

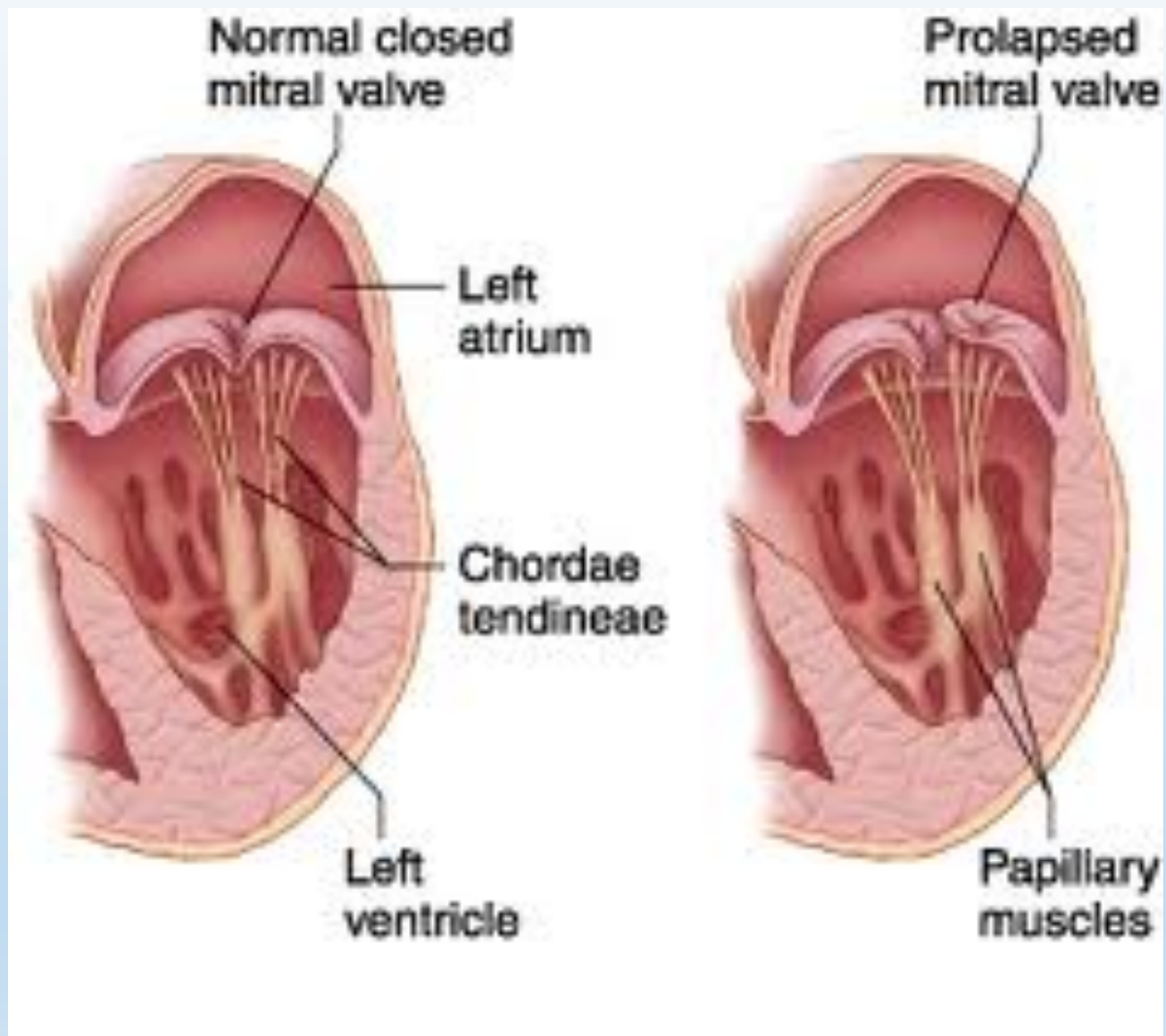
Mitral Valve Surgery

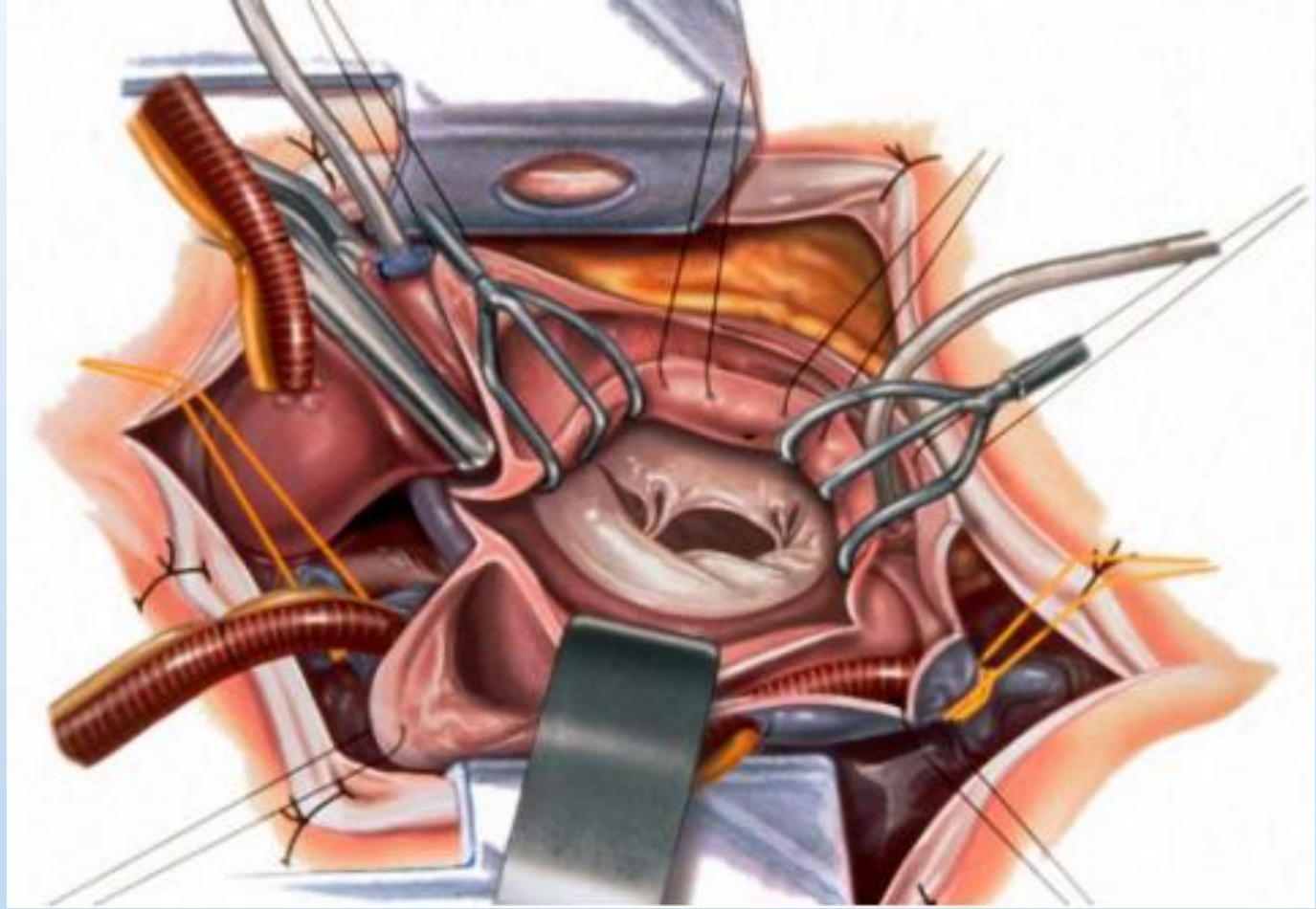
June 28th 2014

Matthew Williams MD

