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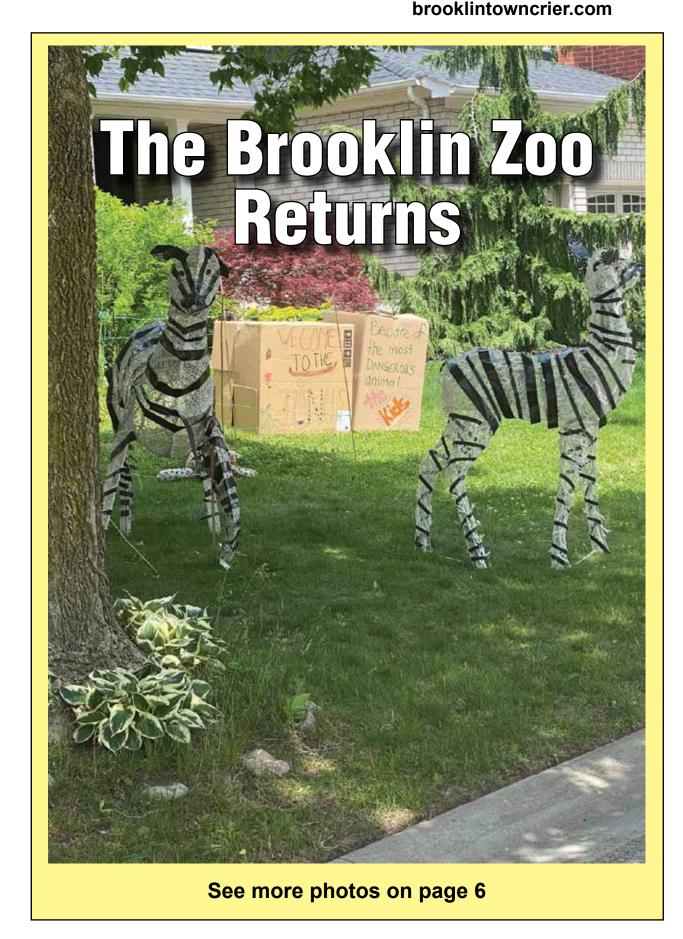




Ryan Doble Home Financing Advisor Brooklin Towne Centre 905-703-5376 ryan.doble@scotiabank.com

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Hospital Coming To Whitby?

Whitby staff has submitted a report portation, Minister of Long-Term (CAO 14-21) from the town's Hospital Task Force in which lands on the southeast corner of Lakeridge Road and highway 7 be considered for a new Durham Region hospital site. This would replace the originally intended site on the southeast side of Baldwin and the 407.

The report is being sent to the Minister of Health, the Minister of Trans-

Care, all Durham Region MPPs, the Regional Chair, the Lakeridge Health Board Chair and the President and CEO of Lakeridge Health.

Report highlights:

 Lakeridge Health has announced the preliminary steps to begin the independent process to identify a potential site for a new hospital in Durham Region.

> • The Hospital Task Force has been successful in receiving permission from MTO proceed with the property at

the southeast quadrant of Highway 407 and Lake Ridge Road as Whitby's preferred site. This positions Whitby well to respond to the site selection process that Lakeridge Health will be initiating in the coming months.

 Through discussions with MTO, the Hospital Task Force has become aware of excess fill levels and areas on the subject property that exhibit levels of contamination that will require removal to an off-site facility, prior to development of portions of the subject lands. The costs associated with remediation of the site are not prohibitive.

Strategic Priorities:

The initiatives of the Hospital Task Force align with Council's Goals as a new Hospital would deliver local jobs and prosperity, continue to improve the service delivery to residents, remain the community of choice for families and become the community of choice for seniors and job creators.

The actions of the Task Force also align with the Corporate Strategic Plan as ultimately establishing a new hospital in Whitby would address Strategic Objective 3.1 by designing service delivery around current customer needs in an underserviced area, as well as address the future needs of a community that is in a rapid growth phase.

This report also addresses sustainability, as the Task Force is supportive of pursuing the possibility of the Durham Central Lakeridge Health site being serviced through District Energy to increase the resiliency and reliability of services to the health precinct and consider green energy sources to reduce the environmental impact of a new hospital. Finally, the recommendations within this report support a more accessible community through the provision of increased health care services to all residents and especially seniors and those with disabilities.

The full six-page report is available from the June 7 special council meeting agenda. Alternately, type CAO 14-21 into the search function on whitby.ca and look under documents.

What You Need To Know This Week:



Have Your Say! Help Build Whitby's 2022 Budget

Jerry Cipro | Owner-Operator

M: 905.259.2897 | T: 905.433.3773

jerry@consumerdirectwindows.ca

consumerdirectwindows.ca

17-1751 Wentworth St. Whitby ON L1N 8M2

What would your ideal budget look like? What Town programs and services would you prioritize? Between now and July 30, learn more about the Town's budget planning process and share your budget priorities at connectwhitby.ca/Budget



Register Today For Virtual Summer Programs

From virtual Kidz Camp, to Mobile App Development Camp, to virtual fitness classes, there is something for everyone. Register today at whitby.ca/GetActive



