

ITINERARY | DAY-BY-DAY



JOURNEY OF PURPOSE & DISCOVERY



Tanzania - Journey of Purpose and Discovery to Arusha, Lake Manyara & Karatu

Enjoy the unique culture and traditions of Tanzania while you spend time with the locals. This adventure includes a very special game drive through Lake Manyara National Park! Extend 3 days to enjoy the glory of the Serengeti.

BOOK NOW 888.747.7501

Tanzania Highlights

- ✓ 9 days & 6 nights
- ✓ Make new friends while immersing yourself in the culture of Tanzania, **giving back to local community projects** and exploring this beautiful and peaceful African nation
- ✓ Small group size with high-end service and accommodations throughout the journey
- ✓ ***An optional 3-night Serengeti extension is available on this itinerary***

Community Connections

- ✓ Visit the **School of St. Jude**, a non-governmental organization (NGO) providing educational services to the disadvantaged children of Arusha. Take part in various school activities with a unique opportunity to **visit a child's home** and meet their family.
- ✓ Explore the village of **Usa River**, meeting local officials while visiting a **local school and clinic**

Behind-the-Scenes Interaction

- ✓ Visit an **Islamic Mosque** in Arusha for a tour and then to the nearby **Islamic School** for a lecture and discussion about Islam in Tanzania
- ✓ Learn about access to healthcare while visiting with the staff at the **Foundation for African Medicine**

What's included?

- 4 & 5* accommodations throughout
- All transportation and activities outlined in the itinerary
- Group transfers to and from the international airport
- International air to and from Arusha (gateway city set tentatively out of New York)
- Local English speaking guides

Not included:

- Personal expenses at the hotel
- Meals not specified
- Passport renewal or issuance
- Domestic flight to gateway city
- Departure taxes where applicable
- **Drinks at meals**



📍 New York, New York

DAY 1

Fly to Arusha today

Depart from New York today and make your way to Tanzania. The stunning beauty and friendly people alone are worth a visit!

📍 Arusha, Tanzania

DAY 2

Arrival and hotel check in

Upon arrival the group will be met and transferred to your local hotel for check in. Relax this evening and settle into your boutique hotel.

Their 29-room property is an elegant and charming hotel located along Serengeti Road right in the heart of Arusha. A warm and friendly welcome awaits guests who want to experience the best of Tanzanian hospitality. It has amenities of convenience while offering a high standard of luxury.

Depending on flight arrival time, a buffet dinner is provided in the dining room of the hotel.

Overnight: African Tulip Hotel

Included meals: Dinner



📍 Arusha, Tanzania

DAY 3

Welcome to Tanzania!

Morning **orientation and welcome**. All travelers will gather this morning with your national guide and receive further information on the program and today's activities. Discuss the political and cultural diversity of Tanzania.

Late this morning, visit the **School of St. Jude**, a non-governmental organization (NGO) providing educational services to the disadvantaged children of Arusha.

Join the primary school-aged **students for lunch**, and meet with the school's headmistress to learn more about challenges the school faces as it strives to encourage academic success. Join the students for their **weekly student assembly** before riding the bus home with some of the students to see the villages where the children live.

Dinner will be at an Indian restaurant at the Impala Hotel where you will have a chance to chat with your fellow travelers about your exciting day! Return to the hotel for your overnight.

Overnight: African Tulip Hotel

Included meals: Breakfast, Lunch & Dinner



📍 Arusha, Tanzania

DAY 4 – Village Life

Today the group will travel to the **Usa River Village** to meet with local officials. Discuss the education, culture, and history of Tanzania as it relates to village life today.

After lunch at a local restaurant, visit the **Usa River Rehabilitation and Training Center**, an NGO that provides support to people living with disabilities. Learn about the training that takes place in vocations including carpentry, tailoring, shoemaking, locksmith, and metal work. Village officials will host a traditional Tanzanian barbeque this evening, complete with dancing and local musicians.

Enjoy a BBQ dinner this evening along with your **local staff and guides (and their families)**.

Overnight: African Tulip Hotel

Included meals: Breakfast, Lunch & Dinner



📍 Arusha, Tanzania

DAY 5 – Explore Arusha

This morning, visit a local **Islamic School** and tour a local **mosque** in Arusha Town to experience prayer and dialogue about religious diversity and tolerance in Tanzania.

Enjoy lunch and explorations of the **Cultural Heritage Center**. The Cultural Heritage Center boasts beautiful ebony carvings and one of the largest selections of gemstones in Africa, including tanzanite—a rare, blue-violet stone found only in Tanzania. *Optional activities can be arranged such as drumming circle, dance class, music lesson.*

Enjoy dinner at a local restaurant.

Overnight: African Tulip Hotel

Included meals: Breakfast, Lunch & Dinner

📍 Lake Manyara & Karatu

DAY 6 – Game Drive

En route, enjoy a game drive and picnic lunch at **Lake Manyara National Park**. Climb into an open-top, four-wheel-drive land cruiser for your **wildlife viewing adventure**. 400 species of birds, thousands of **pink flamingos, hippos, elephants**, giraffes, and the **largest** concentration of **baboons** in the world all call the national park home. You may even get to see local predators—such as Lake Manyara's famous tree-climbing lions—during your three-hour excursion.

This afternoon, discover the tranquility of **Gibbs Farm**, established as a coffee farm in the late 1920s and later refurbished into a guesthouse. Upon arrival, you can expect to be greeted with the Swahili word *karibu*, an expression of genuine welcome as you settle in at your home for these next two days. Dinner is at the hotel tonight.

