## **CEC Sponsorship Overview**



As a sponsor, we would like you to be living your faith, through attending mass, receiving sacraments, or being active in your parish or CEC. If Christian, being involved in your church.

As a sponsor, explain to your prospective participant what CEC weekend is @ a high level. Tell them about your weekend ... the talks., table discussions, posters, making new friends, sharing meals together, going to mass, adoration, reflection time, reconciliation, <u>BUT DON'T TELL THEM ABOUT THE SURPRISES</u> ... the kindling, the serenade and the closing – let that unfold for them as it did for you.

## **Married couples**

CEC honors, respects, & supports the marriage sacrament.

If married, both spouses are encouraged to make a CEC weekend in the same season or within a year of one another.

**Participants are suggested** to be 24+ years of age. If younger, a conversation with sponsor and Spiritual Director is necessary.

**Register your participant, online at**: <a href="http://www.cecomaha.org/online-participant-registration-form.html">http://www.cecomaha.org/online-participant-registration-form.html</a>. Let us know if they have physical demands or special diet needs.

Your participant will receive a registration confirmation letter (via email) from our CEC Registrar with more detail information about the weekend.

You may need to handle left-behind weekend responsibilities for your participant, or get a co-sponsor if you are serving on the weekend.

**It is suggested that offer to pick up your** participant/bring them to the weekend as well as giving them a ride home after the closing on Sunday evening.

**Get them to the weekend on time Friday.** Let them know that the weekend will end Sunday evening. Suggest that it may be good for them to take Monday off, if possible, for them to rest and reflect on the weekend.

**Do kindling for your participant(s),** pray for them, write a kindling card and attend the closing on Sunday evening.

We ask that you stay in contact with your participant(s) <u>AFTER</u> the weekend to see how they are doing, if they want to get in a CEC Prayer group or serve on a weekend. Invite them to any Avanti(s) or CEC events.

**If after multiple attempts to stay in touch with them,** they don't seem interested ... wish them well in their spiritual journey.

**CEC** is not about forcing participants to be or stay involved in CEC nor are we competing with other spiritual programs. CEC wants to complement all faith formation programs in the Omaha Archdiocese and be a spiritual experience that deepen all of our faith lives and personal relationship with Jesus Christ.

## Know your participant and discern if they have time for Jesus.

We may not always have an in-depth knowledge of a person we ask to make a weekend. With all potential participants, we need to pray, answer any questions and ask for the Holy Spirit's guidance.

A participant should be mature, stable in their walk of life and free from the burden of a recent loss like death in the family or a divorce. Free from severe problems like alcohol or drug addiction, or a terminal illness in their own life or of a family member. CEC members are not trained counselors or equipped to handle medical, mental or psychological issues on a weekend. We do not want to detract from our focus or the experience of others making the weekend.

**If a participant is Catholic, we hope they are** practicing their faith, <u>OR</u> open to coming back to the church. We ask they are in a valid marriage.

If a participant is Christian, we ask they are willing to grow in a relationship with God. For non-Catholic participants, let them know the weekend is Catholic in its content, in its direction, and in its prayer services, yet people of other faiths are welcome to join in and take part in everything except our Communion Services.

**Pre-registration for a CEC weekend is necessary.** Anyone who has been on a Christians Encounter Christ (CEC) Weekend can serve as a sponsor.

## In all things, Via Cristo!

To register a participant for a CEC weekend:

https://www.cecomaha.org/online-participant-registration--google-form-.html

Any questions, contact us via our CEC website:

http://www.cecomaha.org/contact-us.html