Whitby Live

Listen to great music from local musicians from the comfort of your home during Whitby Live, a virtual music concert experience. Tune in to the Town of Whitby Facebook page at 7 p.m. every Wednesday from June 16 to August 18, 2021. whitby.ca/WhitbyLive



Join The Town's Accessibility Advisory Committee

The Town is seeking two candidates with lived experience as a person with a disability for our Accessibility Advisory Committee. Committee members will provide advice to Council about the requirements and implementation of Ontario's accessibility standards for the remainder of the 2018-2022 term. Apply today! whitby.ca/AdvisoryCommittees



2021 Final Property Tax Bill Due June 24

Residents are reminded the first instalment of the 2021 Final Tax Bill is due on June 24. This billing applies to all residential, farmland, pipeline and managed forest properties. For more information including payment options, visit whitby.ca/Tax

Correction

On Thursday, June 3 the Town of Whitby published copy stating anyone turning 12 in 2021 is eligible to receive a COVID-19 vaccine. This is incorrect. You must be at least 12-years-old at the time of your COVID-19 vaccine appointment. We apologize for this error and any inconvenience it may have caused. Eligible groups can book their vaccine appointment at durham.ca/VaccineAppointments

905,430,4300 info@whitby.ca

whitby.ca



Happy Canada Day



From Mayor Don Mitchell and Members of Council



"Proud to be a Brooklinite" Founded in 2000 and published 24 times per year. **Editor, Richard Bercuson** 613-769-8629 • editorofbtc@gmail.com

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Next Issue: Friday, July 16, 2021 Deadline: Friday, July 9, 2021 Publications dates subject to change during COVID-19 Pandemic

June Is Bicycle Safety Month

Bicycles do not require:

- registration
- · licence plates
- · vehicle insurance
- · driver's licence

Rules of the road:

As a cyclist, you must share the road with others (e.g., cars, buses, trucks, motorcycles, etc.).

Under Ontario's Highway Traffic Act (HTA), a bicycle is a vehicle, just like a car or truck.

Cyclists:

- · must obey all traffic laws
- have the same rights and responsibilities as drivers
- cannot carry passengers if your bicycle is only meant for one person

Riding on the right

You must stay as close to the right edge of the road as safely as possible when being passed.

Where you can ride

You can ride on most roads, **except**:

- controlled access highways, such as Ontario's 400-series highways
- across a road within a pedestrian crossover - you must walk your bike to the other side
- across a road within a crosswalk at any intersection or other location with traffic signals - you must walk your bike to the other side.

Bike helmets

Children and youth: By law, every cyclist under age 18 must wear an approved helmet.

Riders under 16 years old: a parent or guardian must make sure their child wears a helmet.

Adults: Helmets are not compulsory for adults over 18. However, a helmet can greatly reduce the risk of permanent injury or death if you

fall or collide. It is strongly recommended that all riders wear helmets.

Look for a helmet that fits comfortably and meets safety standards. Check the inside of the helmet for stickers from one or more of the following organizations:

- Snell Memorial Foundation: Snell B90, Snell B95, Snell B90S, or Snell N94
- American National Standard Institute: ANSI Z90.4-1984
- American Society For Testing and Materials: ASTMF1447-94
- British Standards Institute: BS6863:1989
- Standards Association of Australia: AS2063.2-1990
- United States Consumer Product Safety Commission (CPSC) 16 CFR Part 1203

Frequently Asked Questions

Q: What do cyclists need to know about bicycle traffic signals? As of January 1, 2017:

- New bicycle traffic signals can be used to direct bicycle traffic at intersections
- Cyclists must obey bicycle traffic signals where they are installed
- Cyclists who do not obey bicycle traffic signals can face a set fine of \$85 and \$120 in community safety zones
- Where both a regular traffic signal and a bicycle traffic signal apply to the same lane, cyclists must obey the bicycle signal
- If no bicycle traffic signals are present, cyclists must obey standard traffic signals

Q: What is the penalty to drivers for not leaving a minimum of one-metre distance when passing a cyclist?

The penalty for not leaving a minimum one-metre passing distance is a set fine of \$85.00 plus a \$5 court fee plus a \$20 victim surcharge fine for a total payable of \$110.00.

Drivers who contest their ticket by going to court may face a fine of up to \$500 if found guilty (fine range is \$60 to \$500). Upon conviction, two demerit points will also be assigned against the individual's driver record.

Q: Are cyclists also required to leave a minimum one-metre distance when passing a vehicle?

Cyclists are not required to leave a specific one-metre space. However, they are required to obey all the rules of the road. Cyclists who are being overtaken should turn out to the right to allow the vehicle to pass.

Q: What if there isn't enough room to allow for a one-metre passing distance? Can a vehicle cross the centre median line to pass the cyclist?

A motorist may, if done safely, and in compliance with the rules of the road, cross the centre line of a road-way in order to pass a cyclist. If this cannot be done, he or she must wait behind the cyclist until it is safe to pass.

Q: What are the penalties for "dooring" offences?

The penalties for improper opening of a vehicle door (for driver or passenger) are a set fine of \$300.00 upon conviction and three demerit points. The total payable fine is \$365.00 (\$300 set fine plus \$60 victim fine surcharge and \$5 court costs). Drivers who choose to contest the charge could be subject to a fine up to \$1,000 and three demerit

points, upon conviction.



