

Brandeis University

Brandeis National Committee Phoenix Chapter

Learning Opportunities Study with the Best 2017 * 2018

Philanthropy.
Learning.
Community.

Phoenix, Scottsdale, North Scottsdale
Sun Lakes, Southeast Valley
and West Valley

Dear Members,



The faculty of Brandeis University established a lifelong learning program for what was known in 1955 as the Brandeis University National Women's Committee (BUNWC), which today is known as the Brandeis National Committee (BNC). The program syllabi were offered as a gift to the women who worked to help establish the library and assist the University in obtaining accreditation. Today the BNC chapters receive these learning opportunities materials in exchange for their support to the library. The study guides were created in the spirit of Louis D. Brandeis' philosophy: "Every citizen must have an education, broad and continuous. Education should continue throughout life."

Just as the chapters of the BNC have continued to raise funds for the expansion and now digitization of the library, the faculty has increased the original three syllabi to several study guides in each of twelve categories of learning. The offerings are in literature and poetry, theater and film arts, Jewish studies, and social justice, to name a few. This program offers members an opportunity to "study with the best."

Other learning opportunities include: "Deis Flicks," movies from the University's extensive visual record of the Jewish people, and the Encore Series, which through DVDs offer our members the presentations of faculty members and celebrated guest speakers. In addition, thanks to our very talented members who act as facilitators, the Phoenix Chapter's study groups offer opportunities to learn new skills, share cultural sites and performances with others, discuss the issues of our time, share reading experiences in almost every genre, and explore the Valley. With innumerable choices and a vast variety of groups there is definitely something for everyone.

In order to register for any of these groups, you must be a paid-up member of BNC. A non-member guest fee is required to attend a group just once. After that, if someone wishes to attend again he or she must join BNC. Our study group offerings expand year after year and many of our members join BNC just for that purpose. We are sure that you will find a study group that you will really enjoy!

Wishing you a year of fun and learning!
Nancy Sacks and Iris Wigal
Co-Presidents, BNC Phoenix Chapter



Dear Members,

Welcome to the 2017-2018 Study Group Guide!

We are pleased to offer many returning and exciting new study groups, covering a broad array of interests and pursuits. This year we are introducing new groups that meet on Sundays and in the evenings. Study groups are only available to paid-up members of the Brandeis National Committee (BNC). Come join your friends and meet new ones at a variety of activities.

Our website address is:

<http://www.brandeisphoenix.org/study-groups.html>

This guide is available there, and so is a link to the registration form to make it easy to print out and return by mail to our registrar, Merrill Kalman. We created a calendar with as few scheduling conflicts as possible. We hope that the biggest problem will be that some groups with variable meeting dates and times may occasionally overlap, and participants of both groups will have to choose which wonderful group to attend!

Your study group fees are used to offset the administrative expenses of our BNC Phoenix Chapter. Any surplus study group fees are designated to support the University's library.

IMPORTANT: Please keep in mind that many groups fill up quickly - some almost immediately - so plan to register as soon as possible, even if you won't be back in Arizona until winter. We encourage you to share this Study Guide with any of your friends who are not yet members of BNC.

We hope you will take advantage of all that our BNC Phoenix Chapter has to offer!

Your Study Group VPs,
Susie Sacks and Ronee Siegel
phxstudygroups@gmail.com

Sara Leopold, Study Guide Coordinator
Carole Sherris, Layout/Graphics



Brandeis National
Committee

Phoenix Chapter Membership Form

New Renew

Name(s): _____

Name of Spouse or Significant Other: _____

Local Address: _____ Unit # _____

City, State, Zip: _____

Email: _____

Spouse's Email: _____

Phone: _____ Cell: _____

Spouse's phone: _____ Cell: _____

Summer Address: _____

City, State, Zip: _____

Dates Summer Address: _____

\$60 Annual Member-Individual \$100 Annual Members-Couple

Check enclosed, payable to BNC: \$ _____

BNC Memberships are tax deductible and
apply through June 30, 2018

Mail this form and check for **MEMBERSHIP ONLY** to:

Irene Lubin, Financial Secretary
Brandeis National Committee

11935 E. Del Timbre, Scottsdale, AZ 85259

iwlubin@gmail.com

Call Irene at 480-948-3773 to use MasterCard or Visa

You must be a member to join Study Groups.

This form is for membership only.

Registration Information

YOU MUST BE A PAID-UP MEMBER of Brandeis National Committee (BNC) IN ORDER TO REGISTER FOR STUDY GROUPS.

If you have not paid your annual membership dues, you must complete a membership form. Go to:

<http://www.brandeisphoenix.org/membership.html>

and click on the Membership Form link.

HOW TO REGISTER FOR STUDY GROUPS

You must be a paid-up member of BNC to join a study group. Fill out the registration form clearly and completely. Be sure to include your email address, since this is the most efficient way for your facilitator(s) and the Registrar to contact you. **Only one member per registration form.** If you have a family membership, your spouse or significant other must complete a separate form.

STUDY GROUP FEE

The study group fee is \$20 per group. There may be additional costs based on the group's activity (i.e. venue admission fees, golf greens fees and lunch expenses).

THE REGISTRATION FORM IS AVAILABLE ON OUR WEBSITE:

Go to <http://www.brandeisphoenix.org/study-groups.html>

and click on the registration form link.

All the necessary information is on the form. If you can't print the form, you may send a note that must include your name, phone, email and requested groups.

MAKE YOUR CHECK PAYABLE TO BNC AND MAIL IT WITH THE FORM TO:

Merrill Kalman
8240 E. Tether Trail
Scottsdale, AZ 85255
mskbflo@aol.com



ENROLLMENT AND REFUND POLICY

Unless notified otherwise, you are enrolled in the study group(s) you have chosen. You will not receive a confirmation, so keep a copy of

your Registration form. There will be no refunds unless a study group is cancelled or has reached its maximum.

GUESTS AND GUEST FEES

(Does not apply to the Concerts & Conversations Subscription Series Event)

BNC MEMBERS ATTENDING STUDY GROUPS AS GUESTS

Any BNC member may attend a study group, as a one-time guest, for a \$5 guest fee. If you subsequently join the group, your guest fee will be applied to the registration fee. **HOWEVER, THE FACILITATOR MUST BE CONTACTED TO DETERMINE IF SPACE IS AVAILABLE.**

NON-MEMBER GUESTS

People who are not yet BNC members may attend a study group, as a one-time guest, space permitting and at the discretion of the facilitator. A \$5 guest fee applies. If the non-member subsequently joins BNC and wishes to join the group, the guest fees paid can be applied to the study group registration fee.

GUEST FEES

Facilitators collect all guest fees. The Facilitator can mail a check equal to the guest fees collected to the Registrar or give checks and/or cash collected to one of the Study Group VPs or our chapter treasurers, Harriet Schwartz and Marcia Langer.

CONCERTS & CONVERSATIONS SUBSCRIPTION SERIES EVENT

Special non-member and guest pricing applies for this Event Series. [Click HERE](#) to go to the Series description.

