

“I think it’s just as much therapy for the volunteers as it is for the riders.”

- Claire, Silver Lining Riding Volunteer

Join Us As A Volunteer Now!

1. Go to www.silverliningriding.org/volunteer
2. Fill out an Application
3. Login to Volgistics
4. Sign up for Orientation & Training

Once you finish the first training, you can start volunteering with our riders.

STABLES
Little Kentucky
7220 N 185th Ave
Waddell, AZ 85355

MAILING ADDRESS
13361 W Port Royale Ln
Surprise, AZ85379
520-329-7757

  www.silverliningriding.org



Silver Lining
Riding



Therapeutic Horseback Riding & Equine Assisted Activities

Helping Individuals & Families Overcome Life's
Obstacles Through Equine Interaction.

About Silver Lining Riding

What do we do?

We offer a variety of therapeutic riding program and equine assisted activities for people of all ages and abilities. Our mission is to help people overcome life's obstacles through equine interaction. Call us to schedule a New Rider Orientation & Evaluation.

What is therapeutic horseback riding?

Therapeutic riding is a specially designed program for people with disabilities such as autism, blindness, hearing-impairments, cerebral palsy, anxiety, ADHD, PTSD, and many more. Riding horses are difficult work, especially in a therapeutic riding program. It requires active participation from both the horse and the rider. Participants learn to ride, groom, and care for their horse, helping them accumulate life skills. We play "basketball", go "shopping" around the arena, and practice yoga all while riding a horse.

Riding Programs

Traditional Therapeutic Riding - Private or Group: 30 minutes

Pacers - Group: 45-60 Minutes

Trailblazers - 8 or 12 week programs

Special Olympics Team - For riders with developmental disabilities, who have completed a minimum of 8 weeks riding and practicing for competitions.

Therapeutic Riding Fees	*Price per	Price 8 Weeks
30 min group (2-4 riders)	\$37.50	300
60 min group (2-4 riders)	\$47.50	380
<i>Special Olympics team</i>		
30 min private	\$47.50	380
45 min Group	\$42.50	340

All of our instructors are certified and professionally trained by PATH Intl or CHA. Most importantly, safety is our number one priority.



Volunteers

Our volunteers receive specialized horses training in order to assist riders during sessions. Depending on the rider's abilities, they might have 3+ volunteers assisting the instructor and guiding the horse.

Horses

Our horses are specially chosen and trained for our program based on their temperament, personality and size.