Although cyclists may be the most commonly perceived road user affected by this behaviour, the "dooring" law applies to all road users and is not specific to cyclists.

The government is committed to helping ensure the safety of not only cyclists but all road users.

Q: What is the penalty for cyclists with improper lights, reflectors and reflective materials on their bicycles (including e-bikes) and motor-assisted bicycles (mopeds)?

Non-compliance with bicycle light, reflector and reflective requirements carries a total payable fine of \$110 (\$85 set fine plus \$20 victim fine surcharge and \$5 court fees), which is in line with all other cycling violations.

Q: Why are cyclists allowed to use a red flashing light? Isn't this distracting to other road users?

A number of cyclists use rear lamps that produce intermittent flashes of red light, which make them more visible to others. Considering the safety benefits from the use of these lights, and to prevent cyclists from potentially being charged under the Highway Traffic Act (HTA), amendments were made to the HTA on September 1, 2015, allowing cyclists to use lamps that produce intermittent flashes of red lights.

A motorist may, if done safely, and in compliance with the rules of the road, cross the centre line of a road-way in order to pass a cyclist. If this cannot be done, he or she must wait behind the cyclist until it is safe to pass.

Pathway Line Markings Coming

Town staff will soon address "marked and marketed" centre line and user symbol approaches on multi-use paths, in-boulevard networks, and trail core spine networks, including intersections, as identified in the new Active Transportation Plan.

The action came as a result of Whitby's Active Transportation and Safe Roads Advisory Committee that presented before council this past week. The Committee advises the municipality on how to promote active transportation by encouraging residents to ride or walk safely.

Committee Chair Peter Phillips provided an overview of the committee's work. Then, during the report portion of the meeting, the Town's Active Transportation Plan was motioned by the Mayor's Designate to the committee, Regional Councillor Rhonda Mulcahy.

She also motioned that staff begin marking the municipal multi-use paths. "Ajax and Oshawa both have markings and when you get to Whitby we have none," she noted. "This is about safety for both riders and walkers on our pathways."

The 412-418 tolls are still there.

Farmers' Market Returns to the Municipal Parking Lot



Brooklin Bafflers: by Liz Lowe Crossword

	1	2	3			4	5	6		7	8	9	10	
11					12					13				14
15				16						17				П
18				19					20			21		П
22				23					24	25	26			
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30	31	32			33	34	35			36				37
38						39					40			П
41				42		43			44		45			П
	46				47				48	49				
		50					51	52				53	54	55
56	57				58	59						60		П
61			62	63		64					65			П
66						67					68			П
	69					70					71			

Across

- Without exception
- Sawbones 4
- Research facility: Abbr. 7
- Opera solo 11
- 12 Lover of Aeneas
- Make good on 13
- An impairment of language 15
- 17 Where Seoul is

- Sound of a lightning bolt 18
- Hidden and difficult to see 19
- 21 Caribou kin
- 22 Dash widths

24

- 23 Tiny bit Aquatic plant
- Moistureless **27**
- Land on Lake 28 Victoria

- **30** Unwavering
- **33** They may be drawn
- **36** Money, in slang **38** The head; the
- noddle (archaic)
- **39** Need to pay
- **40** Plaintiff
- **41** Add
- **43** Type of meat 45 Any thing
- **46** Assemble without order or sense (pl)
- 48 Stubborn one
- 50 Tableland
- **51** Hang around
- **53** Wide of the mark
- **56** Sheep's cry
- **58** Tropical marine fishes with fleshy lips and powerful
- 60 Campaigner, for short
- 61 Set free
- **64** In or to another place
- **66** You are contraction
- **67** Lightly burn
- **68** Solid component of mammalian urine
- **69** Word of agreement
- 70 Undertake
- 71 Pas' mates

Down

- 1 Relating to the former Indo-European people
- 2 Speech defects
- Race unit 3
- 4 "Saturday Night Fever" music
- 5 Disgrace

- Shade of black
- 7 Irritate or vex
- Prefix with orthodox 9 Not concentrated in one place
- 10 Old Chinese money
- 11 Woodworker's tool
- A finger or toe in human beings
- Shoot the breeze
- 16 Icy coating
- 20 Children's game
- 25 Flee
- 26 Intuitive knowledge of spiritual truths
- Elegant and sumptuous 27
- 28 Manipulator
- 29 Toward the sheltered side

Demolition stuff

- 31 Space

30

- A final peremptory demand
- Error message?
- 35 Low card
- 37 Usher's offering
- 42 A fluid product of inflammation
- 44 Type of bun
- Kit mitt 47
- 49 Slow-cook
- A horse from New South Wales
- 52 Examine
- "The Barber of Seville," e.g. 53
- The front part, especially 54 ships
- 55 Dog biter
- 56 Accept
- Dwarf buffalo 57
- 59 Take it easy
- 62 Anger
- 63 Poetic dusk
- 65 Run smoothly



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- telMAX_Inc
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*Terms and Conditions:

Offer valid only for new MAXfibre residential customers signing up before fibre construction starts on your street. Regular price of \$110 after 6 months applies. Equipment and taxes are extra.