CHAPTER MEMBERSHIP

The membership form is on our website and also appears on page 3 of this Study Guide. Send the form with your check to the Financial Secretary, Irene Lubin. You may also call Irene (at the number on the membership form) to use a credit card - both Visa and MasterCard are accepted for dues. Irene will then inform the Registrar of your membership. You may join a study group if you are a member of the Phoenix Chapter or another chapter and are visiting for the winter. The Registrar will have an up-to-date membership list to check your status. If you are not a member, your study group registration may be delayed.

NOTE: DO NOT COMBINE MEMBERSHIP DUES and STUDY GROUP REGISTRATION IN ONE CHECK. MEMBERSHIP DUES go to IRENE LUBIN and STUDY GROUP REGISTRATION goes to MERRILL KALMAN.

2017 * 2018 Alphabetical Listing

Click on the group name to go to the description.
Click on the description to return to this list.

Acting is Fun!

Advanced Intermediate Mah Jongg
(New name)

Arizona Authors Speaker Series

At the Ballet

B-Puzzled: Mystery & Suspense

Book Brothers *NEW*

Boomers

Bowling for Fun

Bridging It!

Brunch & Books *NEW*

Camelview, Shea 14 - Review
& Lunch

Canasta for Beginners - Oct. *NEW*

Canasta for Beginners - Nov. *NEW*

Canasta for Beginners - Jan. *NEW*

**CONCERTS & CONVERSATIONS -
A SUBSCRIPTION SERIES EVENT**

Contemporary Issues Discussion Group

Cultural Sites in AZ

Current Events

Dessert - How Sweet It is!

Don't Worry, Be Happy

Ethnic Dining

First Friday Films & Feasts (New name)

First Tuesday Book Group

Fourth Wednesday Lunch Bunch

**Genealogy: Researching Your Family
Tree *NEW***

Girls' Night Out

Intermediate Hiking Club

Intermediate Mah Jongg (New name)

Jewish Book Group

Knit A Mitzvah

Leisure Hiking

Let's Get Metaphysical! -

New Age Non-Fiction *NEW*

Mah Jongg for Beginners

Men of Brandeis (MOB)

Neighborhood Haunts

Neighborhood Walks

**Novel Women Who Read
*NEW***

Opera Buffs *NEW*

Phoenicians of BNC

Play Golf

**Political History/Biography
Book Group *NEW***

**Restless Minds Discussion
Group *NEW***

Say It, See It, Be It:

Change from Within *NEW*

Second Tuesday Lunch Bunch

"Seriously" Canasta *NEW*

Studio Art and Bistro Lunch

Study with the Best:

Broadway on Film

Sun Lakes Potpourri

**Sunday Afternoon at the
Movies *NEW***

**Sunday Morning at the Movies
with Abby & John *NEW***

A Taste of Wise Aging *NEW*

**The World of Interior Design
*NEW***

Theater & Lunch Series *NEW*

**Who Knew? - A Quirky History
of Arizona's Valley *NEW***

Yappy Hour *NEW*

Yoga

2017 * 2018 Days of the Week

VARIOUS DAYS (Pages 8-10)

1. Boomers
2. Cultural Sites in AZ
3. Men of Brandeis (MOB)
4. Opera Buffs
5. Phoenicians of BNC

MONDAY (Pages 10-14)

6. Genealogy: Researching Your Family Tree
7. Canasta for Beginners - Jan
8. 1st Political History/Biography Book Group
9. 2nd Book Brothers
10. 2nd CONCERTS & CONVERSATIONS
11. 3rd AZ Authors Speaker Series
12. 4th B-Puzzled: Mystery & Suspense

TUESDAY (Pages 15-21)

13. Canasta for Beginners - Oct
14. Canasta for Beginners - Nov
15. Mah Jongg for Beginners
16. Yoga
17. "Seriously" Canasta
18. Intermediate Mah Jongg
19. 1st Current Events
20. First Tuesday Book Group
21. Second Tuesday Lunch Bunch
22. 2nd Novel Women Who Read
23. 3rd Say It, See It, Be It: Change From Within
24. 3rd Camelview, Shea 14 - Rvw & Lunch
25. 4th Let's Get Metaphysical! - New Age Non-Fiction
26. 4th Bridging It!
27. 4th Ethnic Dining

WEDNESDAY (Pages 22-25)

28. Theater & Lunch Series
29. 1st Dessert - How Sweet It Is!
30. 1st Don't Worry, Be Happy

WEDNESDAY (continued)

31. 2nd & 4th Acting is Fun
32. 2nd & 4th Knit A Mitzvah
33. 3rd Neighborhood Walks
34. 3rd Yappy Hour
35. 4th Play Golf
36. Fourth Weds Lunch Bunch

THURSDAY (Pages 26-30)

37. Who Knew? - A Quirky History of Arizona's Valley
38. Adv Intermediate Mah Jongg
39. 1st Jewish Book Group
40. 1st Study with the Best: Broadway on Film
41. 1st Sun Lakes Potpourri
42. 1st & 3rd Intermediate Hiking
43. 1st & 3rd Leisure Hiking
44. 2nd Bowling for Fun
45. 4th Contemporary Issues
46. 4th Neighborhood Haunts

FRIDAY (Pages 30-31)

47. The World of Interior Design
48. First Friday Films & Feasts
49. 4th Studio Art and Bistro Lunch

SATURDAY (Pages 32-33)

50. At the Ballet
51. Girls' Night Out

SUNDAY (Pages 33-35)

52. A Taste of Wise Aging
53. 1st Sunday Afternoon at the Movies
54. 1st Restless Minds Discussion Group
55. 2nd Brunch & Books
56. 3rd Sunday Morning at the Movies with Abby & John!

Phoenix Chapter Study Groups

2017 * 2018



1. BOOMERS

Boomers has nothing to do with age - it is a state of mind. This active group explores all the Valley has to offer. From museums, lectures, field trips, game days and more, the Boomers are always on the go. We usually meet once or twice a month from October through May, often in the morning, and our meeting day is based on the activity, with Friday preferred. Facilitators will notify members of specific dates and activities by email.



Facilitators: **FEE: \$20**
Michelle Fischler michellyules@gmail.com 602-380-1559
Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
Susan Rollins serollins52@gmail.com 480-563-0411
Ronee Siegel brandeisboomers@gmail.com 917-273-0393

2. CULTURAL SITES IN AZ



The venues we plan to visit this year include: Basha's Museum, Ballet Arizona tour, historic Saguaro Ranch, Chinese Cultural Center and other arts and cultural venues, if there are special shows or festivals. We will visit 4-5 sites, which will be followed by an optional lunch. Entrance fees and lunch are additional. Maximum 80.

Various Tour Dates (December - March or April)
Facilitators: **FEE: \$20**
Joyce Goldstein joyce@goldstein.us 602-354-5006
Gladys Simon gladsi26@hotmail.com 480-773-7958

3. MEN OF BRANDEIS (MOB)

The MOB is now in its 7th year. Starting in October, the Men of Brandeis will meet at the JCC every two months on the second Wednesday at 1:00 pm (preceded by a nosh at the coffee shop) to hear a variety of guest speakers. On the alternate months, we will explore interesting sites. In October, Don Baine will speak about his recent trip to Cuba. Other guest speakers will include Natividad Mendoza, about his organization *From Gangs to Jobs*, and Joe Widoff, about his personal experiences working for Public Broadcasting. The day of the week for the tours depends on scheduling with the venue, but is usually a Tuesday or Thursday. This year, our tours will include the Amazon Distribution Center (back by popular demand); and St. Mary's Food Bank; other outings to be determined. **Our first meeting will be at the JCC on October 11 at 1:00 pm.** Come early and join us at Milk and Honey (JCC's coffee shop) for lunch. Location and times of events will be emailed to participants.



