



GOING BEYOND Trigger Points

Myofascial Pain Seminars with Cathy Cohen

BeyondTriggerPoints.com

GET A GRIP! 1-Day 6 CEU Live Interactive Webinar Treating Elbow, Wrist, Thumb & Finger Pain

Sat. June 12, 2021 10 am to 4:30 pm CDT



\$129 6 CEUs

Discount Available:

Sign up with another therapist
to save \$20 -- only \$109 each

REGISTER

Upgrade your Skill-Set for Treating Stubborn Hand & Forearm Dysfunctions

Gain practical understanding of how to apply Travell & Simons' proven Trigger Point Therapy techniques to relieve myofascial pain

- Discover easier ways to relieve arm/hand pain with trigger point release, myofascial manipulation & nerve gliding stretches for the median and ulnar nerves
- Learn an effective new neuromuscular massage routine for the arms & hands
- Identify your own personal risk factors for hand/wrist injury
- Discover the hidden links between sleep position & hand/wrist pain

Hand & Forearm Problem Assessment & Treatment: Go Beyond & Go Deeper with the Connect the Dots System

- Treat the soft tissue associated with wrist, elbow, thumb & finger dysfunction
- Improve your detective skills in differentiating the diagnoses of Carpal Tunnel Syndrome, DeQuervain's tenosynovitis, tendonitis, & tendonosis of the wrist & thumb
- Use the Connect the Dots system to deduce the perpetuating factors that lead to hand & wrist dysfunction

SCHEDULE

- **Saturday June 12, 10 am to 4:30 pm CDT**
6-hour live interactive webinar on Saturday with 1/2 hour lunch break
- **Hands-On Interactive Learning**
You'll need an internet-connected computer or smartphone, massage table and a practice partner or a warm body to practice hands-on protocols
- **No therapist partner? No problem!**
Invite a "safe" client or family member to be your warm body
- 4 weeks free multi-media follow-up enrichment includes videos of protocols