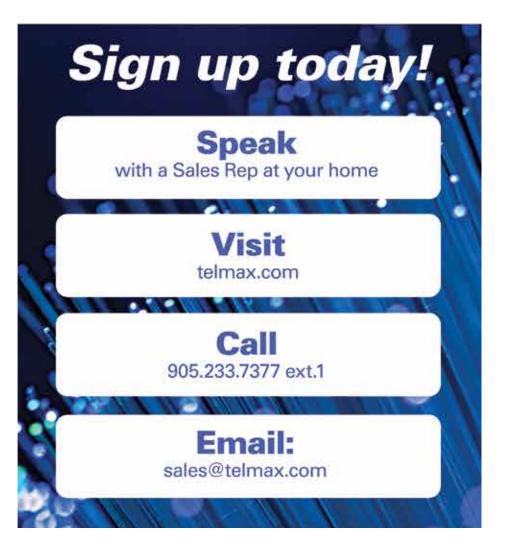
Don't forget to ask about our other services:





Brooklin Store

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Meet the Thorndyke zookeepers (left to right): Jocelyn, Isla, Olivia and Ben

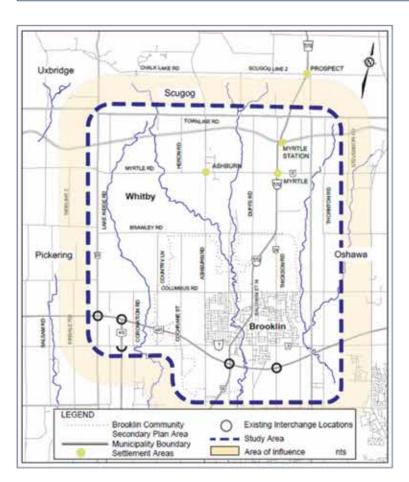






NOTICE OF ONLINE COMMUNITY OPEN HOUSE: NO. 3

Have Your Say! Community engagement is an important part of the below mentioned study. In light of the pandemic, engagement for this project will be conducted online. Materials will be posted on the project's webpage for public review and comment. Having trouble accessing the materials online? Contact the project team to arrange for an alternative.



Notice to All Correspondents: Information will be collected in accordance with the Municipal Freedom of Information and Privacy Protection Act. With the exception of personal information, all comments will become part of the public record. This Notice was first issued on June 17, 2021.

Highway 7/12 Alternative Route(s) EA

Highway 7/12 currently travels through Downtown Brooklin in the Town of Whitby. The Town is conducting a Provincial Class Environmental Assessment (EA) Study to determine an alternative route(s) for provincial traffic that does not go through the Downtown Brooklin area. The Study will evaluate alternative corridors and recommend a preferred plan to address both the local and provincial traffic needs of the Study Area.

In recognition of the Ministry of Transportation (MTO) ownership and control of existing Highway 7 and 12 and future alternative route(s), the Study is being conducted as a Group A EA Study under the MTO Class Environmental Assessment for Provincial Transportation Facilities (2000). The MTO Class EA Document permits the Town to act as the Proponent. The Study will complete all phases of the MTO Class EA Process by establishing the need and justification for the project, evaluating route alternatives and selecting a preferred plan with consideration of effects on the natural, social and cultural environments.

Following COH No. 1 (June 2020) and COH No. 2 (December 2020/January 2021) and input received during the online events, the study has progressed to the next phase of the EA process. The purpose of COH No. 3 is to present the results of the corridor alternatives evaluation and Baldwin Street/Thickson Road terminus alternatives evaluation, and to present Preliminary Design Alternatives (refinements) for the preferred corridor and terminus alternatives. As with COH No. 1 and COH No. 2, the Town wishes to ensure that anyone interested in this study has the opportunity to be involved and provide input. Given that the COVID-19 pandemic-related restrictions continue to be in place, COH No. 3 will also be relying on web-based communications.

ONLINE PUBLIC CONSULTATION

Community Open House 3

When: June 24, 2021 to July 16, 2021 Where: connectwhitby.ca/Highway-712-EA

PROJECT CONTACTS

Phone: 905.430.4306

Email: inthezone@whitby.ca

Steve Taylor, P.Eng | EA Project Manager | BT Engineering Inc. 9040 Leslie Street, Unit 218, Richmond Hill, ON L4B 3M4 steve.taylor@bteng.ca | 905-709-4554

Paul Bumstead | Senior Project Manager | Town of Whitby 3050 Garden Street, Suite 102, Whitby, ON L1R 2G6 bumsteadp@whitby.ca | 905.430.5594





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Gus Brown President



Lawrence General Manager



Rachel Lockwood Sales Manager





Jeff Julien Sales Consultant



Phil Mclean Sales Consultant



Stuart Marshall Sales Consultant



Henry Nanthasone Sales Consultant



Alyssa Seltzer Sales Consultan



Angela Giardullo Reception/ Admin



Deanna Schoen Financial Services Consultant



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NOTICE OF STUDY COMPLETION

Mid-Block Arterial Road Municipal **Class Environmental Assessment**



The Town of Whitby, in partnership with the South Brooklin Landowners Group, have conducted a Schedule 'C' Municipal Class Environmental Assessment (MCEA) study for the Mid-Block Arterial Road. Following consultation with the public, major stakeholders, property owners, Indigenous Communities and other agencies, a preferred design alignment for the Mid-Block Arterial Road has been identified. The preferred design alignment includes a 4-lane cross-section accommodating a multi-use path (MUP) on the north side and a sidewalk on the south side, with 2-lane roundabouts proposed at all intersections except for the intersection at Thickson Road which will be signalized and at Highway 7 which will be signalized when warranted.