Various dates (October – April)

Facilitators: **FEE: \$20**
Leith Baletin lbaletin@att.net 480-874-9434
Sam Summer samsummeraz@yahoo.com 480-488-1540



4. OPERA BUFFS *NEW*

If you love opera or would like to learn about opera, join us as we enjoy opera-related activities around the Valley. Events may include: educational programs by representatives of the Arizona Opera, lectures and performances at the ASU Kerr Cultural Center and the San Francisco Opera film series at the Scottsdale Center

for the Performing Arts. Additional outings may include the Metropolitan Opera in HD at area movie theaters. We will meet a minimum of three times, followed by an optional lunch. Entrance fees and lunch are additional. **Facilitators will notify group members of specific dates and activities by email.** Minimum 10 people.

Various Dates and Times (October - May)
Facilitators: **FEE: \$20**
Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
Sharon Tievsky stievsky@yahoo.com 440-503-3339



5. PHOENICIANS OF BNC

This group will meet once a month from October through May for a potpourri of activities, primarily in central Phoenix locations. An exciting list of potential activities has already been generated to begin in the fall. The particular day of the week, time and place will be determined by the

planned activity. Each month's program will be coordinated by 1-2 participants. **Details of the first meeting will be emailed to group participants.** Minimum 10.

Facilitators:		FEE: \$20
Joellyn Pollock	joellyn_pollock@yahoo.com	602-257-4327
Mickey Leonard	mllphx@cox.net	602-459-6972
Terry Taubman	terrytaubman@gmail.com	602-319-8351



6. GENEALOGY: RESEARCHING YOUR FAMILY TREE *NEW*

Where do I come from? Everyone wants to know! In this group, which meets on four Mondays, two in January and two in February, you will learn how to use the Internet to trace your family tree. The location will be based on participation. The group will choose a date to visit the Mormon



resource center in Mesa to learn how to access their free Family Search website. All participants must bring a laptop, iPad or internet-connectible electronic device with them. **The first meeting is January 15.** Minimum 6, maximum 10.

Four Mondays: 10:30 am - 12:00 pm (January 15, January 29, February 5, February 19)

Facilitator:		FEE: \$20
Andi Freed-Krehbiel	readerpainter@gmail.com	480-221-9777



7. CANASTA FOR BEGINNERS - JANUARY *NEW*

Meet new people, have fun and learn a classic game all at the same time! This group is offered as a consecutive 4-week session in January, with meetings once a week. Each lesson will cover a different and fundamental element of the

game, so **it is important to attend all 4 sessions.** The location is the Desert Ridge area. **Our first session will be on Monday, January 8.** Minimum 8, maximum 12.

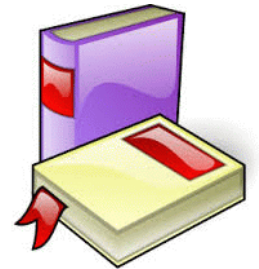
Mondays, 10:00 am - 12:00 pm (January 8, 15, 22, 29)

Facilitator:		FEE: \$20
JoEllen Susman	joellensus@gmail.com	480-236-2789

NOTE: Beginning Canasta lessons are offered three times this year, in October, November and January. The rules used will be Modern American. Choose the one that works best for you!

8. POLITICAL HISTORY/BIOGRAPHY BOOK GROUP *NEW*

In this **evening** group, we will read, we will discuss and we will enjoy our friendship. Our first book will be Walter Isaacson's *The Wise Men and the World They Made*, a solid, very readable work of political biography and the making of U. S. foreign policy and strategy in the



years immediately following World War II. We will cover this book over a few meetings and firm-up the remainder of our reading list with participant discussion. **The first meeting will be on October 2** at the facilitator's home. Subsequent meetings will be at participants' homes or perhaps a club house.

Note: Mark's university teaching career has focused on politics and elections, the U.S. presidency and foreign policy. This group will benefit greatly from his expertise. Minimum 8, maximum 15.

First Mondays, 7:00 - 9:00 pm (Oct. - Dec.; Feb. - May)

Facilitator:		FEE: \$20
Mark Stern, Ph.D.	mstern@shepherd.edu	540-664-0480

9. BOOK BROTHERS *NEW*

Men read too! This book group will focus on history, biography and historical fiction. Books will include, but not focus exclusively on, Jewish themes, individuals and events. For the first session or two, the books will be selected by the co-facilitators. Our first book will be *The Gatekeepers: How the White House Chiefs of Staff Define Every President* by Chris Whipple. Future book selections will be based on input from the members of the group. **The first meeting will be Monday, October 9.** Lunch will follow for those interested. The meeting location will be determined based on participation. Minimum 4, maximum 10.



Second Mondays, 10:00 am - 12:00 pm (October - May)

Facilitators: **FEE: \$20**
Joe Widoff jwidoff@gmail.com **703-946-8869**
Frank Lange franklange@cox.net **602-768-3631**



10. CONCERTS & CONVERSATIONS A SUBSCRIPTION SERIES EVENT

Concerts & Conversations is a Subscription Series Event. There will be four performances - on the second Mondays of November, December, January and February - at the beautiful Palo Cristi Church, 3535 E. Lincoln Drive, in Paradise Valley. The Music Committee will prepare and serve refreshments.



THE SCHEDULED PERFORMERS ARE:

NOVEMBER 13, 2017: Ballet Dancers Ana Maria Spear & Ethan Price; Ballet Master, Joseph Cavanaugh; Pianist Lynne Haeseler from Ballet Arizona

DECEMBER 11, 2017: Pianist Susan Fishman and Cellist Frederick Chao

JANUARY 8, 2018: Award-winning young Violinist Hannah Goldstick, accompanied on piano by Olga Gorelik

FEBRUARY 12, 2018: Opera artists Stephanie Sanchez, Mezzo Soprano and Michael Lewis, Pianist

Second Mondays, 1:00 pm
(November 13, December 11, January 8, February 12)

Price: Brandeis members: \$20 for the series (Use the registration form)
Non-Brandeis members: \$25 for the series, payable at the door
Individual concerts: \$7 per Concert, payable at the door

Contact: Joan Sitver joansitver@aol.com **602-971-0012**

Music Committee:
 Phyllis Becker, Fay Behboodi, Marilyn Blynder, Margie Bold, Arlene Feldman, Paulette Fraenkel, Carole Goldstein, Ruth Le Grand, Sharon Messing, Susan Peskind, Mark Sendrow, Susan Sendrow, Mort Sitver, David Tuckman, Ellen Tuckman, Elaine Wagner

Programming: Jan Septon

Advisor: Roz Fischer

All proceeds benefit Brandeis National Committee's Sustaining the Mind Fund, which supports Neurodegenerative Disease Research and Scientific Scholarships. The Fair Market Value for each Concert is \$7.

