their grant to work with Operation Shield to build a Safe House for women in the area. Olympia used it for their Next Right Step program. This is like our HandUp program which promotes taking steps to self-sufficiency. They route their money through the local Family Education and Support Services who screens applicants and then provides the funds for the service. The club sends \$2000 per month to the Support Services. The maximum financial aid is \$500 and the average is \$275. The Eugene-Springfield club used the grant for their Women's Institute on Leadership & Disability (WILD) program. This worldwide program hosts leadership training for women with various disabilities. For three weeks they attend sessions on leadership, safety, and women's health and wellness. Whether they are in a wheelchair or blind, they are empowered, and learn new skills. They return to their own country as a facilitator to teach other women with a myriad of disabilities new skills and confidence.
- Danika DeGiulio—Leading with Intent noted that we should encourage people to have new ideas and use their talents. Yes, sometimes this freedom sometimes leads to abrasion, but we need to Quit Taking it Personally (QTIP). Creative abrasion can help clubs grow. This leadership style is discussed in David Marquet's book, *"Turn the Ship Around,"* and Alan Alda's book, *"If I Understood You Would I Have This Look on my Face?"*

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- Katherine Cleland concluded the workshop with Zonta USA's End Child Marriage plan. The goal is to get each state to legislatively approve no marriages for youths under the age of 18. The committee is working with a public relations firm which is preparing billboard and PSA materials that can be inexpensively used by other clubs. They would like to have a lead person from each club work together within the state to target interstate billboards with high visibility locations to spread the word. One billboard company is providing space free, but then the clubs would pay for the artwork printing. They are hoping to also get the artwork sized so it could also be used on buses, shuttles, semi-trucks, or cinema movie previews. The End Child Marriage tool kit is also available on the ZI website so members can garner ideas to teach their local communities and representatives about child marriage.
- The Zonta USA Caucus is excited to announce a new national PSA billboard campaign to stop child marriages in the United States, in partnership with UNICEF USA. Learn more about the campaign and take action at <u>https://stopchildmarriages.org/</u>. Zonta members can access a campaign toolkit at <u>https://zontausa.org/stopchildmarriagespsatoolkit/</u>. #EndChildMarriage #ChildMarriageHappensHere #StopChildMarriages

Wanna Learn more? All of the presentations are available on a D8 site. Click on: :

https://www.youtube.com/channel/UCwBBC9rtr-9QbQSenffzfmg



Here's Roseburg Zontians on the Zoom WS. Can you name them??



WANNA HELP WOMEN IN DOUGLAS COUNTY? Why not consider donating to Zonta. Visit our website at

https://www.zontaroseburg.org/

FOCUS ON NEW MEMBERS

Andrea Kellom grew up in Coquille

Oregon with two sisters and a brother. Her youth was filled with playing volleyball, cheerleading and competitive horseback riding. She went to Oregon State University for her Bachelor's and moved to Roseburg with her husband, Kody.

Andrea is currently the Human Resources Manager at Lone Rock Timber. She enjoys Douglas County because it's close to her family and has so many outdoor activities. Andrea enjoys horseback riding, spending time with family, gardening, running, spin, reading and volunteering. She's also kept busy with a 3 and 5 year old, who, like their parents, enjoy the outdoors and animals. She joined Zonta because it provides an opportunity to help our community.





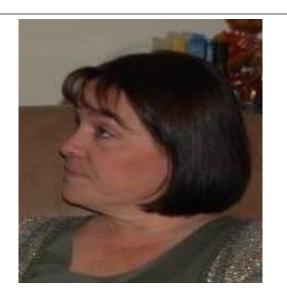
Jacky Hagan Sohn grew up on a farm in Missouri with 6 brothers. Her childhood revolved around farming, finding fun things to do with her brothers, 4H, and basketball. She went to Southeastern Oklahoma University for her Bachelor's degree, then East Texas State University for her Master's in Education. Next, she received her Doctorate from Oregon State University. She came to the Roseburg area via landing a teaching position in Cottage Grove. However, she is best known for her tenure at Umpqua Community College where she served in a variety of administrative positions such as Vice President of Student Development, Director of Personnel, and Assistant to the President. She is now enjoying retirement and staying busy with outdoor projects, gardening, hiking, biking, spin classes, reading and cooking simple, healthy meals with her husband Rick.

Her favorite part of living in Douglas County is the ability to make a difference and help transform the lives of students. She also enjoys the area's rural environment with its forests and trails to explore. She joined Zonta because of its mission to promote equity for women and to help women on their journey to self-sufficiency.

WISHING YOU TWO WELL



Diane Swingley



Connie Benham

Best wishes to Diane Swingley and Connie Benham who are resigning from Zonta and moving on to other pursuits. Diane Swingley joined Zonta in 1989, thus served Zonta for just over 30 years. She was the Roseburg Area Zonta President in 2001-02 and 2002-03. She was named the club's Zontian of the Year in 2012. Before everybody took photos with their cell phones, Diane was the club photographer, documenting events such as the Santa Run and Iron Woman. There wasn't an event that Diane wasn't there with her camera around her neck and a smile. In recent years she served on the Nominating committee, Bylaws and policies, Yearbook, and the Woman of Achievement Award and evening. Diane was passionate about Zonta's mission and helping women achieve equality. Diane will continue to be busy in South County managing the Swingley Angus Century Farm.

Connie Benham was a member of Zonta for 13 years. She served as the Roseburg Area President in 2013-14 and 2014-15. During her presidency, she and Diane helped newbies, Sandy Hendy and Laura Jackson, update the club's webpage, initiate electronic newsletters, and create a Facebook page. Connie was awarded the Zontian of the Year Award in 2013. Connie has recently served Zonta on the Nominating Committee, Fundraising Planning, Iron Woman, and Hand Up. She has graciously hosted both summer and holiday potlucks at her house and board meetings at her office. She has a great sense of cutting to the chase to select Hand Up candidates and move things along. Connie was adamant about giving women a Hand Up to improve their lives, not just another handout. Connie will continue to be fully engaged, running her Waddell and Reed financial business.

Thank you to both Diane and Connie for your time, your service, your friendship, and your passion. We all wish you the best as you move forward and hope you know that we have appreciated your friendship and leadership.