This MCEA study followed the approved environmental planning process for Schedule C projects, as outlined in the Municipal Engineers Association "Municipal Class Environmental Assessment" document (October 2000; amended 2007, 2011 and 2015), which is approved under the Ontario Environmental Assessment Act.

An Environmental Study Report (ESR) has been prepared which documents the MCEA process, the preferred design alignment, the anticipated environmental and property impacts, proposed mitigation measures, and a summary of consultation undertaken throughout the study. In accordance with the MCEA process requirement, the ESR will be placed on public record for a 30-day comment period beginning June 3, 2021. Due to the ongoing COVID-19 pandemic situation, only digital copies of the ESR are available at midblockea.ca

Written comments or questions should be sent directly to midblockea@tmig.ca before July 5, 2021.

In addition, a request may be made to the Ministry of the Environment, Conservation and Parks for an order requiring a higher level of study (i.e. requiring an individual/comprehensive EA approval before being able to proceed), or that conditions be imposed (e.g. require further studies), only on the grounds that the requested order may prevent, mitigate or remedy adverse impacts on constitutionally protected Aboriginal and treaty rights. Requests on other grounds will not be considered. Requests should include the requester contact information and full name.

Requests should specify what kind of order is being requested (request for conditions or a request for an individual/comprehensive environmental assessment), how an order may prevent, mitigate or remedy potential adverse impacts on Aboriginal and treaty rights, and any information in support of the statements in the request. This will ensure that the ministry is able to efficiently begin reviewing the request. The request should be sent in writing or by email to all of the following:

Minister of the Environment, Conservation and Parks Ministry of Environment, Conservation and Parks 5th Floor, 777 Bay Street, Toronto, ON M7A 2J3 minister.mecp@ontario.ca

Director, Environmental Assessment Branch Ministry of the Environment, Conservation and Parks 135 St. Clair Ave. West, 1st Floor, Toronto, ON M4V 1P5 enviropermissions@ontario.ca

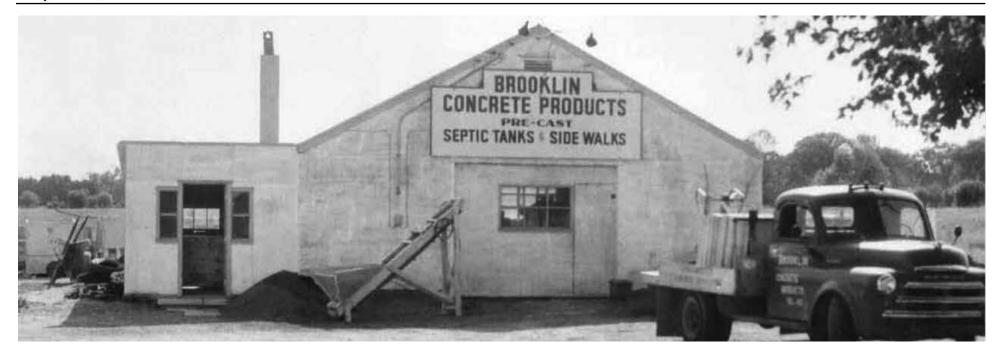
Horace Look, P. Eng. | Program Manager, Capital Infrastructure Town of Whitby | 575 Rossland Road East, Whitby, ON L1N 2M8 905.430.4935 | lookh@whitby.ca

If you have any accessibility requirements to participate in this project, please email midblockea@tmig.ca or call 905.430.4935.

Notice to All Correspondents: Personal information in this project will be collected under the authority of Section 11 of the Municipal Act, 2001 and will be used for information purposes only for this Study. Questions regarding the collection and use of personal information should be directed to the Town of Whitby Freedom of Information and Protection of Privacy Office at 905.430.4300, extension 2287.

This notice was first issued on June 3, 2021





How Brooklin Concrete Began

By Brad McIlwain



With his wheelbarrow and shovel, Robert A. McCoy broke ground on

Brooklin Concrete in March of 1952 and it became one of the country's leading specialists and manufacturers of precast concrete.

Robert grew up in Madoc where he worked as a cattle buyer. In 1952, he was persuaded by his friend and fellow precaster Mel Plane to start his own concrete business. During that time, Robert met his future wife Margery, who lived in Oshawa, and he was impressed by what was happening at General Motors.

Seeing a need in the community to supply precast concrete forms for residential and commercial use, he moved to Brooklin and purchased land from the Grandys, with a creek that bubbled out into the Oak Ridges Moraine. Access to running water was essential for production.

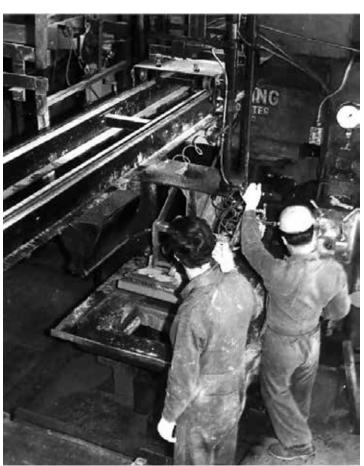
Needing water

"If you want to make concrete, then you need water to start the reaction," says Robert's son, John. "Back in those days, it (concrete) was mixed with 40% water for workability. When it dried, it left little voids, and when it rained, that allowed the water to use the capillaries." A 27-foot well was dug on the property, which still stands.