11. ARIZONA AUTHORS SPEAKER SERIES

Our state of Arizona contributes much to the literary world, with authors and also with story settings. This group will focus on both. Once a month, for seven months, we will be treated to an appearance by an author who is either from Arizona, resides in Arizona now or uses Arizona as a locale for a book. The author will speak to us about his/her life and writing. There will be a question and answer period followed by book signings. You do not need to read the author's book in advance but you are, of course, welcome to do so. Books will be available for purchase that day. The authors do not charge us for their appearance, but selling books is how they make their living, so it is always nice for our group to support them. **You must RSVP to Merrill each month to assure a seat. The first meeting will be on October 16.** Location: JCC, 12701 N. Scottsdale Rd, Scottsdale 85254.



Third Mondays, 12:30 - 2:30 pm (October - April)

Facilitator: **FEE: \$20**
Merrill Kalman mskbfo@aol.com **480-296-3355**



12. B-PUZZLED: MYSTERY & SUSPENSE

This book group will focus on Mystery & Suspense. We will meet at 18°, the restaurant in the Ice Den, 9375 East Bell Rd, in Scottsdale. Andi will contact participants in mid-September

with the name of the first book. After that, books will be chosen by the group participants. **The first meeting will be on October 23.** Minimum 10, maximum 15.

Fourth Mondays at 1:00 pm (October - April)

Facilitators: **FEE: \$20**
Andi Freed-Krehbiel readerpainter@gmail.com **480-221-9777**
Alyce Helfman ahelfman2002@yahoo.com **480-264-6909**



13. CANASTA FOR BEGINNERS - OCTOBER * NEW *

Meet new people, have fun and learn a classic game all at the same time! This group is offered as a consecutive four-week session in October, with meetings once a week. Each lesson will cover a different and fundamental element of the game, so **it is important to attend all four sessions.** The location will be determined depending upon participation. **Our first session will be on Tuesday, October 3.** Minimum 8, maximum 12.



Tuesdays, 10:00 am - 12:00 pm (October 3, 10, 17, 24)

Facilitator: **FEE: \$20**
Nancy Lash nbl1000@gmail.com **248-762-5720**

NOTE: Beginning Canasta lessons are offered three times this year, in October, November and January. The rules used will be Modern American. Choose the one that works best for you!



14. CANASTA FOR BEGINNERS - NOVEMBER *NEW *

Meet new people, have fun and learn a classic game all at the same time! This group is offered as a consecutive four-week session in November, with meetings once a week. Each lesson will cover a different and fundamental element of the game, so **it is important to attend all four sessions.** The location will be determined depending upon participation. **Our first session will be on Tuesday, November 7.** Minimum 4, maximum 10.

Tuesdays, 10:00 am - 12:00 pm (November 7, 14, 21, 28)

Facilitator: **FEE: \$20**
Cheryl Senkfor senk4@aol.com **216-272-1697**

NOTE: Beginning Canasta lessons are offered three times this year, in October, November and January. The rules used will be Modern American. Choose the one that works best for you!



15. MAH JONGG FOR BEGINNERS

If you've always wanted to learn how to play "The Game of a Thousand Intelligences," this group is for you! You will learn how to read and thoroughly understand the playing card, set up and deal the tiles, choose a hand and acquire

basic strategies for playing the game. You will need to purchase a current Mah Jongg card prior to the first meeting. If you have a Mahj set, please let the facilitator know after you register for the group. **The first meeting will be on Tuesday, October 10.** We will meet at Congregation Beth Israel, in the library (56th and Shea). Minimum 12. **Six Tuesdays of instruction from 9:30 - 11:00 am (October 10, 17, 24, 31; November 7, 14)**

Facilitator: **FEE: \$20**
Daron Barness daroday2@gmail.com 602-619-1136

16. YOGA

Join us for our yoga group, an all-levels class good for first-timers as well as experienced practitioners. Modifications and suggestions will be given to enhance each pose (asana), including breathing techniques for energy and for relaxation. Each session will end with a calming savasana - a complete relaxation. The stiffer you are, the better! In addition, specific areas such as back pain or issues such as headaches and insomnia will be addressed. Handouts will be given so participants can practice at home. Dr. Nancy Siefer, a registered and certified yoga instructor with 18 years' teaching experience, will lead the classes. Bring a mat, water, and any prop (block, belt, etc.) you like to use. Our classes will meet from 8:30 - 9:30 am on consecutive Tuesday mornings, **beginning January 16.** Location details will be emailed to participants; there may be a nominal charge for the use of a dedicated space. Maximum 20.



Eight Tuesdays, 8:30 - 9:30 am (January 16, 23, 30; February 6, 13, 20, 27, March 6)

Facilitator: **FEE: \$20**
Nancy Siefer n.siefer@gmail.com 480-577-1439



17. "SERIOUSLY" CANASTA *NEW*

Join this weekly canasta group for **experienced players only** with a thorough knowledge of the official Canasta League of America rules, which will be provided to registrants in advance. **This is not an instructional group.** This is a wonderful opportunity to make new friends and face new competition. The group meets weekly at

11:45 on Tuesday afternoons at Tavern Americana, located at Hayden and Thompson Peak in North Scottsdale, for lunch and play.

The first meeting is on October 17. Minimum 8, maximum 30.

Tuesdays, 11:45 am - 4:00 pm (October - May)

Facilitators: **FEE: \$20**
Nancy Lirtzman nlirtzman@gmail.com 847-217-6963
Pat Miller patrmiller@gmail.com 205-249-8363
Abbey Sussholz sussholz2@gmail.com 847-363-0172

18. INTERMEDIATE MAH JONGG (New name)

This weekly group is intended for intermediate/experienced players with thorough knowledge of the National Mah Jongg League rules and a steady pace of play. We will meet at Congregation Beth Israel, in the library (56th and Shea) every Tuesday from 1:30 - 3:30 pm.

Our first meeting will be Tuesday, October 3.

Every Tuesday 1:30 - 3:30 pm (October - May)

Facilitators: **FEE \$20**
Ellen Widoff ebwidoff@gmail.com 602-513-3138
Terry Taubman terrytaubman@gmail.com 602-319-8351





19. CURRENT EVENTS

Join our lively conversation as we explore current events that shape the future of the world in which we live. Topics will be chosen by the members. Active participation and some research is the key to great discussions. Members will be

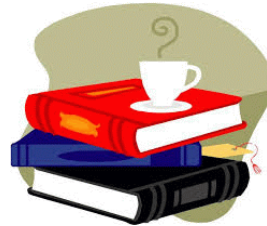
asked to hold meetings in their homes and/or provide refreshments. **The first meeting will be on Tuesday October 3.** Participants will be notified of the location by email. Maximum 25.

First Tuesdays, 10:30 am - 12:00 pm (November - April)

Facilitators: **FEE: \$20**
Gladys Simon gladsi26@hotmail.com **480-773-7958**
Stephanie Klopper rednoz@aol.com **480-251-0815**
Amy Richman amy@richmanfamily.com **480-664-6901**

20. FIRST TUESDAY BOOK GROUP

This group reads bestsellers and new books, both fiction and non-fiction. Books are chosen two or three at a time to reflect new releases. Someone in the group must have read the selection for it to be considered. This study group meets from October through May in members' homes. The facilitators will send out a monthly email with the name of the book, the location of the meeting and the person to whom you must RSVP. **Our first meeting will be October 3.** Maximum 18.