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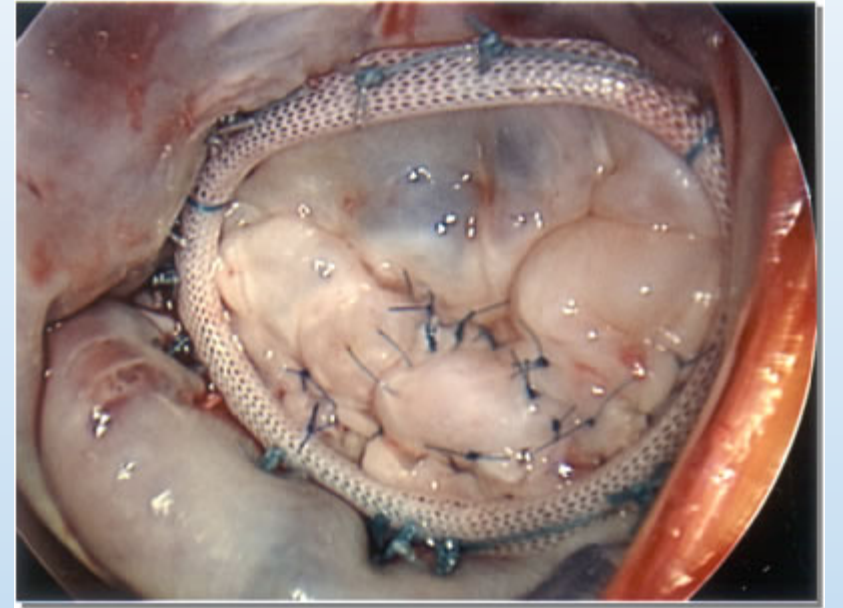
Attending Cardiac Surgeon Jewish Hospital