At first, it was tough getting started. In addition to making forms for septic tanks. Robert had also cast concrete for burial vaults. In those days, burial records weren't well kept. One time, as John describes it, "the grave next to him opened up and somebody from way back in the day ended up in the hole with him." After that, all the vaults were converted to septic.

Margery soon took over the books and the business began to boom. Brooklin Concrete expanded to making handmade patio slabs that were popular with cottagers and contractors, as well as municipal curbing and precast steps. In fact, Robert had his own design, called the Dura Step. Made with exacting

factory conditions, it was a onepiece steel reinforced casting and had a unique, non-slip surface and



could be made in 64 sizes. Diversity and vision set the business apart from other concrete manufacturers.

Provided curbing

Reflecting on all the curbing Brooklin Concrete supplied, John stated, "We had enough municipal curb, kilometre after kilometre, to fill both sides of the 401, from Toronto to Montreal."

Robert began reading about the advancement of hydraulic presses and flew to England to see how they worked. He was among the first to bring them to North America and obtain a distributorship. The presses required a different approach and eventually he found a crushed limestone product that worked well for casting.

He was a founding member of the National Precast Concrete Association while Brooklin Concrete was one of the original seven companies in Canada to get into the interlocking stone business. Its success was strengthened by a tight familial bond, one that extended to employees. Looking back, John recalls, "There was always our core group that stuck with us for years. It was a team," he says.

Factory design

At age 15, John started working summers with his dad, cleaning

> the factory then on a truck moving around the heavy presses. One year, his dad came up to him on the floor suggesting that he draw up a factory. Robert's plan was to build a factory with four presses north of the plant, on new land he'd purchased from Grandys. "For the next six weeks, I was welding presses," remembers John. "That was my inauguration, making concrete plants."

It's something he still does, having

designed much of the machinery and products at the Uxbridge and Newmarket branches where the plant expanded its locations, with a sales yard in Haliburton.

The '80s were good years, John reflects. "I had 120 guys working with me. It was a boom time." Brooklin Concrete was one of the largest employers in Brooklin and area and the main Brooklin plant covered 30,000 square feet.

Community engagement

Robert was active in the community and from 1963 had sponsored the Brooklin Concrete men's softball team. Boating was another of his passions as he grew up around boat racing since his twin brother used to race hydroplane boats. He invented an offshore power boating event, The Poker Run, which ran boats around Georgian Bay and Niagara on the Lake. "At each location," explains John, "you would pick a poker card. When you got back, you would pick up another card, and that was your hand."

For almost 70 years, Brooklin Concrete has been a key player in providing residential clients with innovative landscapes solutions. Much more than concrete, the Mc-Coy family and the plant's workers poured life into the community and built a legacy that will be cemented for years to come.

DRPS: A Cautionary Tale Tragedy

A six-year-old child drowned at a large house party in Oshawa Saturday night.

On Saturday, June 12, at approximately 7 p.m., members of East Division responded to a call for a large gathering at a residential home near Birchview Drive and Ormond Drive in Oshawa. After police arrived, they were advised that a six-year-old female was missing. Police started to search the property and located the female victim in the pool. One of the officers dove into the pool and retrieved the child. Officers performed CPR until Durham Paramedics Services arrived. The young female was rushed to a local hospital where she unfortunately was pronounced dead.

Drowning of Six-Year-Old Child Investigators are looking into the matter and this investigation is on-

> DRPS continue to support the family during this horrible tragedy and encourage all families to exercise extreme care when dealing with water safety during the summer months.

> Anyone with new information about this investigation is asked to contact D/Cst Kollaard East Division Criminal Investigations Bureau at 1-888-579-1520. ext 1614.

> Anonymous tips can be made to Crime Stoppers at 1-800-222-8477 (TIPS) or on the website at www. durhamregionalcrimestoppers. ca and tipsters are eligible for a cash reward of up to \$2,000.

Plant-Based Eating by Sheree Nicholson



Vegan hacks

Here are 10 great vegan hacks to help you transition to a plant-based diet:

Keep pre-soaked cashews in your freezer.

Many recipes call for pre-soaked cashews. Save time by pre-soaking and then freezing cashews.

Working with tofu

Drain, press out the water and then dry your extra firm tofu before cooking it. I roll tofu in a clean dish towel then place a heavy pot on top to press out the excess water.

Frozen bananas to make "nice cream"

Frozen bananas blend incredibly well in a food processor or high-speed blender. Combine frozen banana chunks with the teeny splash of almond milk. You can create a whipped consistency comparable to that of soft-serve ice cream. Add a table-spoon of cacao powder for a yummy chocolate treat.

Cook with ingredients you know

Avoid weird or unusual ingredients. Generally, they're expensive and often hard to find. In the beginning, stick to recipes with ingredients you know. Make foods you enjoy. If you are not enjoying your new plant based meals, it won't last.