First Tuesdays, 1:30 - 3:30 pm (October - May)

Facilitators: **FEE: \$20**
Marcia Langer marciala@msn.com **914-943-7814**
Judy Levine judithlevine43@yahoo.com **480-496-0252**



21. SECOND TUESDAY LUNCH BUNCH

Join us in the discovery of new culinary experiences and enjoy dining with new friends and familiar tablemates. We will meet on the second Tuesday at well-reviewed, diverse and interesting restaurants. Everyone is responsible for their own meal. If separate

checks are not available, we will divide the bill evenly among ourselves. You must reply to the facilitator in order to secure a place at the table. **Our first lunch will be October 10.** Maximum 30.

Second Tuesdays (October - April)

Facilitator: **FEE: \$20**
Andrea Morrison andsue1@cox.net **602-840-8195**
Harriet Kaplan hskaplan@cox.net **480-585-1777**

22. NOVEL WOMEN WHO READ *NEW*

This **evening** book group meets once a month, on the second Tuesday, for book discussion and refreshments. Our first book will be *Lilac Girls* by Martha Hall Kelly, and the group will choose the additional books to be read. The first meeting is at the facilitator's home. Subsequent meetings will be at participants' homes or perhaps a clubhouse. **The first meeting is on Tuesday, October 10.** Minimum 5, maximum 20.



Second Tuesdays, 6:30 - 8:30 pm (October - November, January - April)

Facilitator: **FEE: \$20**
Cheryl Lennon clennon60@gmail.com **602-999-8858**

23. SAY IT, SEE IT, BE IT: CHANGE FROM WITHIN *NEW*



Led by author and professional empowerment coach Arlene Rosenberg, this group will be devoted to discussions and fun exercises on how to change negative thinking and mind talk, creating more confidence, self-esteem and a better self-image. Attendees will be given (free of charge) Arlene Rosenberg's book, *Say It, See It, Be It: How Visions and Affirmations Will Change Your Life*, as a study guide for learning how to increase their personal power. The meeting location will be based on participation. **The first meeting will be on Tuesday, October 17.** Minimum 5, maximum 10

Third Tuesdays, 10:30 am - 12:00 pm (October - February)

Facilitator: **FEE: \$20**
Arlene Rosenberg ar@arlenerosenberg.com **480-993-5322**



24. CAMELVIEW, SHEA 14 REVIEW & LUNCH

Enjoy a thought-provoking movie each month, followed by a discussion and lunch at a nearby restaurant. We will meet at Harkins Camelview at Scottsdale Fashion Square, at Harkins Shea 14, or at another theater in the area. Meeting notices will be emailed to participants each month, about five to seven days before the meeting date

(after movie schedules are set), with specific details of movie name, time and location of theater and restaurant. **Our first movie will be Tuesday, October 17.**

Third Tuesday Mornings (October - May)

Facilitators: **FEE: \$20**
Sheila Landau buildor2@cox.net 602-809-5100
Henriette Hasley henriette.hasley@cox.net 602-494-1924

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

25. LET'S GET METAPHYSICAL! - New Age Non-Fiction *NEW*

This is the group for you if you want to participate in a "mind, body, spirit/metaphysical" non-fiction book group that focuses on issues related to health and well-being. We will also explore topics viewed as metaphysical such as energy systems in the body, reincarnation and books focused on



raising levels of consciousness. Our first book is *Hidden Messages in Water* by Masaru Emoto. Location will be determined based on participation. We meet on the fourth Tuesday of the month at 10:00 am and go to lunch afterwards. **The first meeting will be on Tuesday, October 24.** Minimum 4, maximum 10

Fourth Tuesdays, 10:00 am - 12:00 pm (Oct., Jan. - Apr.)

Facilitator: **FEE: \$20**
Carol Wolf peanuts526@aol.com 847-207-9954



26. BRIDGING IT!

This group meets for a fun afternoon of lunch, bridge and camaraderie. Members should be experienced bridge players who are willing to enjoy a non-competitive and relaxed afternoon of bridge. We meet from October to May on the fourth Tuesday of each month. **Our first**

meeting will be on Tuesday, October 24. Location details will be emailed to the participants.

Fourth Tuesdays, 11:30 am - 3:00 pm (October - May)

Facilitators: **FEE: \$20**
Nan Waldman nanlarry@cox.net 602-410-5639
Marcy Strauss mss29@comcast.net 612-710-6291

27. ETHNIC DINING

Join us for lunch as we venture around the world, savor regional cuisine and experience the distinct flavors of four unusual ethnic restaurants in the Valley. We will meet at 11:30 am on the following Tuesdays: October 24, January 23, February 27, March 27. We will select our own meals from the restaurant menu. The details for each restaurant will be sent to participants in advance of the meeting date. Maximum 30.



Four Tuesdays, 11:30 am (Oct. 24, Jan. 23, Feb. 27, Mar. 27)

Facilitators: **FEE: \$20**
Michelle Fischler michellelyules@gmail.com 602-667-0313
Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212



28. THEATER & LUNCH SERIES *NEW*

Join us for an exciting program for theater buffs at the Kax Stage of the Herberger Theater Center. Each performance is a one-act play lasting 45 minutes. Lunch will follow at a nearby restaurant. The performance date and the title of the play will be emailed in advance to group participants, who will purchase their own tickets and notify the facilitator that they are attending. The specific Wednesday will vary, based on the performance chosen. Minimum 6.

Variable Wednesdays, 11:45 am (October - May)

Facilitator: **Fee: \$20**
Caryn Balaban bicaban@gmail.com **602-788-6806**

29. DESSERT - HOW SWEET IT IS!

Join this group and discover new places to satisfy your sweet tooth. We will meet three times on the first Wednesday afternoon of the month at various locations. If separate checks are not available, we will divide the bill evenly among ourselves. **Our first sugar high will be Wednesday, October 4.**



Participants will be notified of the locations by email. Maximum 20.

First Wednesdays, 1:30 - 3:30 pm
(October 4, February 7, March 7)

Facilitators: **FEE: \$20**
Lori Roth lori.rothaz@gmail.com **480-310-1605**
Kathleen Witkin witkinbnc@gmail.com **480-473-4825**



30. DON'T WORRY, BE HAPPY

Looking for some great Happy Hour adventures? Then this is the group for you. Meet new friends and sample some of the Valley's outstanding watering holes. The group's members will assist the facilitator in planning our monthly destinations. We hope you'll join the delightful members of this group. **The first meeting, on Wednesday, October 4,** will be organizational, though nibbles and spirits will be involved. The place, time and details for the first and subsequent meetings will be emailed to participants.

First Wednesdays, 5:00 - 7:00 pm (October - May)

Facilitator: **FEE: \$20**
Cheryl Lennon clennon60@gmail.com **602-999-8858**

31. ACTING IS FUN!

If you are looking to have some fun, share some laughs, and you love theatre and film, then you will enjoy playing in this group. You will learn some of the tricks of performance and public speaking, learn how characters are created for stage and screen and explore the nuance of language through scripts that regale the trials, tribulations and joys of life.