Overnight: Gibbs Farm

Included meals: Breakfast, Lunch & Dinner



📍 Lake Manyara & Karatu

DAY 7 – Culture & Community

Spend the morning on a guided walking cultural tour of a traditional **Iraqw village in the Ngorongoro Highland Forests**. The Iraqw people settled in this area some two thousand years ago and speak a Cushitic language with its origins in Ethiopia. They are known for their unique houses that were built completely underground. You will have an opportunity to **tour an underground house** and learn about their way of life.

Afterwards, spend an hour touring **FAME**, a medical complex consisting of a medical dispensary, 21-bed hospital, and mobile medical clinic serving remote areas of the Tanzanian bush. You will learn about general medical practices in Tanzania; cultural challenges to providing patient/family-centered care; and collaborative work with local healers.

Return to Gibbs Farm for a savory lunch then meet with an **indigenous Maasai healer** who will lead a tour through the Ngorongoro Forest to learn about various plants and herbs used in Tanzania to treat health problems.

Dinner is provided this evening at your hotel.

Overnight: Gibbs Farm

Included meals: Breakfast, Lunch & Dinner



📍 Arusha, Tanzania

DAY 8

Return to Arusha

After breakfast, return to Arusha before your flight home. Lunch is provided today.

***Please note:** Those enrolled on the optional Serengeti safari extension will not return to Arusha with the delegation today.*

Overnight: N/A

Included meals: Breakfast & Lunch

📍 New York, New York

DAY 9

Arrive back in the U.S.

Arrive back in New York this afternoon for your connecting flights home.



📍 Arusha, Tanzania

African Tulip

44/1 Serengeti Road
Arusha, Tanzania

Telephone: +255-27-254-3004

<http://theafricantulip.com/>



📍 Karatu, Tanzania

Gibbs Farm

PO Box 280
Karatu, Tanzania

Telephone: +255-27-253-4397

<http://www.gibbsfarm.com/>





OPTIONAL SAFARI EXTENSION

POST-PROGRAM TRAVEL: TANZANIA

The **Ngorongoro Conservation Area (NCA)** was founded in 1959. It is the world's largest inactive volcanic caldera. It is unique in that it is the only conservation area in Tanzania that protects wildlife while allowing human inhabitants at the same time. An estimated 25,000 animals live inside the Ngorongoro Crater. The NCA is part of the Serengeti ecosystem.

📍 Karatu, Tanzania

DAY 1

Transfer to Ngorongoro Crater

Sightings of major game species within the NCA are hardly rare. During your tour, you may come across lions, elephants, hippopotamus, and rhinoceros. The NCA is the world's first multi-purpose land use area that hosts tourism, research, conservation efforts, and allows local pastoralists access to ancestral grazing land while protecting valuable archaeological sites.

Once estimated to be a volcano towering 14,800 to 19,000 feet above sea level, the mountain violently exploded then collapsed on itself, forming a crater. Today the crater is 2,000-feet deep and covers 100 square miles. Though the crater walls aren't half their former height, they still sit more than a mile above sea level.

In the late afternoon you'll ascend on the eastern rim to the **Lion's Paw Camp** for a campfire, dinner, and overnight stay.

Note: Lion's Paw Camp is a semi-permanent tented camp. The tents feature flush toilets, running water, and 24-hour electricity.

📍 Serengeti, Tanzania

DAY 2

Continue exploring as you transfer to the Serengeti

You'll experience one more crater tour for another chance to **watch big game moving around in the cool of the morning**. Increased predator activity and fewer tourist vehicles will leave you awed by the wild. But make sure you get rest the night before as you will be leaving the camp by 5:50 a.m. Head to the western rim by 11:00 a.m. and continue to central Serengeti for more game drives.

Before reaching the Serengeti, you will stop at **Olduvai Gorge**, site of Louis and Mary Leakey's famous archaeological discoveries. When the Leakeys found human tools in the 1930s, the evidence strongly suggested the earliest humans to walk the face of the Earth did so here in east Africa. As a result, we now know that Homo Sapiens occupied the site 17,000 years ago. After lunch, continue your travels then arrive at **Sametu Camp** in the late afternoon in time for showers, a campfire, and dinner to wrap up the day.

Overnight: Sametu Game Lodge

Included meals: Breakfast, Lunch & Dinner





📍 Serengeti, Tanzania

DAY

Explore the expanse of the Serengeti

The **Serengeti** is best known for its enormous herbivore migration, which is led by more than 1.4 million zebra and over 250 thousand wildebeest. Their presence makes the Serengeti a fantastic smorgasbord for predators looking to fill their bellies, so keep your eyes peeled for a possible hunt.

The Serengeti National Park is estimated to host about 70 types of large mammals and roughly 500 species of avifauna.

Spend the day **exploring the game park** with your guide and fellow travelers in small Jeeps. Make sure you have your camera handy!

Lunch and dinner will be provided today.

📍 Serengeti, Tanzania

DAY 4

Explore the expanse of the Serengeti

Soak in more wildlife sightings as you travel to the Seronera airstrip and fly back to Arusha, Tanzania, leaving late in the morning and arriving shortly after noon. Lunch will be provided this afternoon.

Head to the Kilimanjaro International Airport this afternoon to prepare for your flight home.

Overnight: N/A

Included meals: Breakfast & Lunch

📍 New York, New York

DAY 5

Arrive back in the U.S.

Arrive back in New York this afternoon for your connecting flights home.





ITINERARY | DAY-BY-DAY

📍 Ngoro Ngoro Crater, Tanzania

Lion's Paw

Ngorongoro Conservation Area
Tanzania

<http://www.karibucampcollection.com/lions-paw-camp/overview/>



📍 Serengeti, Tanzania

Sametu Camp

Central Serengeti
Tanzania

<http://www.karibucampcollection.com/sametu-camp/overview/>