Veganize favourite recipes

If you have a great chilli or pasta sauce recipe, replace the ground beef with a plant-based substitute.

This way you are eating an old favourite.

Bake with flax eggs

For this hack, make sure you use ground flaxseed meal. Combine one tbsp flaxseed meal with three tbsp water, and you have a flax egg. Let it sit for 5 to 10 minutes, then use in baking to replace an egg.

Nutritional yeast on everything.

Nutritional yeast is sold at most grocery stores and is great for several reasons. It adds a "cheesy" flavour to foods. Nutritional yeast is also an excellent source of vitamin B12, a common deficiency in vegans. You can use it directly on foods or combine it with other ingredients to make vegan parmesan cheese (recipe below).

Mix your grains

For example, mix brown rice, quinoa and red lentils, rather than just brown rice. This will change the amino acid profile of the dish and give you a wider variety of nutrients.

Avocado heaven

Avocados seem to go from unripe to overripe instantly. Slow down the ripening process by storing some in your refrigerator. Freeze the flesh of too ripe avocados in ice cube trays for smoothies.

Storing nut butter and tahini

Natural nut butters and tahini come with the oil floating on top. To combine the oil, store it upside down and shake before using.

Vegan parmesan cheese

- 1 cup cashews
- 3 tbsp nutritional yeast
- 1 tsp garlic powder
- 1 tsp salt (or to taste)
- 1/2 a tsp ground pepper.

Blend all ingredients in your highspeed blender until mix and crumbly.

Sheree's Hack: Store the vegan parmesan in the freezer to increase its shelf life.



Governments Helping Whitby Respond To Covid Impacts

Ryan Turnbull, MP for Whitby, and Lorne Coe, MPP for Whitby, joined by Don Mitchell, Mayor of Whitby, recently announced \$1,447,831 in joint funding for four COVID-19 Resilience Infrastructure Stream projects in Whitby to improve local infrastructure.

This investment is being made through the COVID-19 Resilience Infrastructure Stream of the *Investing in Canada Infrastructure Program*, a cost-shared, application-based infrastructure funding opportunity.

The Government of Canada is investing over \$1,158,265 toward these three projects while the Government of Ontario is contributing more than \$289,566.

The funding will support the rehabilitation of transit infrastructure and the development of modern and accessible recreational options. This funding will be used to upgrade and replace equipment in health and emergency facilities in communities across the GTHA. Additional investments will help increase options for active transportation, as well as renovate municipal buildings, community centres and cultural facilities. These improvements will provide safe and welcoming spaces for residents of Whitby.

The health and well-being of Canadians are top priorities for the governments of Canada and Ontario. Communities across Ontario are on the frontlines of the COVID-19 pandemic and need immediate assistance to ensure their municipal and community infrastructure is safe and reliable.

That is why both levels of government have been taking decisive action to support families, businesses and communities, and continue to look ahead to see what more can be done in these unprecedented times. This in-

cludes a combined investment of \$115.1 million to support infrastructure in communities to help protect the health of residents, create jobs, and promote economic recovery.

Quick facts

- Through the *Investing in Canada Infrastructure Program*, the Government of Canada is investing more than \$180 billion over 12 years in public transit projects, green infrastructure, social infrastructure, trade and transportation routes, and Canada's rural and northern communities.
- Ontario is investing over \$10.2 billion under the *Investing in Canada Infrastructure Program* to improve public transit; community, culture and recreation; green, and rural and northern community and other priority infrastructure.
- To support Canadians and communities during the COVID-19 pandemic, a COVID-19 Resilience Infrastructure stream has been added to the over \$33-billion Investing in Canada Infrastructure Program to help fund pandemic-resilient infrastructure. Existing program streams have also been adapted to include more eligible project categories.
- The new COVID-19 Resilience stream will provide up to \$1.05 billion in combined federal-provincial funding for infrastructure projects across Ontario, including: up to \$700 million for education-related projects; an allocation-based program that will deliver up to \$250 million to municipalities to address critical local infrastructure needs and; up to \$100 million for long-term care projects. Part of the local government infrastructure funding includes a minimum of \$6.5 million in shared federal-provincial funding for Indigenous and offreserve education projects.

Durham Film Festival Begins With Drive-in Screening

The Durham Region International Film Festival (DRIFF) is kicking off the summer drive-in film series **Shifting the Narrative** with a special Pride Toronto affiliate screening. Catch Oscar-nominee Yan England's feature debut **1:54**, preceded by the short film **Wanted: Strong Woman** by up-and-coming Quebec director Marilyn Cooke. The screening takes place at DRIFF's drive-in headquarters at the Town of Whitby Municipal Building at 575 Rossland Rd E on Thursday, June 24, at dusk.

it means to explore your sexuality as a teenager in the age of social media — and what happens when your private life gets thrust into the spotlight. In collaboration with the DRIFF team, 1:54 director Yan England has personally selected Marilyn Cooke's short film to precede his feature presentation.

Speaking on *Wanted: Strong Woman*, England remarks that he was enamored with Cooke's work from the first viewing: "right from the start, Marilyn hooked me to her

thriller that takes a hard look at what it means to explore your sexuality as a teenager in the age of social media — and what happens when your private life gets thrust into the short film by the beautiful characters she'd written, the acting... and the fanciful moments and the original and compelling world she takes us to."