The group is open to anyone, any age, any ability; NO experience OR memorization is necessary. The work is physically and vocally accessible for all. Scottsdale location details will be emailed to group members. A relaxing, encouraging and creative experience awaits! **Eight Sessions starting in January 2018, plus Two Bonus Dates: November 15 and December 13, 2017. Our first meeting will be November 15.** Minimum 4, maximum 12.

Second & Fourth Wednesdays, 10:30 am - 12:00 pm
(November 15, December 13, January - April)

Facilitator: **FEE: \$20**
April Feld Sandor afsplays@gmail.com **215-882-2600**



32. KNIT A MITZVAH

If you knit or crochet and would like to be a part of a wonderful group that will be making scarves (to be donated to JFCS) and newborn baby caps (to be donated to HonorHealth Scottsdale Shea Medical Center), then this is the group for you! If your skills need improving, we will help you. Knitting/crocheting and kibitzing two

afternoons a month will be a stitch. We meet at the Coffee Plantation near Scottsdale and Shea. **Our first meeting will be October 11.**

Second & Fourth Wednesdays, 1:00 - 3:00 pm (October - May)

Facilitators: **FEE: \$20**
Ronda Kottle ronda@kottlehome.com 602-327-0266
Ronee Siegel ronees@aol.com 917-273-0393

33. NEIGHBORHOOD WALKS

The Phoenix/Scottsdale area has many unique neighborhoods. Join us once a month for a moderately paced walk in and around one of them. In some cases, a resident of the selected neighborhood of the month may be able to lead us. **Our first walk will be on Wednesday, November 15.** Participants will be notified of the location by email. Minimum 6, maximum 20.



Third Wednesdays, 2:00 - 4:00 pm (November - March)

Optional Lunch before the walk at 12:30 p.m.

Facilitator: **FEE: \$20**
Marcy Strauss mss29@comcast.net 612-710-6291



34. YAPPY HOUR *NEW*

Bring your pup out to sniff and play while you eat, drink and schmooze with friends. This **late afternoon** group will meet monthly from November to March. All furry parents are welcome to join this group as well as anyone else who loves to be around pups! We will

meet at 5:00 pm until it's time to leave. **The first meeting will be November 15.** The location will be sent to participants prior to the meeting.

Third Wednesdays, 5:00 pm (November - March)

Facilitator: **FEE: \$20**
Sue Lawler suelawler9@gmail.com 602-525-0231
Sheila Landau buildor2@cox.net 602-809-5100



35. PLAY GOLF

"The most important shot in golf is the next one," said pro golfer Ben Hogan. Silverado Golf Club is the place to hit 'em straight! Come join the fun and golf with BNC Phoenix Chapter! All levels are welcome. This group will meet once a month from October

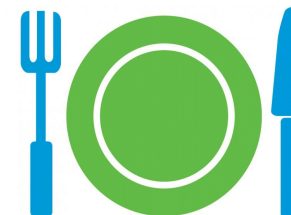
through April. Lunch follows the morning tee times and precedes the afternoon tee times. Additional information will be sent upon registration. Play for the enjoyment of the game among BNC friends. The greens fees are \$49.50 + tax (\$54.44) for 9 holes, \$69.50 + tax (\$77.03) for 18 holes. All listed rates include the cart. Each player is responsible for greens fees and lunch costs. RSVPs must be finalized on the Monday prior to the golf date. No refunds of greens fees will be allowed once an RSVP has been given. **Our first outing will be on October 25 at 9:00 am;** details will be emailed to participants. Maximum 20.

Fourth Wednesdays, 1:00 pm (December - March)
(plus October 25, November 29 and April 25 at 9:00 am)

Facilitators: **FEE: \$20 plus greens fees**
Lori Roth lori.rothaz@gmail.com 480-310-1605
Laurie Greenfield lauriegreenfield@gmail.com 312-316-8800

36. FOURTH WEDNESDAY LUNCH BUNCH

This lunch group meets monthly from October through May to enjoy friendship and camaraderie at a variety of mostly new, exciting restaurants around the Valley, **beginning Wednesday, October 25, at 11:30 am.** Everyone is responsible for their own meal. The location will be announced monthly to the members. We will sample various cuisines and venues. You must RSVP to the facilitators in order to secure a place at a table. Maximum 25.



Fourth Wednesdays (October - May)

Facilitators: **FEE: \$20**
Marcy Strauss mss29@comcast.net 612-710-6291
Iris Wigal wiggley@cox.net 602-274-8771

Thursday



37. WHO KNEW? - A QUIRKY HISTORY OF ARIZONA'S VALLEY *NEW*

Have you wondered how the Valley developed? This group will meet five times to explore our beginnings from early Native American tribes to early settlers and the Wild West. We will tour the State Capitol and hear museum docents, speakers and storytellers, who will regale us with tales of the original settlers and those ever-loving cowboys. Event and lunch times will vary, with some possible travel included. **The first meeting will be on October 19.** Participants will be advised of the location by email. Minimum 8, maximum 20.

Third Thursdays, 10:30 am (October - May)

Facilitator: **FEE: \$20**
Barbara Abrams bfabrams4109@gmail.com 312-965-4109

38. ADVANCED INTERMEDIATE MAH JONGG (New name)

This weekly group is intended for **Advanced Intermediate**, experienced players with complete knowledge of the National Mah Jongg League official rules. Group members maintain a speedy pace of play, are able to change hands quickly and play defensively. We meet at the Valley of the Sun JCC every Thursday at noon and play until 3:00. **Our first meeting will be Thursday, October 5 at 12:00 pm** Every Thursday 12:00 - 3:00 pm at the JCC



Facilitator: **FEE: \$20**
Beth Sennett basennett@gmail.com 414-418-4203

39. JEWISH BOOK GROUP

This book group meets at Congregation Beth Israel, in the library (56th and Shea). **The first meeting will be on October 5** and the book will be *The Orphan's Tale* by Pam Jenoff. On November 2 the book will be *Orphan #8* by Kim van Alkemade. If you would like the complete list of books, call Ellen. RSVP to Ellen for each meeting. Maximum 20.



First Thursdays, 10:00 am (October - May)

NOTE: The March meeting will be on March 8.

Facilitator: **FEE: \$20**
Ellen Tuckman **602-953-9307**



40. STUDY WITH THE BEST: BROADWAY ON FILM

Using Brandeis-authored and other materials, Broadway on Film explores two Hollywood films created from Broadway plays and one Alfred Hitchcock film. We will view *Driving Miss Daisy* (1989), *Biloxi Blues* (1988) and *North by Northwest* (1959). In addition, there will be a fourth film, yet to be determined. The films will be viewed on the meeting date, followed by group discussions. **The first meeting will be November 2.** Location details will be emailed to participants. Maximum 25.

First Thursdays, 1:00 pm (Nov. 2, Dec. 7, Jan. 4, Feb. 1)

Facilitators: **FEE: \$20**
Carol Kern cak8219@gmail.com 480-948-9236
Stephanie Klopper rednoz@aol.com 480-251-0815

41. SUN LAKES POTPOURRI

This group will include book and movie reviews, discussions on contemporary issues and visits to local places of interest. It is open to people outside the Sun Lakes area, and meets the first Thursday of each month. **At our first meeting on October 5**, we will socialize and plan our 2017-2018 calendar of meetings. Contact the facilitators for the location.