Clinical Presentation

- Often asymptomatic initially
- Shortness of Breath/Exercise Intolerance
- Palpitations due to atrial arrhythmias



Options for Treatment

- Medical management of heart failure/arrhythmias
- Surgery

Indications for Surgical Treatment

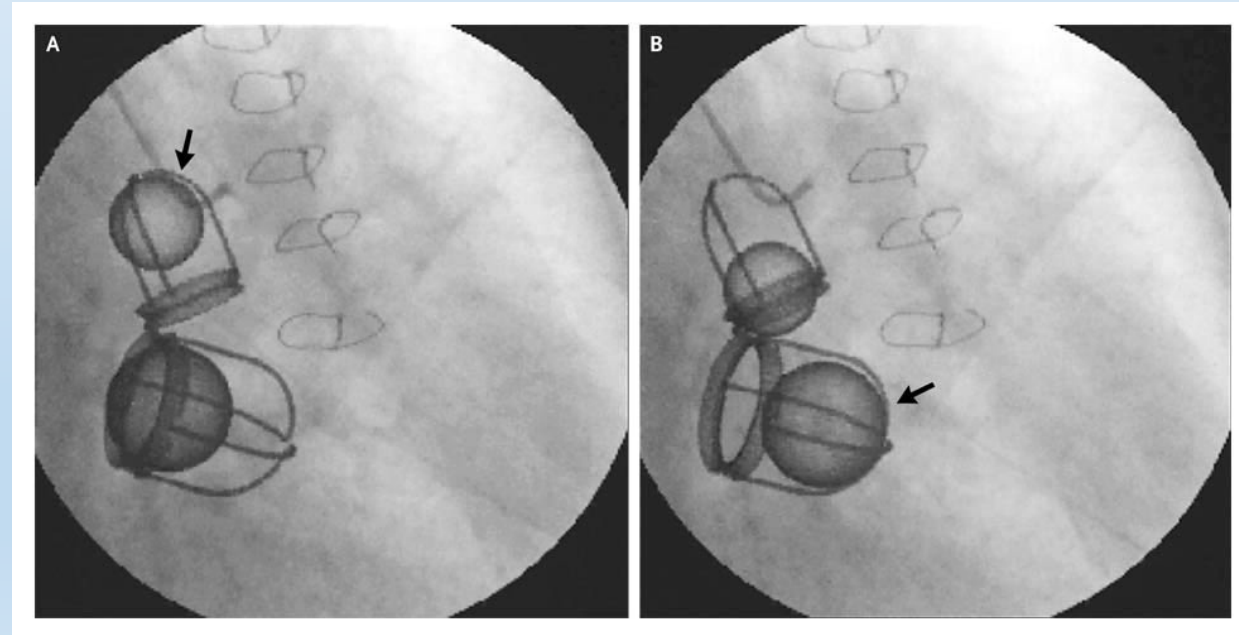
- Mitral valve surgery is recommended for symptomatic patients with chronic severe primary MR (stage D) and LVEF greater than 30% (Class I)
- Mitral valve surgery is recommended for asymptomatic patients with chronic severe primary MR and LV dysfunction (LVEF 30% to 60% and/or LVEDD \geq 40 mm (Class I)
- Concomitant mitral valve repair or MVR is indicated in patients with chronic severe primary MR undergoing cardiac surgery for other indications (Class I)

Indications for Surgical Treatment

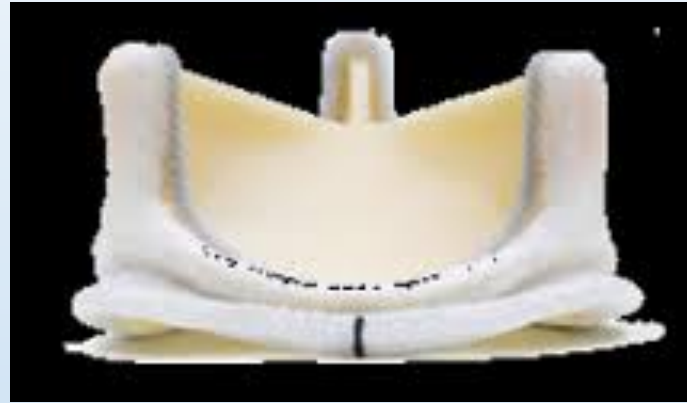
- Mitral valve repair is reasonable in asymptomatic patients with chronic severe primary MR (stage C1) with preserved LV function (LVEF >60% and LVESD <40 mm) in whom the likelihood of a successful and durable repair without residual MR is greater than 95% with an expected mortality rate of less than 1% when performed at a Heart Valve Center of Excellence (Class IIA)
- Mitral valve repair is reasonable for asymptomatic patients with chronic severe nonrheumatic primary MR (stage C1) and preserved LV function (LVEF >60% and LVESD <40 mm) in whom there is a high likelihood of a successful and durable repair with 1) new onset of AF or 2) resting pulmonary hypertension (pulmonary artery systolic arterial pressure >50 mm Hg (Class IIA)