Continuing the creative conversation beyond the drive-in, personal essays and recorded conversations between these filmmakers will be available at driff.ca and on our social media @CatchTheDRIFF.

Head to driff.ca/shifting-the-narrative-pride for more information on this screening. Tickets to each event will be \$15 and can be purchased at: https://www.seatgiantevents.ca/event/driff-drive-inseries.

DRIFF is a non-profit dedicated to promoting arts, culture and community in the Durham Region. The goal of DRIFF is to champion filmmakers to contribute to local, national, and international film landscapes. We're dedicated to supporting contemporary and critical films that encourage important dialogue that allow audiences and artists to connect and learn from one another.

1:54 is a gripping psychological

Support Your Local Business

NO BETTER TIME THAN NOW TO SUPPORT OUR LOCAL ECONOMY



Alan Hogan of Turner Moore LLP

In 2000, I relocated my family and business to Brooklin. I am involved with a number of businesses, which include Brooklin Tax and Bookkeeping Services Inc., Hogan Financial Services Inc. and Alan Hogan, CPA, CGA.

My office, originally in my home, was moved nine years ago to its current location at 62 Winchester Road East, across from the Luther Vipond Arena.

Accounting, bookkeeping, personal and corporate taxes and the preparation of financial statements are the core of my business. My practice provides services to both individuals and owner-managed businesses in computers, construction, professionals, farming, retail, not-for- profit and other various industries.

Bookkeeping services

We provide bookkeeping services for numerous clients, Including the preparation and filing of HST returns and source deduction calculations. These lead to financial statement preparation, part of our personal and business life. I have recently joined the "100 Men of Whitsource deduction calculations. These by," the focus of both groups being to raise money for local charities. I have coached minor soccer, coached and

the preparation and submissions of T4s, T3s, T5s, T5018s and other related submissions.

We can assist clients with business plans and forecasts, startups, succession planning, payroll and employee issues, to name a few.

Audit assistance

We also help clients with audits conducted by the Canada Revenue Agency, Workplace Safety and Insurance Board and any other agency that might

be required to perform audits on client documentation. We will meet with the auditors on behalf of our clients, file appeals or notice of objections and then follow through on the process to ensure that our client's issues have been dealt with. If you have received a letter from Canada Revenue Agency, do not ignore it as, in most cases, it can be resolved very easily.

Broad network

We would like to provide every service our client needs, however, this is simply not possible. We have a network of Tax and Accounting specialists at our disposal to work on complicated tax issues. We also have a network of other professionals for referrals such as Financial Planners, Lawyers, Real Estate Agents, Banks, Mortgage Brokers, etc.

Volunteer activities are an important part of our personal and business life. I have recently joined the "100 Men of Oshawa" and "100 Men of Whitby," the focus of both groups being to raise money for local charities. I have coached minor soccer, coached and managed minor hockey and was the Director of Public Practice for the Durham CGA chapter for four years. We try to support the Brooklin/Durham Region on a personal and a business level whenever we can.

We offer a free one hour consultation to new clients.

If you need our services, please call us at **(905) 655-8556** for an appointment so we can discuss your needs.











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Have your business featured in an editorial on September 24th



MARKETING YOUR HOME FOR ALL IT IS WORTH!

Market to moderate but remain Elevated.

The Bank of Canada is leaving its key interest rate unchanged at 0.25 percent. "Housing market activity is expected to moderate but remain elevated." it said. The Bank of Canada is cautiously optimistic about the country's economic recovery as vaccines continue to roll out and spending rebounds. "Strong growth in foreign demand and higher commodity prices should also lead to a solid recovery in exports and business investment," said the Bank of Canada.

Ryan.Turnbull@parl.gc.ca

"The central bank's latest policy announcement acknowledged that the economy is underperforming its forecasts for the first half of the year as a result of the rise in virus cases earlier in 2021, but said that economic developments were still broadly in line with the outlook in the April Monetary Policy Report."

"There has been strong demand for ownership housing in all parts of the GTA for both ground-oriented home types and condominium apartments. This was fueled by confidence in economic recovery and low borrowing costs. However, in the absence of a normal pace of population growth, we saw a pullback in sales over the past two months relative to the March peak," said TRREB President Lisa

"While sales have trended off the March 2021 peak, so too have new listings. This means that people actively looking to purchase a home continue to face a lot of competition from other buyers, which results in very strong upward pressure on selling prices. This competition is becoming more widespread with tighter market conditions in the condominium apartment segment as well," said TRREB Chief Market Analyst Jason Mercer.

For an update on the market and how it effects the value of your home when you sell! Call us at 905.409.6730

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We had been contemplating downsizing and moving to a smaller house for several years. During this time we dealt with numerous Real Estate Agents. Maurice and Eleanor stuck with us all the way, exploring different options and never gave up on us. If you are looking for a team that go the extra mile in selling your house and buying another then look no further. They have your back, they are knowledgeable, upfront and a real pleasure to deal with.

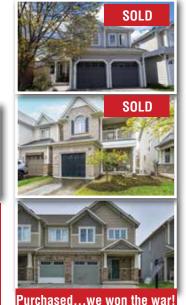
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