First Thursdays, 1:30 - 3:30 pm

Facilitators: **FEE: \$20**
Irene Kestenbaum irenek0426@gmail.com 480-734-7306
Barbara Gold bzgold9333@gmail.com 480-802-7945



42. INTERMEDIATE HIKING CLUB

Join us if you enjoy the fresh air, the natural beauty of the desert, exercise and camaraderie. These bi-monthly hikes in Phoenix, Scottsdale and beyond will take you on challenging trails with elevation gains and at a brisk pace. This group is not meant for the beginner or leisure hiker. Plan on 4-6 miles, around three hours, plus destination time. Our start time will be determined by the outdoor temperature, but it will be approximately 7:00 - 9:00 am. Members will be notified prior to each hike of place and time. We hope you can join us after the hike at a different brunch spot each time, to give us time to socialize. **Our first hike will be November 2.** **There will be an optional warm-up hike on October 19.**

First & Third Thursdays (November - April)

Facilitators: **FEE: \$20**
Nancy Siefer n.siefer@gmail.com 480-577-1439
Caryll Webner caryllwebner@yahoo.com 602-989-1348

43. LEISURE HIKING

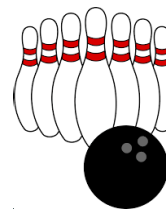
If you like fresh air, the natural beauty of the desert, exercise and camaraderie, these bi-monthly hikes in Phoenix, Scottsdale and beyond will take you to beautiful trails at a comfortable pace. You will be able to enjoy the scenery, talk to the other hikers and get good exercise. This group is not meant for those who want to go "all out" or on very steep trails. Plan on 2.5 - 4 miles round



trip, around 2 - 2.5 hours, plus destination time. The outdoor temperature and time of year will determine our start time, but it will be 8:00 a.m. or 8:30 am. **Our first hike will be Thursday, November 2.** Members will be notified prior to each hike of place, time and directions. After the hike, we hope you can join us for breakfast at a nearby restaurant. Minimum 15.

First & Third Thursdays (November - April)

Facilitators: **FEE: \$20**
Ellen Kirschenbaum ellenk102@gmail.com 602-214-5212
Bob Kirschenbaum bobkirschenbaum@gmail.com 602-614-5212



44. BOWLING FOR FUN

Join our Bowling League! This relaxed, non-competitive group will meet at Brunswick Via Linda Lanes once a month to bowl just for fun, followed by lunch. The lanes are located at 9027 E. Via Linda, Scottsdale 85258. **Our first game will be Thursday, October 12.** Minimum 8.

Second Thursdays, 10:00 am - 12:00 pm (October- April)

Facilitators: **FEE: \$20 plus lane fees**
Sheila Landau buildor2@cox.net 602-809-5100
Sue Lawler suelawler9@gmail.com 602-525-0231

45. CONTEMPORARY ISSUES DISCUSSION GROUP

This discussion group has met continuously since 1997. Led by Ruth Anne Myers, the participants choose current issues one meeting ahead. One member of the group researches a topic, but all members are encouraged to add information or to ask questions. Equal participation is important. Some members will be asked to hold meetings in their homes or to provide refreshments. Members are asked to contact the facilitator, who will give them directions to the location of that month's meeting. **The first meeting will be on October 26.** Maximum 25.



Fourth Thursdays, 9:30 - 11:30 am

Facilitator: **FEE: \$20**
Ruth Anne Myers ramyers@aol.com 480-947-8216

46. NEIGHBORHOOD HAUNTS

Foodies....are you ready to experience out of the way neighborhood haunts? Join us for lunch as we sample four best-kept secret locales on these **Thursdays: October 26, December 28, February 22 and March 22.**



This is a wonderful chance to meet new people in a fun setting! Cash is preferred. Maximum 25.

Fourth Thursdays, 11:30 am (October, December, February and March)

Facilitators:	FEE: \$20
Sheila Landau	buildor2@cox.net	602-809-5100
Harriet Schwartz	harriet0715@gmail.com	602-738-0801



48. FIRST FRIDAY FILMS & FEASTS (New name)

We'll be viewing interesting movies (including indies, foreign language films and documentaries) playing at the Harkins Shea 14, the Harkins 101 or the Harkins Camelview. Movies usually begin about 10:00 am; lunch and casual conversation will follow at a nearby eatery. We'll email the group in advance with our movie title, film location, meeting time and restaurant selection. **Our first meeting will be October 6.** Minimum 5.



First Friday mornings (October - April)

Facilitators:	FEE: \$20
Roni Nassberg	ronika1@aol.com	602-790-7603
Stephanie Klopper	rednoz@aol.com	480-251-0815
Joyce Grant	jhgrant35@gmail.com	847-877-5793

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

49. STUDIO ART AND BISTRO LUNCH

Expand your artistic and culinary horizons. Travel with us as we discover three different artists in their studios and then discuss their works over lunch. **Join us at 10:30 am on October 27, January 26 and February 23** at each artist's location. **Note:** Dates are subject to change due to unexpected scheduling for the artists. Sufficient notice will be given if any changes are necessary. Maximum 40.



Fridays, 10:30 am (October, January, February)

Facilitators:	FEE: \$20
Michelle Fischler	michellyules@gmail.com	602-380-1559
Susie Sacks	susan.sacks@gmail.com	201-887-0319
Merle Tarnow	tarnowm@aol.com	617-571-7337



47. THE WORLD OF INTERIOR DESIGN *NEW*

Join professional designer Sheila Landau on field trips to explore the latest products. We will go to different showrooms in the Scottsdale Airpark area to view new kitchen products, including a Steam Oven demo, and new Plumbing products, Flooring, Wall Coverings and Lighting. We will also visit a Granite and

Quartzsite factory. Our field trips will always be followed by lunch. Minimum 6.

Three Fridays, 11:00 am (January 12, February 2, March 2)

Facilitator:	FEE: \$20
Sheila Landau	buildor2@cox.net	602-809-5100

Saturday

50. AT THE BALLET

Do you love the Ballet? Would you like to go more often with your friends? This group will get tickets at a group rate for three of this year's performances. **We will see *Swan Lake* (October 28), *Today's Masters* (March 24) and *All Balanchine* (May 5).** For more information, see the website: www.balletaz.org. Car pools will be arranged. Minimum participation for the group discount of 30% is 10 people. **Please sign up by August 20** so that we can order tickets as soon as possible. The sooner you sign up, the sooner the checks can be collected and the seats requested. **NOTE:** Once the tickets are purchased, they will be mailed to the facilitator, who will hand them out at lunch, prior to the first performance. If a participant cannot attend a performance, that person is solely responsible for finding a substitute. Maximum 20.