Mitral Valve Replacement

- Mitral Valve Replacement
 - First performed in 1960s. Albert Starr, who also designed first successful valve prosthesis
 - Current options are either mechanical or tissue valves



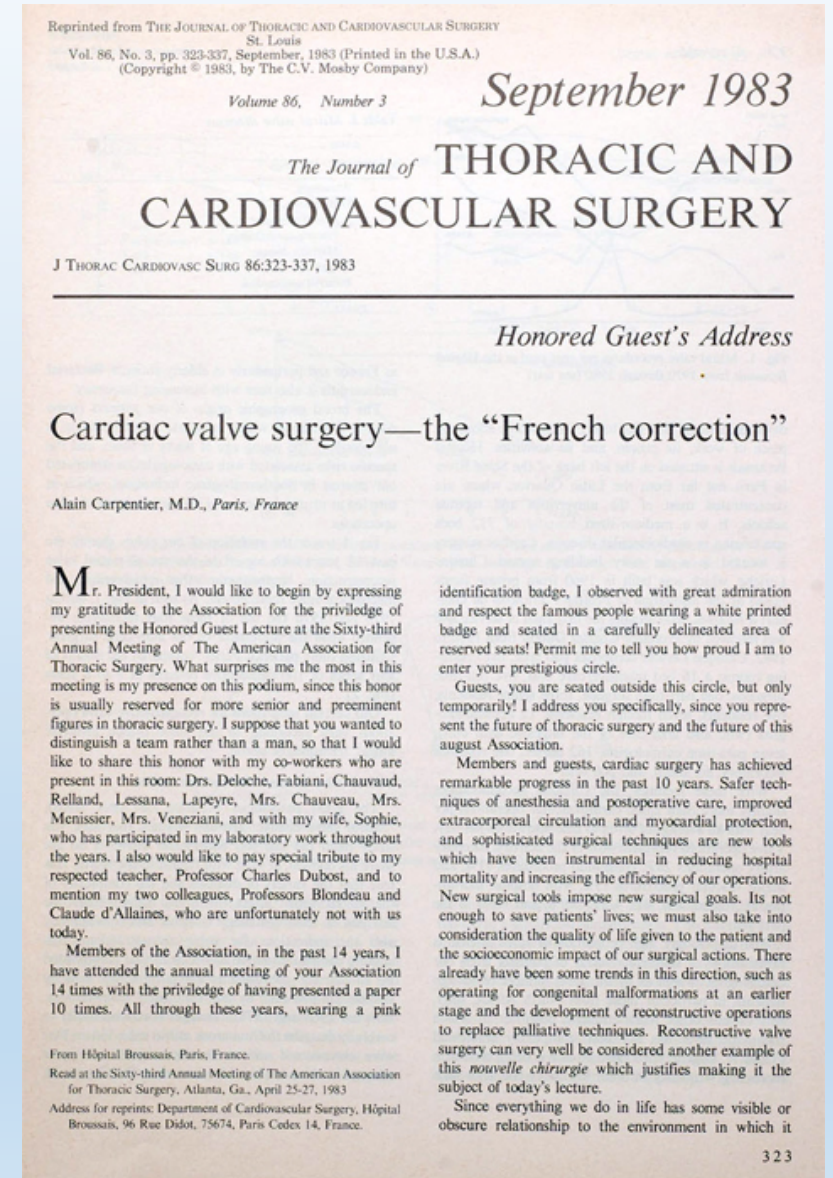
Modern Prosthetic Options



Mitral Valve Repair

- Pioneer in the field of Mitral Valve Repair
- Now, in almost all cases of primary mitral valve dysfunction leading to insufficiency repair is favored over replacement

Believed to maintain ventricular function better, less need for anticoagulation



Less Invasive Options



Women and Mitral Valve Surgery

Mitral Valve Prolapse affects 6% of all women, but women are less likely to require surgery for mitral disease

Women are more often affected with Mitral Stenosis, and women account for 70% of all cases of MS.

In isolated valve surgery, mortality for women is higher than men. Unclear why this is so.

Conclusions

- Mitral Valve Surgery is an effective therapeutic option for patients with severe mitral leakage or stenosis, particularly when symptoms occur
- Women are more frequently affected by mitral stenosis for unclear reasons
- Women tend to do worse than men when undergoing isolated valve surgery (23% higher chance of death)