Saturday Matinees, 2:00 pm (October 28, March 24, May 5)
Facilitator: **FEE: \$20 plus tickets**
Sheila Berkowitz sberk327@cox.net **602-469-8600**



51. GIRLS' NIGHT OUT

Girls' Night Out returns with opportunities to have a wonderful time with "just the girls." This season, group members will plan four (or more) special events for the group. We usually meet on Saturday nights (or a night determined by the group). We've been to wonderful restaurants, plays, comedy clubs, cooking classes, art exhibits and many more fun activities. **It's all up to the group members to plan our outings.** We hope you'll join us and the delightful members who join this group. **The first meeting, on Saturday, October 14, will be organizational,** for planning future

events. The place, time and details for this and subsequent meetings will be emailed to participants. Minimum 8, maximum 15.

Various Saturday evenings (October - May)
Facilitators: **FEE: \$20**
Nancy Kronenberg ngolden1@hotmail.com **216-798-5222**
Betsy Kurasch jbkluxury@yahoo.com **480-458-7876**

Sunday

52. A TASTE OF WISE AGING *NEW*



Are you asking yourself: "How did I get to be 55? or 65? or 75? What's Next?" If so, join a small group of healthy, like-minded friends and explore the possibilities for the years ahead: Aging - with joy, resilience and spirit. This discussion group of thoughtful agers will be based on the first chapters of the book: *Wise Aging* by Rabbi Rachel Cowan and Dr. Linda Thal. The series of interactive discussions will be led by our very own BNC member and trained *Wise Aging* Facilitator, Anita Hicks, ACSW. This group will meet in north central Scottsdale. **Our first meeting will be on Sunday, October 1.** Location details will be emailed to the participants.

Six Sundays, 10:30 - 12:00 noon (October 1, 8, 22; November 5, 19; December 3)
Facilitators: **FEE: \$20**
Marcy Strauss mss29@comcast.net **612-710-6291**
Anita Hicks anitabh@cox.net **602-956-9711**

53. SUNDAY AFTERNOON AT THE MOVIES * NEW*



This group will meet at various movie theaters for a **late afternoon** movie followed by a light supper. We will meet from October through May on the first Sundays of the month (**except for November and April when we meet on the second Sunday**). Participants will be notified of the theater and supper locations and movie chosen. Participants will buy their own tickets and pay the cost of their own supper. **Our first meeting will be on October 1.** Maximum 24.

First Sundays: late afternoon (October - May)

Exceptions: November 12 and April 8

Facilitators: **FEE: \$20**

Marcy Strauss & Wayne Stutzer mss29@comcast.net 612-710-6291

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.



54. RESTLESS MINDS DISCUSSION GROUP *NEW*

Join this **co-ed evening group** and participate in stimulating conversations. Do you have an opinion on *“What makes an educated person,” “Is there a war on Science,” “Can Socialism and Capitalism co-exist”* or other mind-

expanding topics? The members of the group will suggest topics, research them and share in leading the discourse. Meetings will be held in participant homes or community rooms and the participants will host or provide refreshments. **The first meeting will be on October 1.** Location details will be emailed to participants. Minimum 9, maximum 20.

First Sundays, 7:00 - 9:00 pm (October - May)

Facilitators: **FEE: \$20**

Marvin Kestenbaum digsee@me.com 480-883-7639

Irene Kestenbaum irenek0426@gmail.com 480-734-7306



55. BRUNCH & BOOKS *NEW*

This **Sunday morning** book group is great for those who work during the week as well as those who want to meet new friends and share a love of reading. All genres of books will be considered - from current bestsellers to classics. Each member can choose a topic; selections will be determined BY THE GROUP. The initial

meeting will be organizational so we can meet each other and discuss future books and meeting locations. Participants will be notified of each meeting location. **The first meeting will be on October 8.** Minimum 5, maximum 20.

Second Sundays, 10:00 am - 12:00 pm (October - May)

Facilitator: **FEE: \$20**

Sharon Nova sharonjill1@yahoo.com 704-996-9185

56. SUNDAY MORNING AT THE MOVIES WITH ABBY & JOHN! *NEW*

Join us at the AMC Desert Ridge 18 for four Sundays this winter: **December 17, January 21, February 18, and March 18.** We will see a **morning** movie (starting time is generally between 10:00 - 11:00 am) and then head over to Mimi's Café at Desert Ridge Marketplace to enjoy a nosh and talk about the movie. We will do our best to select films that have Oscar buzz so you'll be prepared when the Academy selects Best Picture on March 4, 2018. See you at the movies!



Third Sundays at 10:00 am (December - March)

Facilitator: **FEE: \$20**

Abby Tucker skyranch52@gmail.com 917-816-8261

John Poremba

NOTE: There are several movie groups offered this year, so they may occasionally select the same movie.

2017 * 2018 Index of Facilitators

Barbara Abrams	bfabrams4109@gmail.com	312-965-4109
Caryn Balaban	bicaban@gmail.com	602-788-6806
Leith Baletin	lbaletin@att.net	480-874-9434
Daron Barness	daroday2@gmail.com	602-619-1136
Sheila Berkowitz	sberk327@cox.net	602-469-8600
April Feld Sandor	afsplays@gmail.com	215-882-2600
Michelle Fischler	michelleyules@gmail.com	602-380-1559
Andi Freed-Krehbiel	readerpainter@gmail.com	480-221-9777
Barbara Gold	bzgold9333@gmail.com	480-802-7945
Joyce Goldstein	joyce@goldstein.us	602-354-5006
Joyce Grant	jhgrant35@gmail.com	847-877-5793
Laurie Greenfield	lauriecgreenfield@gmail.com	312-316-8800
Henriette Hasley	henriette.hasley@cox.net	602-494-1924
Alyce Helfman	ahelfman2002@yahoo.com	480-264-6909
Anita Hicks	anitabh@cox.net	602-956-9711
Merrill Kalman	mskbflo@aol.com	480-296-3355
Harriet Kaplan	hskaplan@cox.net	480-585-1777
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Marvin Kestenbaum	digsee@me.com	480-883-7639
Bob Kirschenbaum	bobkirschenbaum@gmail.com	602-614-5212
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Betsy Kurasch	jbkluxury@yahoo.com	480-458-7876
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About Brandeis University

Characterized by academic excellence since its founding in 1948, Brandeis is one of the youngest private research universities in the United States, as well as the only nonsectarian Jewish-sponsored college or university. It is regarded as one of the pre-eminent liberal arts and research universities in the country. Brandeis counts among its faculty and alumni a Nobel Laureate, MacArthur Foundation "genius grant" recipients, Pulitzer Prize winners and a number of Emmy Award-winning actors, broadcasters and producers. The university stresses an interdisciplinary approach to knowledge and the solution to real life problems. The campus community remains devoted to the concept of social justice, a legacy inherited from the namesake of the university, U.S. Supreme Court Justice Louis D. Brandeis.

Mission Statement

Brandeis National Committee is dedicated to providing philanthropic support to Brandeis University, a distinguished liberal arts and research university founded by the American Jewish community. Its membership is connected to the university through fundraising and through activities that reflect the values on which the university was founded: academic excellence, social justice, nonsectarianism and service to the community.

UPCOMING EVENTS



Friday, November 3, 2017

Fall Luncheon



Friday, January 5, 2018

University on Wheels

Sunday, March 11, 2018

Book & Author Event

Bookmark Donors

Cocktail Reception

Monday, March 12, 2018

**28th Annual Book & Author Event
at the Sheraton Grand Phoenix**



Date to be Announced

Spring Luncheon

